



Bulletin

Bell Canyon Association

2/15/2017

Volume 3, Issue 1

Carnival Comes To Bell Canyon

Saturday, March 18

2 – 5:00 PM

BCEC

Bell Canyon is having its own country fair, with a kids' petting zoo, pony rides, carnival games and prizes, racing slide, bounce house, bungee jumping, and an Olympic-style equestrian show jumping exhibition.

There will be a DJ spinning fun tunes and fair food will also be on hand, from Hot Dog on A Stick, The Grilled Cheese Truck, and the best custom made ice cream by Nitropod.

Our Bell Canyon ACO's will be directing traffic and parking on Baymare and there will be several handicap parking spots close to the event.

All activities are free to residents and their guests; the food trucks will charge their usual prices.



If you've never seen real show jumping up close, you will enjoy trainer Mark Bone and his protégés providing you with a quick demonstration each hour.



CSD Spring Clean-Up

9:00-1:00

Saturday, April 1

Bring us your tired, your poor, your bulky items, and documents for shredding

BCCC and Bus Stop

Pet Food Drive

A Howling Success

A big thank you to everyone for your generous support of the Pet Pantry. Without your help many low income and homeless would be unable to feed their pet companions.

B.C. had always amazed me with their caring and generosity and once again has helped to feed the cats and dogs that would other-

Canyon Highlights



- February 16, 11:15 – Garden Club Field Trip
- February 27, 7:00 PM – CSD BOD meeting
- March 6, 4:00 PM – Knitters and Crocheters
- March 9, 7:00 PM – BCA BOD meeting
- March 14, 4:00 PM Garden Club
- March 14, Architectural Committee meeting
- March 18, Bell Canyon Carnival – 2:00-5:00 PM
- March 20-26 - Annual BC Food Drive

Save the Date

Eggstravaganza

Saturday April 15

11:00 AM – 2:00 PM

Bell Creek Park

wise go hungry or be, out of necessity, given up by their heartbroken owners.

Thanks to all,

Leah Marks

West Valley Pet Pantry

Annual Spring Food Drive

March 20-26

16th Year

Each year our community generously donates to those less fortunate than ourselves. All the food



contributed is delivered to the West Valley Food Pantry, which provides over 26,000 meals to needy families, youths, disabled, veterans, and homeless each month. To continue to serve, the Pantry depends upon donations from groups and individuals.

The Pantry especially needs: plastic containers of **peanut butter**, canned stews, **tuna**, chili, **soup**, **fruit**, and **vegetables**, and rice, dry beans, mac&cheese, pasta, cereal, and toilet paper. For their homeless clients, single serving packs and containers are perfect.

As always, drop-off bins will be located on the entry and exit sides of the entry station for your convenience. Look for the upcoming e-blast with more details. Thank you.

Governing Documents
Committee Meeting
March 7, 7:00 PM BCCC
All interested owners invited

BOEC Spring Pony Camp

April 10-14
Ages 7 and Up

Full details and sign-up at
bellcanyonequestriancenter.com.
Horsemanship, riding, arts and
crafts, and crazy fun.



What is Aikido?



The name Aikido is composed of three Japanese words: **ai**, meaning harmony; **ki**, spirit or energy; and **do**, the path, system or way. Aikido is the way of the spirit of harmony. Martial arts are studied for self-defense and self-improvement but Aikido is different from other martial arts in that practitioners seek to defend themselves without causing injury to their attackers.

Honored Traditions and High Ideals

The basic movements of Aikido are circular in nature; most attacks are linear. The Aikidoist harmonizes with, rather than confronts, an aggressive line and converts it into a circular motion that renders attackers helpless. Instead of using potentially crippling locks or punches, the Aikidoist trains to apply various wristlocks, arm pins, or unbalancing throws to neutralize aggressors without serious injury.



Aikido is not a sport. There are no competitive tournaments. Aikidoists train to better themselves without belittling others, and as Aikido seeks not to cause harm, techniques can be practiced eventually at full power without fear of injury. Aikido is the newest of the traditional Japanese martial arts, holds the most modern outlook, and is proud of its high ideals.

Ian Shrago

Ian teaches a free self-defense class on Sundays, 10:30 AM, at the BCCC, in the Multi-Purpose Room

Visitor Entry I.D. Requirement

Beginning April 2, 2017, all visitor access to Bell Canyon will require photo identification. This is a safety and security precaution.

Please let your visitors know during the next six weeks. This includes service providers, guests, workers, and all who come to Bell Canyon for your residence. Letting them know in advance, so they are prepared and making sure they are on your admit list in advance, will speed the check-in process for them and all visitors.

