



DAY CAMP ORIENTATION PACKAGE

Dear Silver Lake Camper & Family,

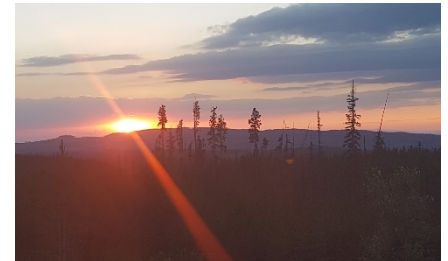
Summer Day Camp is a new take on an old tradition and we wanted to make sure you are prepared properly for the upcoming adventure! We've focused our years of camp experience to craft a "What to Bring" list, as well as some general tips and tricks that are sure to make your week a blast!

This Package Includes:

- A Snapshot of a day at Camp
- A Packing List
- Rules & Expectations of Camp
- Bus, Drop off & Pick up Information
- Health & Safety

Welcome!

Where do we start when trying to explain the fun of a typical day camp week? Well, let's start here: our first day at Silver Lake. This day is all about settling into camp, meeting your camp cohort, and learning about the week's activities. We're big believers that making friends and connections with campers and staff in your cohort, is one of the best parts of camp, and one of the aspects of our programs that will make Silver Lake feel like your second home. After an orientation to camp and how it runs, we gear up to play an awesome game with the whole camp on our field and follow up with the week's first campfire! From here, we'll mix in loads of fun activities with your new friends! See below for some descriptions of what we will get up to.

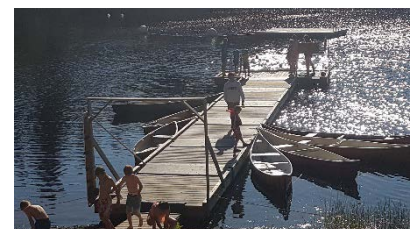


EcoFun

A big part of what makes Silver Lake special is our hands-on EcoFun programs, where we explore our forests and discover cool things about the trees & plants, water, critters both big and small and rock & soils. With our cohorts, we will unlock some of the forest's secrets and investigate how forests are connected with our everyday lives, both in and outside of cities! This is the time that puts the "wow" of the natural outdoor environment into your time at Silver Lake Camp!

Outdoor Rec

Join your friends as we dive into Silver Lake, take our canoes or paddle boards for a spin. Try the low ropes, join a soccer game, braid a bracelet, fire some arrows at our archery range, zoom down the Zipline or slide down an enormous slip 'n' slide! Our staff members are planning new activities that might just become summer favourite. Try something new!





Hikes

Silver Lake is nestled amidst a stunning Interior forest high above the Okanagan Valley. For our hike day, campers can choose a hike that suits their abilities and level of enthusiasm. Whether it's a hike up OSPREY RIDGE or along POPLAR TRAIL, their hike team of campers & staff will venture out to explore the forests and build their outdoor and woodcraft skills!

Camp Games

The Camp Games are most similar to your School's Sports Day: a combination of games, costumes, a low ropes obstacle course, group chants, and prizes! Cohorts will get a chance to combine the skills they've picked up during the week from EcoFun courses and Camp Rec to conquer the Camp Games' challenges with your awesome teammates!

What TO to bring to camp

Dress for the day, pants or shorts, with runners or hikers. ***NO sandals or flip-flops please!***

- Full change of clothes
 - o (Socks, underwear, pants or shorts, shirt.)
- Long Sleeve shirt or Light sweater
- Sandals
- Rain Jacket (We will be outside whenever possible)
- Swimsuit & Towel
- Hat
- Sunscreen
- Water Bottle (Full 1 litre reusable)
- Day Pack (With campers name on a tag)

Optional

- Lifejacket - (Full Name on it pls.)
- Camera - (Inexpensive digital cameras, NOT phones)

What NOT to bring to camp

There is NO cell service or wifi at Silver Lake.

- Cell Phones
- Portable Game Devices (eg. Switch)
- Matches/Lighters
- Knife/Multitool
- Peanuts or Tree Nuts
- Grumpy Face

Note: We are a peanut free/nut aware camp.

Please DO NOT send any items to camp that contain peanuts or tree-nuts.

Consider labelling all items individually with full name. Backpacks should have a distinctive marker/ribbon/tag so that your child can easily identify their belongings.

***Lost & Found will be held for two weeks.

Behaviour, Inclusion & Purpose

The mission of Silver Lake Camp is to provide youth with a connection to, and education of, our Natural Environment through meaningful exploration and collaborative outdoor learning. It is an opportunity for all ages to reconnect to nature, themselves and others. We are guided by the three R's:

- **Respect for the environment;** Campers are asked to be respectful of everything around them, including natural life, like flowers in the field and fish in the stream, to camp equipment and property as if they had to replace it themselves. Avoid waste (over serving at meals) and pick up all litter.
- **Respect for the community;** at camp we live and play together and need to respect each others privacy & property. We need to help each other when we can and respect everyone's uniqueness and diversity. This includes not participating in, and reporting, hurtful behaviour. Bullying and exclusion will not be tolerated.
- **Respect for yourself;** This includes physically looking after yourself, washing hands, using good hygiene and being prepared with sunscreen and a drinking water bottle. Participating, asking for help when you need it and listening to instructions.

Silver Lake Forest Education Society is committed to ensuring our camps, programs and staffing positions are available to everyone. We are committed to promoting and providing an environment that ensures the very best experience for everyone regardless of an individual's actual or perceived personal ability, ethnicity, gender identity or sexual orientation.

The Camp Director has the right to withdraw any camper who risks, or negatively affects, the physical or mental health of themselves or any others at camp. To avoid the disappointment of a camper returning home early, we ask parents to review the camp rules with their child.

BUS STOPS - DROP OFF & PICK UP

Kelowna Downtown – Westbank – Peachland

Morning Drop Off

- If your camper, a member of your household, or social bubble/group has any signs of Covid19 symptoms please:
 - Keep your camper home until the symptomatic person has been tested and received a “Non Covid19 test result”
 - Please inform camp staff as early as possible with the details.
 - This will likely mean your camper misses 2 or more days; these days will be credited to future camp days.
- **Parent/Guardian MUST accompany camper to the bus to complete basic health screening daily.**
- Staff are required by Provincial Health Standards to check off specific questions about your household and campers health DAILY, please allow time for staff to speak with each family.

6:45-7:00 Prospera Place (North side Bus Zone, along Water St @ Sunset)

- Staff will be onsite to check campers in at 6:45am, the bus will depart at 7:00AM

7:25 Save On Foods complex (2475 Dobbin Rd, West Kelowna)

- Depending on Traffic the bus may arrive as early as 7:20am or later, please be ready when the bus arrives.

7:45 Pentowna Park Boat Launch (Hwy 97 @ Princeton Ave.)

- Depending on Traffic the bus may arrive as early as 7:35, please be ready when the bus arrives.

Evening Pick Up

It is important that you arrive on or before the stated time so as not to slow the bus schedule. If you are not present to collect your camper at the designated spot, the camper will proceed with staff to the next stop. Staff will call you to advise where to meet your camper.

Campers are not released to individuals not listed as parent/guardians or Emergency contacts. ID is required. If carpooling at pick up points please email camp the week before to arrange.

5:30 Pentowna Park Boat Launch (Hwy 97 @ Princeton Ave.)

- Bus may arrive as early as 5:20, please be ready.

5:45 Save On Foods complex (2475 Dobbin Rd, West Kelowna)

- Bus may arrive as early as 5:40, please be ready.

6:10 Prospera Place (North side Bus Zone, along Water St @ Sunset)

- Bus may arrive as early as 6:05, please be ready.