



1v1 COD Tolls To Goals



Created using SoccerTutor.com Tactics Manager

Date:	14/Jun/2020	Measurement:	30 x 30
Time:	N/A:N/A	Players:	10
Duration:	N/A	Level:	U8 - U18

Objective: Work on turning, dribbling, playing at speed & with pressure. Often there are transition moments.

Description: Teams can have uneven numbers. Two teams and the server are on the goal line. Goal is facing into the field and players have multiple challenges to get a goal. #1 challenge is turning the ball because players have back to goal. #2 is first player to the ball has pressure on their back. #3 the players must bring the ball through one of the gates before going to goal. This setup gives many reasons to & encourages Change Of Direction.

Coaching Points:

Progression: - Add one player to one team. (2v1) - Only the two must go through the gate. - The two in 2v1 must make a pass before or after going through a gate.