

Alkaline Q & A

Q Why is Alkaline Water good for your health?

A: Alkaline water neutralizes the accumulated acidic waste in the human body and washes away the accumulated waste thus helping blood circulate. Our water Alkaline Water System produces natural ionized minerals such as calcium ion, magnesium ion, sodium ion and potassium ion. These ionized minerals can be absorbed 100% in body.

Q: Why should I drink Alkaline Water?

A: There are three main benefits to Alkaline Water. First and foremost, it is a powerful antioxidant. People spend hundreds of dollars a month purchasing antioxidants because they are anti-disease, anti-aging, anti-cancer, which they accomplish through neutralizing free radicals. Free Radicals damage causes us to age and causes diseases. Since Alkaline Water is a liquid antioxidant, it is easily absorbed into the body, which makes it a more effective and a powerful antioxidant.

Secondly, Alkaline Water balances our body's PH. Our diet is often extremely acidic. Soft drinks, fast foods & processed foods deposit acid waste in our bodies that builds up over time and creates an ideal environment for diseases of all kinds to thrive. Look at any cancer patient for instance and their bodies are invariably acidic to some degree. This can be true for children, due to their chronic soft drink consumption, which puts them in grave danger by allowing their bodies to build up acid waste. Many end up with serious diseases at a very young age. Maintaining an alkaline pH (7.8) helps us maintain an environment in our bodies that is NOT conducive to diseases.

It may take time depending on how acidic your body in order to regulate your body's PH. Alkaline Water is meant to work as a preventative measure, however if you are ill with any disease it always helps to stay Alkaline.

Thirdly, Alkaline Water has a different molecular cluster size. It contains only five to six water molecules instead of ten to thirteen that conventional water molecule clusters have. It has changed from an irregular shape that is 10-13 molecules to a hexagonal regular shape that is half the size. This smaller or "reduced" water is much more hydrating than conventional water. There are two consequences of this. First, Alkaline Water is much more hydrating than conventional water and, second, it is extremely detoxifying. The detoxification properties of Alkaline Water are powerful and astounding.

Q: How does Alkaline Water taste compared with conventional water?

A: A common remark regarding the taste of Alkaline Water is that it tastes

smoother than conventional water. This is because of the molecule cluster size and shape. Since it is small and regular shaped, it feels smooth because it is. It also does not fill you up and bloat you the way conventional water can do if you drink a lot of it at once.

Q: How long does Alkaline Water stay Alkalinized?

A: Our system allows for the water to stay alkalinized always through the natural minerals in our filters!

Q: Does Alkaline Water have any negative effects?

A: Absolutely not.

Q: Who should drink it?

A: Anyone and everyone, young old, human or animal. It is beneficial to some degree to nearly everyone and everything it comes in contact with.

Q: Can it be used commercially?

A: Yes, in innumerable ways. In the dairy industry, with Live Stock, healthier, faster growing crops, etc. All this is now being demonstrated, albeit slowly, to these industries. Alkaline Water should be fed to animals.

Q: How does Alkaline Water effect athletes?

A: In an extremely positive way, as one might expect. Blood oxygen levels rise with varying amounts, with regular use of strong Alkaline Water. This increases stamina, endurance and provides the muscles tissue and organs with high amounts of oxygen, which the human body often lacks, even in athletes because of inadequate diets.

Q: Why should I buy an Alkaline Water System?

A: The Health Benefits of Alkaline Water are numerous as stated above. It is best to have your own system at home so you never have a shortage of Alkaline Water, plus it's always fresher when it's just gone through the filters. As long as you have water pressure you have Alkaline Water, no electricity required. Plus it's green to have a system at home rather than constantly buying water bottles at the store.

Q: Will I need any additional parts in order to install my alkaline Water System?

A: About 10% of all faucets do not have the standard screw thread that will fit the faucet diverter that comes with the Alkaline Water System. If you find the faucet diverter will not fit your sink, note what kind of faucet you have and take the

faucet adapter to any hardware store and they will have the necessary parts you will need.

Q: What kind of warranty does the Alkaline Water System have on it?

A: All of our Alkaline Water Systems come with a 3-year limited warranty.

Q: What should I expect from drinking Alkaline Water?

A: Alkaline Water provides your body with lots of oxygen, which is why it gives us energy. Alkaline Water is much smoother tasting than conventional water. It makes better coffee, tea, juice, etc. Alkaline Water is wonderful to cook with because it helps hydrate the food and bring out its natural flavor. However, other changes in your body after drinking Alkaline Water will be much more subtle and will take some time. If you have accumulated acid waste in your system, it probably took years for your body to get into that condition and it will take some time to reverse it. As the body is slowly brought into a healthy pH balance by drinking Alkaline Water, it will naturally begin to function more efficiently and problems will begin to correct themselves. Alkaline Water can help bring your body into a healthy pH balance naturally by providing your body with oxygen through alkalinity so it can heal itself and prevent diseases from occurring in the first place.

Q: Is it all right for children to drink Alkaline Water?

A: Absolutely. It naturally gives children tremendous amounts of oxygen that helps their bodies function efficiently, as it does with everyone who drinks it. Having extra amounts of oxygen in our blood also naturally helps us fight diseases and build strong immune systems.

Q: Can a person become too Alkaline from drinking Alkaline Water?

A: People have been known to drink as much as 1 to 2 gallons of Alkaline Water every day and have gotten great benefits from it, and they have not become too Alkaline. On the contrary, one of the most common imbalances people have today that leads to health problems is that they are too acidic. Our body pH should be approximately 7.0 (measured through saliva or urine). The more acidic we are, meaning a 6.6 pH or lower, the greater opportunity we have provided disease to flourish in us. A low body pH creates an environment in our bodies, which is conducive to diseases such as arthritis, cancer, etc. to flourish. You can observe that people who are very sick always have a very low body pH. (Not blood pH, which is always stable at around 7.4) The sicker they are, the lower the body pH. Diseases will further create this acidic condition in us in order to better thrive. In short, it is very difficult for us to become too Alkaline. We should always drink Alkaline Water.

Q: Is alkaline water good for high blood pressure?

A: Yes, there are two fundamental causes for high blood pressure. A physical cause is when the small blood vessel is clogged or a blood vessel became narrow due to accumulated plaques around the artery walls. A chemical cause is when there are too much solidified acidic wastes in blood or for some other reasons, there is insufficient amount of oxygen in the blood thus the blood pressure becomes higher to generate a large quantity of blood in order to supply enough oxygen. There are substances that are very harmful to high blood pressure patients. They are acidic food, tobacco and sugar. The common factor they share is they consume the oxygen in blood at very high speed and that decreases the amount of oxygen in blood thus raises the blood pressure. Alkaline Water is not a high blood pressure medicine. However, Alkaline Water washes away the accumulated acidic waste and supplies large quantity of oxygen thus helps to lower the blood pressure.

Q: What kinds of diseases are originated from accumulated acidic wastes in the body?

A: First, acid chloride causes osteoporosis and acidic solids which are hidden inside and outside of cell. Second, strong acidity or acid chloride is banded together and causes infection in joint or organs. The results are cholesterol, kidney stone, arthritis and gout. Third, small blood vessels are clogged around these accumulated acidic solids and cause irregular blood circulation. The results are diabetes, kidney disease, high blood pressure and other various cancers. The main cause for diseases in adults is acidity, namely hydrogen ion. Therefore, the simple solution to fight against hydrogen ion is a hydroxyl ion, namely Alkalinity.

Q: Is it safe for a pregnant woman to drink alkaline water?

A: When a woman is pregnant she lacks alkali minerals in her body because the alkali minerals are used for a new life first, especially during the first trimester. To neutralize the acidic waste a new life produces the liquid in the interior of the womb and it's Alkalinity. While a pregnant woman is sleeping she loses large amount of alkali minerals to a new life and her blood turns to acidity very rapidly over night. That's the cause of morning sickness. The symptom will subside when she drinks Alkaline Water. Therefore, it's not only safe to drink Alkaline Water, but highly recommended. Our Alkaline Water System not only creates Alkaline Water, but also produces natural calcium ion, which is essential to a pregnant woman.

Q: Does alkaline water help to lose weight?

A: Alkaline water is not a diet medicine. However, there are many testimonies saying they lost weight while drinking Alkaline Water. The reason is like this, Alkaline soap neutralizes the fat and converts solid fat to liquid fat. Alkaline water neutralizes the fats in our body, turns them into liquid state and excretes them. Basically Alkaline Water is like Alkaline soap it washes away the wastes in body.