



**The Volunteer Regional Food Pantry and
Veggies For All
present**

Grow Your Own Mushrooms

**Veggies For All farmer Khris Hogg
will present two simple,
economical methods for
producing your own mushrooms
at home.**

No experience necessary.

**Each person will take home a
completed mushroom log**

**Fri, 4/27 from 5:30 to 7:30 @
Volnteer Regional Food Pantry
180 Depot St, Unity**

Free and open to the public

**For more info or to RSVP:
khogg@mainefarmlandtrust.org**