

Wake-Up Foundation presents

Personal Transformation Action/Result Coaching

Personal transformation is about using your strength, talent, and passion to make a positive impact in yours, others, your community, society, and the world. From that, you will experience joy, happiness, meaning, purpose, and fulfillment. Most important, along your journey, you will see yourself transform into the best version of you.



Learning components:

- Understand what human potential is
- Discover and apply your strength, talent, and passion
 - Learn how to create life meaning and purpose
- Learn how to create a sense of belonging in the world
 - Discover the 3 areas of human fulfillment

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