

INSTRUCTIONS

- Print out worksheets
- Have students read the sentence
- Write the sentence
- Draw a picture of the sentence
- And color the picture
- Easy, no prep, social emotional learning worksheets!

Name _____ Date _____

COLOR IT

READ IT

When I am upset, I can
take some deep breaths.

DRAW IT

WRITE IT



Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing practice.

Name _____ Date _____

COLOR IT

READ IT

When I am upset, I can
hug a stuffed animal.

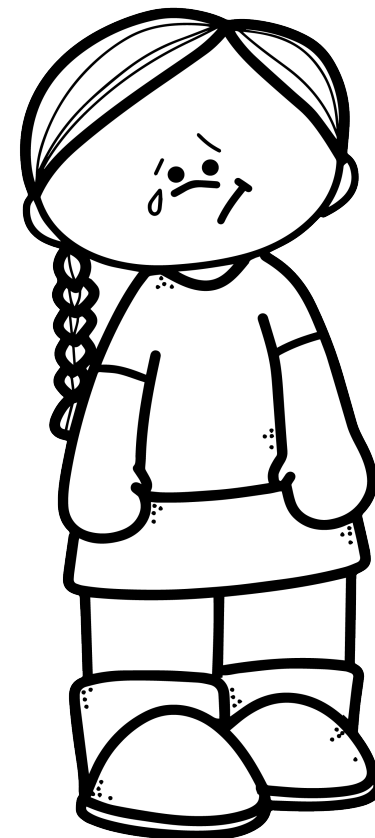
DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT



READ IT

When I am sad, I can put
my head down and relax.

DRAW IT

WRITE IT

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing practice.

Name _____ Date _____

COLOR IT

READ IT

When I am frustrated, I
can ask to take a break.

DRAW IT

WRITE IT



Name _____ Date _____

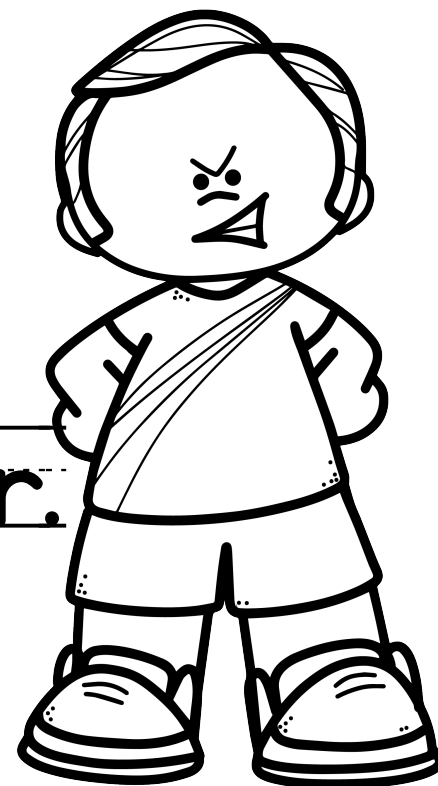
COLOR IT

READ IT

When I am angry, I can
ask to get a drink of water.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

When I am confused, I can
raise my hand and ask a
question.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

When I think the work is hard, I
can ask my friend to help me.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

When I am overwhelmed, I can
ask to take a walk to clear my head.

DRAW IT

WRITE IT



Name _____ Date _____

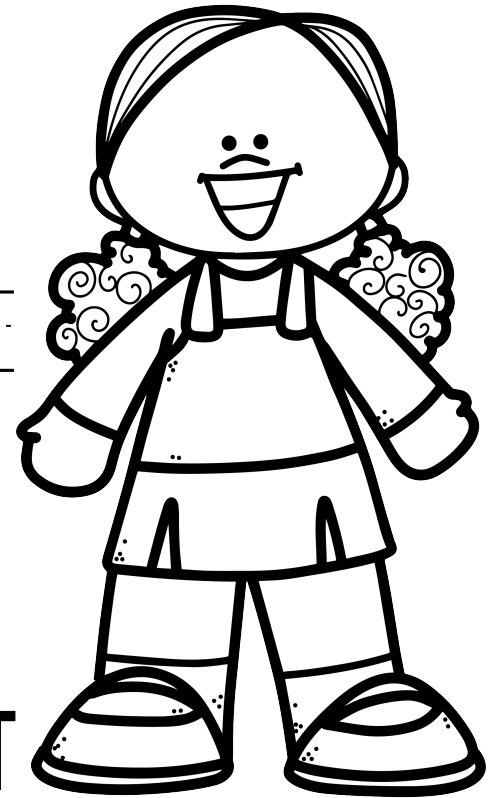
COLOR IT

READ IT

When I am happy, I can tell my
friends why I am happy.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

When I am nervous, I can
think positive thoughts.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

When I am worried, I can ask
my teacher for help.

DRAW IT

WRITE IT



Name _____ Date _____

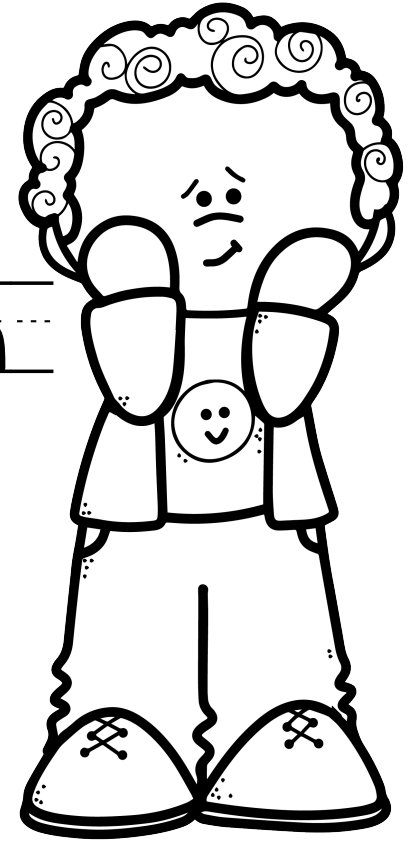
COLOR IT

READ IT

Using a coping skill when I am
upset is a good choice.

DRAW IT

WRITE IT



Name _____ Date _____

COLOR IT

READ IT

I can make new friends by
sitting next to someone new
at lunch.



DRAW IT

WRITE IT

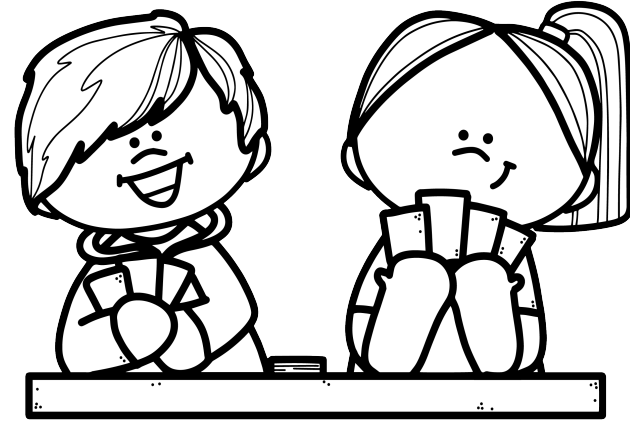
Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing practice.

Name _____ Date _____

COLOR IT

READ IT

I can make new friends by
inviting everyone to play the
game.



DRAW IT

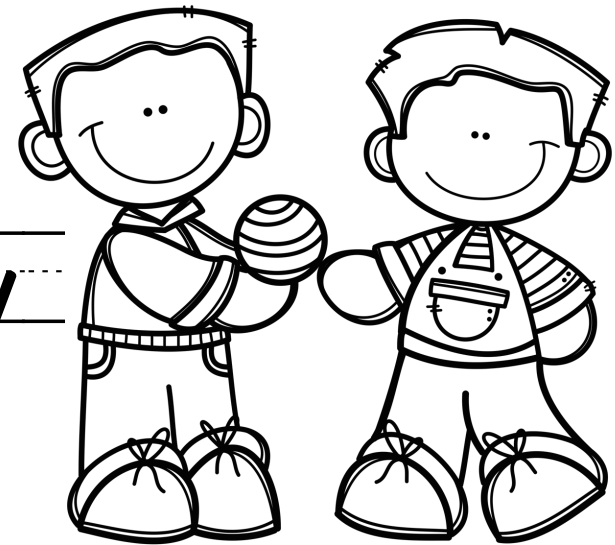
WRITE IT

Name _____ Date _____

COLOR IT

READ IT

I can make new friends by
sharing my toy with them.

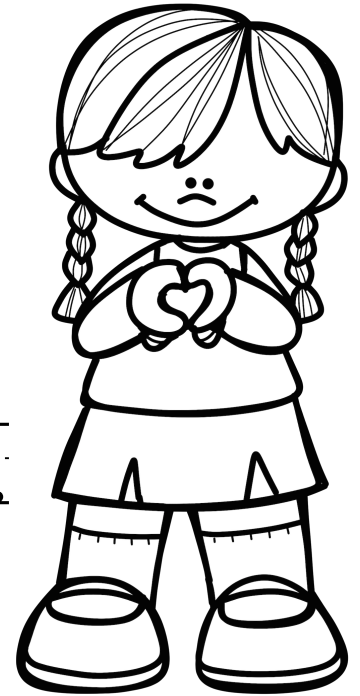


DRAW IT

WRITE IT

Name _____ Date _____

COLOR IT



READ IT

I can be kind by using nice
words when I talk to my teacher.

DRAW IT

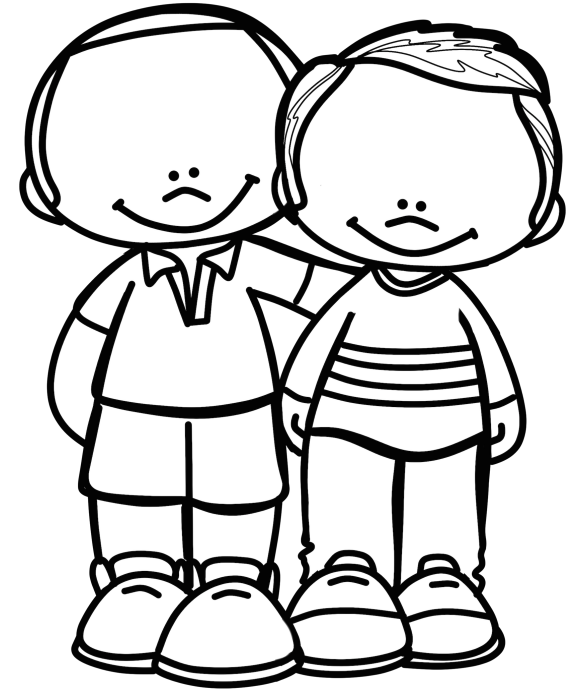
WRITE IT

Name _____ Date _____

COLOR IT

READ IT

I can be kind by saying thank
you when someone gives me
something.



DRAW IT

WRITE IT

Name _____ Date _____

COLOR IT

READ IT

I can be kind by helping
a peer with their work.

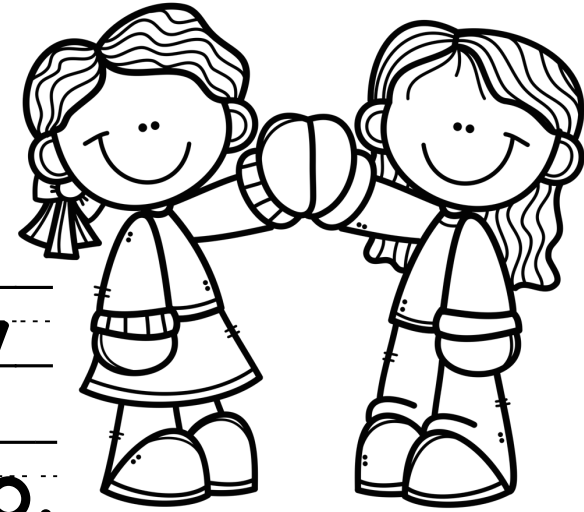


DRAW IT

WRITE IT

Name _____ Date _____

COLOR IT



READ IT

I can be kind by high fiving my
friend when they do a good job.

DRAW IT

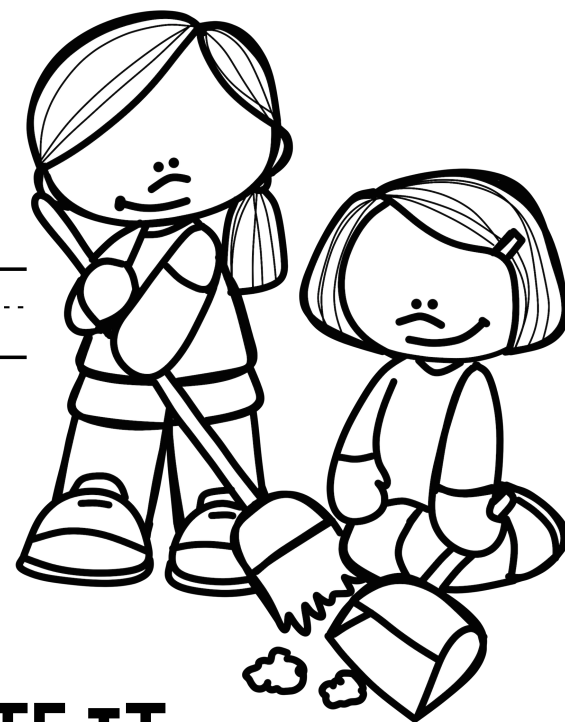
WRITE IT

Name _____ Date _____

COLOR IT

READ IT

I can be a good friend by
helping them clean up.



DRAW IT

WRITE IT

THANK YOU



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