



GM HEALTHY LIVING DENTISTRY

FREQUENTLY ASKED QUESTIONS

WHAT IS HEALTHY LIVING DENTISTRY (HLD) IT ALL ABOUT?

This award recognises dental practice role in improving oral and general and your commitment to quality. It is a quality framework that encompasses Baby Teeth do Matter, the GM toolkits and a health campaigns.

WHO IS RUNNING THE PROGRAMME?

The programme has been developed by the GM Local Dental Network in conjunction with the GM Federation of Local Dental Committees.

WHO CAN BE A LEAD?

The lead takes responsibility for developing the programme in the practice and needs to be someone with a leadership role in the practice- a dentist or practice manager.

WHO CAN BE A DENTAL CHAMPION?

The lead will be committed and enthusiastic and could be a dental nurse or receptionist.

IS HLD THE SAME AS BABY TEETH DO MATTER?

No. Healthy Living Dentistry is a requirement of many GM commissioned services including Baby Teeth do matter. BTDM involves training and improving access to dental care for children. HLD is about quality and health improvement for all patients in the practice.

WILL THE COURSE TRAIN STAFF DO TO PREVENTION AND FLUORIDE VARNISH?

No. The HLD training will include understanding health needs, having a health chat and running health campaigns in practice. Training on fluoride varnish and dental prevention is available through other courses on Maxcourse.

DO WE NEED TO DO PREVENTION CLINICS?

No. There is no requirement to undertake prevention clinics as part of HLD. However this is good practice and any dental practices who wish to do prevention clinics can do so. We would encourage all practices to apply fluoride varnish in line with Delivering Better Oral Health.

WE ARE A WIGAN HEALTHY LIVING PRACTICE. HOW DO WE TRANSFER TO THE GM SCHEME?

You will already have a dental champion and be familiar with the concept. You will nominate a lead and undertake the one day Leads course and complete an action plan. Then you can receive your GM award.

HOW DO WE KNOW WHICH CAMPAIGNS TO RUN?

A timetable of campaigns will be sent to your champion along with a link where you can order resources. Most of these will be free to order or download.

For more information contact Helen at england.healthyliving.gm@nhs.net