**YOUR NAME**

**Class of 2016**

YOUR ADDRESS, STREET, CITY, ZIP

YOUR CELL NUMBER(S): PHOTO

YOUR EMAIL ADRESS: OPTIONAL

**PERSONAL STATEMENT**

(Example):  I am very much interested in attending (example: Texas State University).  I aspire to be a top collegiate student-athlete on and off the field and I am ready and willing to work hard in order to achieve my goals. Academics are very important to me and I will compete as hard in the classrooms as I do on the athletic field. I am very disciplined and respectful to my coaches and teachers, maintain a very coachable attitude towards sports and am ready for advice when it is needed. Furthermore, my greatest aspirations lie in achieving great grades and excelling on the athletic field.

**EDUCATION: (Your school name and school track coach contact information):**

**GPA AND OTHER ACADEMIC INFORMATION (EXAMPLE):**

**GPA:**3.7/4.0         **SAT**: 1600             **ACT**: 1200      **Preferred Major:** Engineering

**ATHLETICS – YOUR NCAA CLEARING HOUSE NUMBER: #**1401595883

|  |  |
| --- | --- |
| **Height:**6’ 3” | **Weight:**185 lbs**40 yard dash:**4.57 seconds |

**Varsity Track -***Primary Events**Sprints/Hurdles/4x4oo relay team (2013, 2014)*

**(Boy ex:) Hurdles: 110m (39”):**14.51 sec**300m (36”):**39.33 sec    **400m (36”):**55.57 sec

**2014 INDIVIDUAL ATHLETIC TRACK ACHEIVEMENT AND AWARDS: ?**

***(Example) 2014 -***Region 12 Junior Olympic finals Qualifier (event & times); TX State 5A: 110m hurdles State Champion; Ranked # ? nationally, Ranked # ? in state of texas)

**2013 INDIVIDUAL ATHLETIC TRACK ACHEIVEMENT AND AWARDS: ?**

**2014 ATHLETIC TRACK ACHEIVEMENT AND AWARDS: ?**

**ATHLETIC TRACK AND FIELD TRAINING PROGRAM INVOLVEMENT:**

**Examples:**

**Elite Hurdling, ETC (Coach James Spivey – 832-771-6316,**[**elitehurdling.com**](http://elitehurdling.com/)**)**

**NLA Fitness, sports specific training, (Coach Ray – 832-272-0827,**[**nla.ihigh.com**](http://nla.ihigh.com/)

**USATF summer track club: Wings Track Club**

**YOUR NCAA CLEARING HOUSE NUMBER # ???**

**OTHER HIGH SCHOOL SPORT PARTICIPATION AND ACHEIVEMENT.**

***(Examples)***

**Varsity Football -***Wide Receiver (2013, 2014)*

***2014***-District Champions TAPPS 4A; 2nd Team All District WR; Academic All State WR

***2013*** - State Semifinalists; 2nd Team All District WR

**OTHER HONORS AND AWARDS**

***2014***- National Honor Society**;**National Science Honor Society**;**Academic Honor Roll

            ***2013*** – Academic Honor Roll, Poetry Society, Class President.

**SERVICE and CLUBS**

***2014***– Homeless service work for the Cy-fair community and Volunteer Christmas meals

***2013***– Chruch choir, mentor for community youth program, Science  Club;

**WORK EXPERIENCE**

***2013- 2014***City of CY-Fair Lifeguard, Taco Bell