

CP-11

Brief Therapy I

\$170

**Brief Therapy**

**12 hours**

**Objective:** Understand the value, efficacy, implications and applications of utilizing brief therapy. Understand how brief therapy might be implemented in their practice.

**Text:** A Brief Guide to Brief Therapy by Brian Cade & William Hudson O'Hanlon ISBN: 0393701433

**Solution-Focused Therapy**

**14 hours**

**Objective:** Assist the therapist in obtaining a basic understanding of how Solution-Focused Therapy can be used in treatment.

**Text:** Handbook of Solution-Focused Therapy by Scott D. Miller (ed) ISBN: 0761967842

**Pragmatic Brief Therapy**

**14 hours**

**Objective:** Providing the therapist with a different, post-modern perspective of brief therapy, moving to where purpose, preferences, and possibilities in therapy can emerge. **Text:** Recreating Brief Therapy by John L. Walter & Jane E. Peller ISBN: 0393703258

**Brief Therapy: Theory & Practice**

**16 hours**

**Objective:** To provide a more extensive and broader understanding of the basis and practice of providing brief therapy.

**Text:** Theory and Practice of Brief Therapy by Simon H. Budman & Alan S. Gurman ISBN: 1572308214

**Brief Therapy III**

**14 hours**

**Objective:** Placing greater emphasis on brief therapy in a managed care world this course emphasis what occurs in the first session thus creating a situation where focus and direction is created early.

**Text:** The First Session in Brief Therapy by Simon H. Budman, Michael F. Hoyt & Steven Friedman (ed.) ISBN: 0898621380

**Rapid Behavior Change & Counseling**

**12 hours**

**Objective:** To study how some individuals make sudden and dramatic changes in their lives and it's implications for counseling theory and practice.

**Text:** Quantum Change: When Epiphanies and Sudden Insights Transform Ordinary Lives by William R. Miller & Janet C'de Baca ISBN: 1572305053