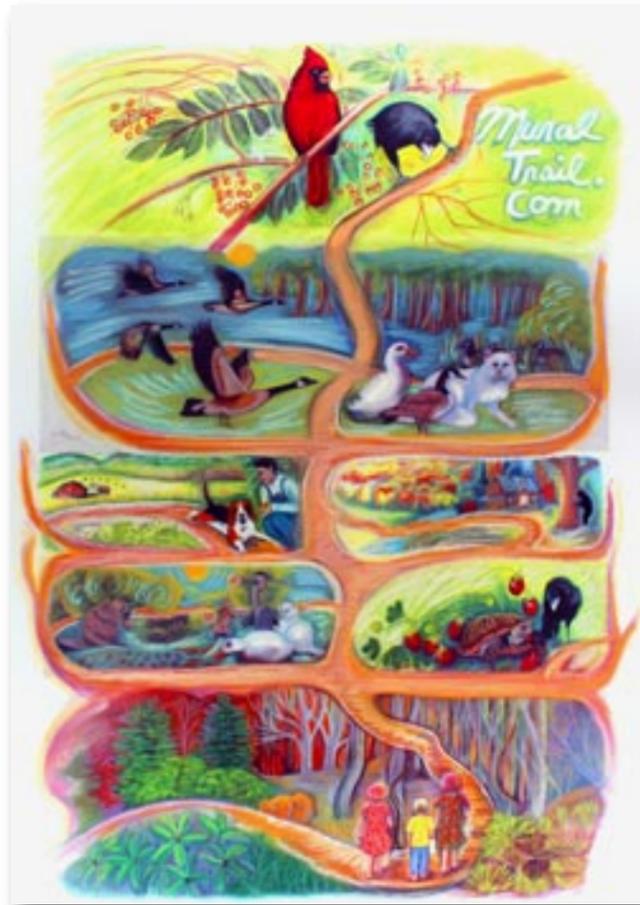


# MOUNTAIN FOLK NEWS

## NEWSLETTER

### Postage Stamp Mural for Hiawassee Library

by Doreyl Ammons Cain, Co-founder of Catch the Spirit of Appalachia  
 and the Appalachian Mural Trail



by Doreyl Ammons Cain

**B**rining new energy into small rural towns, the Appalachian Mural Trail has recently received a grant, funded by Lowes, to spread even more inclusive outdoor Postage Stamp Murals throughout the Appalachian area. These smaller, portable murals are designated Postage Stamp Murals. Haywood County North Carolina currently has two, including the Canton Museum and The Shelton Handicraft Museum in Waynesville. Hayesville in Clay County now has a Cherokee heritage Postage Stamp Mural and the Caldwell Museum in Lenoir, NC an historical Postage Stamp Mural.

The library in Hiawassee, Georgia is the newest placement for a Postage Stamp Mural. Showcased outside of the library, the mural will be a storytelling mural based on children's book characters from local authors like Marcia Barnes, Brenda Ledford and Carroll Taylor. The focus of the mural will be to create a fantasy world that will attract more children to reading books. A rough draft of the mural concept is shown on the left.

The size of the mural is 7 feet high by 4 feet wide, and will be painted on MDO art board using mural paint that will last for decades with a protective clear coat that will help insure longevity.



# MOUNTAIN FOLK NEWS

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**C**atch the Spirit of Appalachia (CSA) Cofounders Amy Ammons Garza, Mountain Storyteller, & Doreyl Ammons Cain, Visual Artist, a team known as The Ammons Sisters, are dedicated to reaching every child they can with the message that they are creative, can achieve success and have the heritage background that will sustain them throughout their lives. The sisters are actively promoting literacy and awareness of self-worth in all children and adults. The CSA's participatory Board of Directors & Advisors believe in the mission of the organization and extend themselves, involving the goals of CSA into their private lives.

## 2nd Quarter 2021 Newsletter

The library is also joining the Appalachian Mural Trail where the mural would be showcased so that folks could see and find the mural.

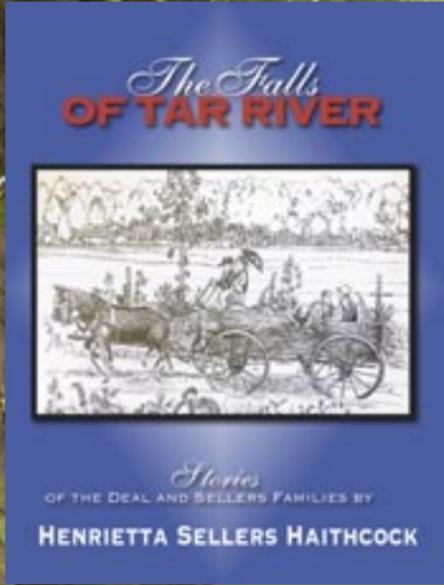
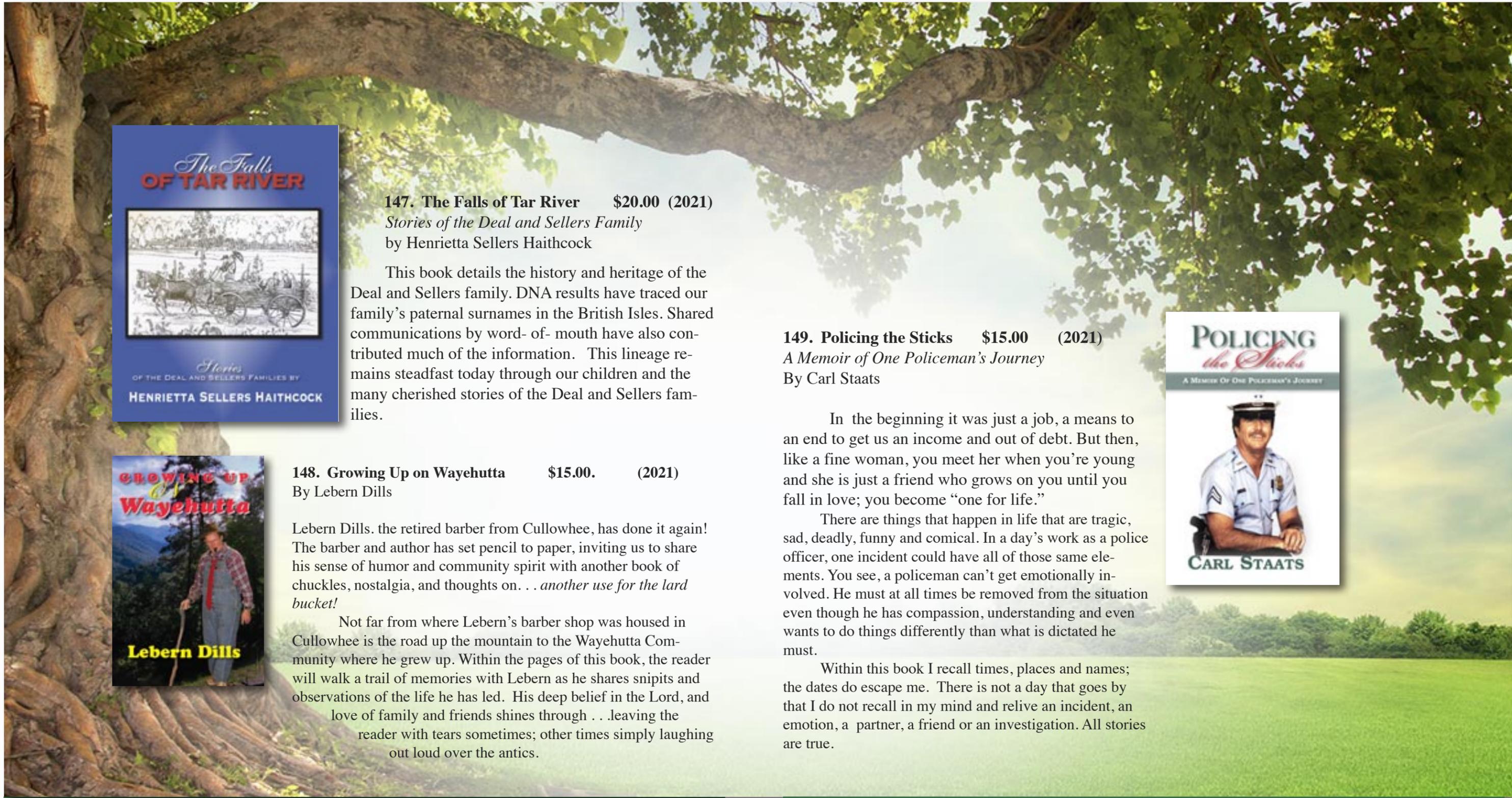
Once the mural is completed and installed, the Appalachian Mural Trail will send out a press release about the new mural to regional media.

*For others who are interested in having their own Postage Stamp Mural, the membership form is online at mural-trail.com where over 120 murals are located for people to visit and view 24 hours a day. Please drop me a line*

Right is another image from the Sparta Mural destined for August actual placement.

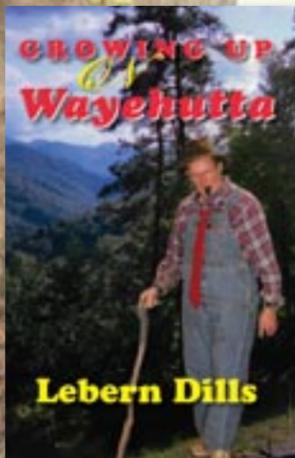
Art by Doreyl Ammons Cain





**147. The Falls of Tar River \$20.00 (2021)**  
*Stories of the Deal and Sellers Family*  
 by Henrietta Sellers Haithcock

This book details the history and heritage of the Deal and Sellers family. DNA results have traced our family's paternal surnames in the British Isles. Shared communications by word- of- mouth have also contributed much of the information. This lineage remains steadfast today through our children and the many cherished stories of the Deal and Sellers families.



**148. Growing Up on Wayehutta \$15.00. (2021)**  
 By Lebern Dills

Lebern Dills. the retired barber from Cullowhee, has done it again! The barber and author has set pencil to paper, inviting us to share his sense of humor and community spirit with another book of chuckles, nostalgia, and thoughts on. . . *another use for the lard bucket!*

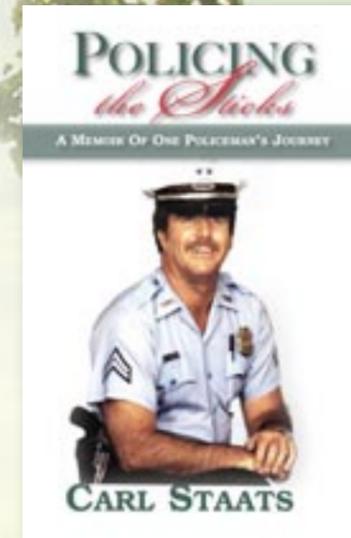
Not far from where Lebern's barber shop was housed in Cullowhee is the road up the mountain to the Wayehutta Community where he grew up. Within the pages of this book, the reader will walk a trail of memories with Lebern as he shares snippets and observations of the life he has led. His deep belief in the Lord, and love of family and friends shines through . . .leaving the reader with tears sometimes; other times simply laughing out loud over the antics.

**149. Policing the Sticks \$15.00 (2021)**  
*A Memoir of One Policeman's Journey*  
 By Carl Staats

In the beginning it was just a job, a means to an end to get us an income and out of debt. But then, like a fine woman, you meet her when you're young and she is just a friend who grows on you until you fall in love; you become "one for life."

There are things that happen in life that are tragic, sad, deadly, funny and comical. In a day's work as a police officer, one incident could have all of those same elements. You see, a policeman can't get emotionally involved. He must at all times be removed from the situation even though he has compassion, understanding and even wants to do things differently than what is dictated he must.

Within this book I recall times, places and names; the dates do escape me. There is not a day that goes by that I do not recall in my mind and relive an incident, an emotion, a partner, a friend or an investigation. All stories are true.



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## Upcoming Events Blue Ridge Heritage Weekend

### Blue Ridge Heritage Weekend at the Shelton House Museum of NC Handicrafts : August 21-22, 2021

"Blue Ridge Heritage Weekend" The Shelton House - WNC History, Heritage, & Crafts, a historic home and home of "The Museum of NC Handicrafts" will host its third annual "Blue Ridge Heritage Weekend" on August 21&22, on the Shelton Campus located off Pigeon Street just 3 blocks from Main Street in Waynesville. The two-day Arts & Crafts Fair will feature many artists and crafters, a variety of demonstrations, food, drink, and Appalachian music on the front lawn of the Shelton House. The Shelton Carriage House Gift Shop, featuring local artists and crafters, will also be open with limited numbers and observing Covid-19 safety precautions as needed. We hope you will take this opportunity to get out of the house and join us for this special once a year event!

*As reported in our 1st quarter newsletter, the gift shop at the Shelton House Museum in Waynesville has accepted artwork done by Doreyl has invited all authors who have books illustrated by Doreyl to place their books for sale in their shop. Some of you have responded, including Amy, and will be at the Sheldon House for the Blue Ridge Heritage Weekend, August 21 & 22. The Authors & Artist will have a tent where there will be a book signing & maybe a storytelling, art demo & reading from the books. They will sell the books in the gift shop & come outside & meet the author on Saturday 9am to 4pm and Sunday 11am to 4pm.*

**About the Shelton House Museum of NC Handicrafts**  
The grand Shelton House in Waynesville was built in 1875 and now houses the Museum of North Carolina Handicrafts. So your guided tour is double the fun in this Charleston-style farmhouse with a double veranda. Each room is stuffed with 19th and 20th-century creations by very talented artisans and designers from across the state. It's open April through October, 10am—3pm.

The historic home is listed on the National Register of Historic Places and is filled with antique furniture, clothing, art, and crafts. If you love old-fashioned, handmade quilts, their collection is a must see in the Shelton House bedroom! Also included in the tour is the barn with farm equipment and the original milking room.



The Shelton House museum, barn and the grounds recall the rural origins of the town and stand as a prominent representative of late nineteenth century agrarian prosperity in Haywood County and encompasses and promotes Western North Carolina History, Heritage, and Crafts. We are thrilled to be included as a member of the "Blue Ridge National Heritage Area Craft Trail" and the "Appalachian Mural Trail."

Admission is \$7/adults, \$5/students, free/children 5 and under. Groups of 10 or more: \$5/person.  
Address: 49 Shelton Street, Waynesville NC, 28786  
Phone: (828)452-1551  
<https://sheltonhouse.org>

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## Upcoming Events Blue Ridge Heritage Weekend



### SAVE THE DATES for the Shelton House "Blue Ridge Heritage Weekend" July 21 & 22

**Shelton House**  
3rd Annual  
**Blue Ridge Heritage Weekend**

*Arts & Crafts, Demonstrations, Community Organizations,  
Appalachian Music and much more...*

**Arts & Crafts Fair  
At the Historic Shelton House**

**August 21 & 22,**  
on the Shelton Campus  
off Pigeon Street in  
Waynesville, NC 28786

Logos: Blue Ridge Craft Trails, The Mountaineer, Smoky Mountain News, Positively Haywood, HART Theatre

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## Upcoming Events

### Hagood Mill

(OPEN and practicing social distancing)

The Hagood Mill Historic Site has over 50 acres to explore and is on the National Registry of Historic Sites. Featuring an 1845 gristmill, restored log cabins, blacksmith shop, cotton gin, moonshine still, nature trails, and a gift shop featuring local crafters, musicians and authors! Located on the same grounds is the South Carolina Petroglyph Site, the state's only protected and most accessible collection of rock art.



138 Hagood Mill Rd  
Pickens, SC 29671  
864-898-2936

Open Wednesday - Saturday from 10 am - 4 pm. Sunday 1— 4pm

**FEATURE!** Every third Saturday a musical performance is featured with a different musical theme each month. It is on these days that you can visit and see the grist mill in operation, a variety of living history demonstrators and a quality artisan market. **On these days you will find David Ammons, Chair Caner, and sister Amy Ammons Garza, author & storyteller... Come out and visit with the Ammons siblings.**

**July 17— Banjo Extravaganza**

**August 21— Rolling Waterwheel Gospel Revue**

**September 18— Ole Time Fiddler's Convention; SC State Fiddling Championship**

**October 16— Storytelling Festival & Liar's Competition**

**November 20— Native American Celebration**

**December 18— Celtic Christmas**

**\*\*\*Admission to 3rd Saturday events is \$5 for age 13 and up. Parking is Free.**

<https://www.hagoodmillhistoricsite.com/upcoming-events>



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