



## Mill Plain Medical Aesthetics

103 Mill Plain Rd Suite #2  
Danbury, CT 06811

### PATIENT INTAKE FORMS

Dear Patient,

Thank you for contacting us at Mill Plain Medical Aesthetics and for scheduling an appointment with us. You can feel confident that our staff is committed to meeting your needs.

Mill Plain Medical Aesthetics, we strive to provide the most current, safe and effective procedures available today. By combining procedures that have stood the test of time with newly proven advances in technology, our office is on the cutting edge and able to provide you with the best options available.

In order to minimize your wait time, please complete the enclosed New Patient forms prior to your visit and email them before your appointment. In the meantime, if you have any questions at all, please feel free to call our office. The entire office is dedicated to giving you the best experience available.

If for any reason you are unable to keep your appointment, please contact us within 24 hours of your scheduled appointment to cancel or reschedule. We understand that some delays are unavoidable but please be aware that if you are 30 minutes late (or later), we will do our best to fit you in but you may have to wait or reschedule.

Thank you for choosing Mill Plain Medical Aesthetics

**CONTACT US**  
203 456-3906

**Website**

[www.millplainmedaesthetics.com](http://www.millplainmedaesthetics.com)

email: [info@millplainmedaesthetics.com](mailto:info@millplainmedaesthetics.com)

# Mill Plain Medical Aesthetics

Name: [First] \_\_\_\_\_ [M.I.] \_\_\_\_\_ [Last] \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_ [Apt.] \_\_\_\_\_ Age: \_\_\_\_\_ D.O.B: \_\_\_\_/\_\_\_\_/\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_  
Work phone: \_\_\_\_\_  
Marital Status:  Single |  Married |  Other E-mail: \_\_\_\_\_

## EMPLOYMENT INFORMATION

Full Time |  Part Time |  Student |  Retired |  Other Occupation: \_\_\_\_\_  
Employer/School: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Work/School Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## EMERGENCY CONTACT

Name: [First] \_\_\_\_\_ [Last] \_\_\_\_\_ Cell phone: \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_ Work phone: \_\_\_\_\_

## REFERRAL INFORMATION

Referring Physician or Patient: \_\_\_\_\_  
How did you hear about Mill Plain Medical Aesthetics? \_\_\_\_\_  
Have you been to our website?  Yes |  No  
If yes, was our website helpful?  Yes |  No

## PROCEDURE INFORMATION

**What is the reason for your visit today?** *[Check all applicable procedures below]*

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Botox/Dysport/Xeomin   | <input type="checkbox"/> Skin care      | <input type="checkbox"/> Cellulite treatment        |
| <input type="checkbox"/> Facial Fillers (Radiesse, Juvederm, Restylane, Voluma, Belotero) | <input type="checkbox"/> Acne treatment | <input type="checkbox"/> Sculptra                   |
| <input type="checkbox"/> Liquid Facelift  | <input type="checkbox"/> Microneedling  | <input type="checkbox"/> Thinning hair              |
| <input type="checkbox"/> Hyperhidrosis  | <input type="checkbox"/> Facials        | <input type="checkbox"/> PRP (Platelet Rich Plasma) |
| <input type="checkbox"/> Hand rejuvenation  | <input type="checkbox"/> Chemical Peel  | <input type="checkbox"/> Other: _____               |
|   | <input type="checkbox"/> Herbal Peel    | _____   |

Have you consulted and/or had any procedure(s) indicated above?  Yes |  No

### **PREVIOUS AESTHETIC PROCEDURES**

Do you currently get/use:  Facials/ Peel  Waxed  Electrolysis  Depilatories  Microdermabrasion

Have you ever had laser resurfacing? Y / N

Have you had collagen/dermal filler injection(s)? Y / N

Have you had a Botox injection(s)? Y / N

Have you recently had facial or cosmetic surgery? Y / N

### **ALLERGIES**

Are you allergic/sensitive to? ("X" all that apply)

Lidocane  Adhesives  Latex  Aspirin  Perfumes  Milk  Eggs  Hydroquinone

Mushrooms  Apples  Grapes  Citrus  Aloe Vera  Shellfish: \_\_\_\_\_

Other: \_\_\_\_\_

List other allergies to any medication: \_\_\_\_\_

Have you ever used any products that caused a bad reaction? Y / N

If yes, describe: \_\_\_\_\_

Have you ever had a skin allergy or sensitivity? (Rash, irritation, peeling, swelling, hives, etc.)? Y / N

If yes, describe: \_\_\_\_\_

### **PERSONAL HEALTH HISTORY**

Have you ever had or have been treated for: *[Check box for those that apply]*

Heart trouble

Stomach Problems

Herpes

Heart Disease

Gastric Reflux

Autoimmune Diseases:

Bleeding Problems

Kidney Disease

Scleroderma, Lupus, Sjögren's,

HIV or AIDS

Neuritis (nerve inflammation)

MS, Rheumatoid Arthritis, Vitiligo

Asthma/wheezing

Bell's Palsy

Psoriasis, Alopecia Areata

Allergy/Hay fever

Drug or alcohol addiction

Other: \_\_\_\_\_

Do you have a family history of any medical problems?

Please list Family member(s) and medical conditions: \_\_\_\_\_

Please list prior Surgical procedures: \_\_\_\_\_

Please list ALL medications and/or dietary supplements including:

(Prescriptions, Over the Counter Medicines, Aspirin, Vitamins and Herbal Supplements such as Fish Oil, Saw Palmetto, Flax Seed Oil and St. John's Wort)

Have you ever smoked tobacco products? Y / N

If Yes, # of packs per day: \_\_\_\_\_ # of years: \_\_\_\_\_

## REVIEW OF SYSTEMS

Please answer the following Yes or No questions to the best of your ability. Do you have or had any of the following conditions, illnesses or symptoms?

### CARDIOVASCULAR

High Blood Pressure  Yes |  No  
Heart Attack  Yes |  No  
Angina/chest pain  Yes |  No  
Heart bypass surgery  Yes |  No  
Pacemaker  Yes |  No  
Heart Failure  Yes |  No  
Irregular Heartbeat  Yes |  No  
Heart Murmur  Yes |  No

Comments: \_\_\_\_\_

### RESPIRATORY

Abnormal Chest X-ray  Yes |  No  
Asthma  Yes |  No  
Bronchitis  Yes |  No  
Emphysema  Yes |  No  
Recent Chest Infection  Yes |  No  
Shortness of Breath  Yes |  No  
Shortness of Breath at night  Yes |  No  
Shortness of Breath on exertion  Yes |  No  
Cough  Yes |  No  
Cough with Sputum  Yes |  No  
Sleep Apnea  Yes |  No  
Use a C-PAP Machine  Yes |  No

### GASTROINTESTINAL

Jaundice  Yes |  No  
Gallstone  Yes |  No  
Liver Disease (Cirrhosis)  Yes |  No  
Hepatitis  Yes |  No  
Ulcers  Yes |  No  
Hiatal Hernia  Yes |  No  
Heartburn  Yes |  No

### SKIN

Cancer  Yes |  No  
Radiation  Yes |  No  
Atypical Skin Lesions  Yes |  No

### ENDOCRINE

Diabetes  Yes |  No  
Hyperthyroidism  Yes |  No  
Hypothyroidism  Yes |  No  
Hypoglycemia  Yes |  No  
High Cholesterol  Yes |  No

### PSYCHIATRIC

Depression  Yes |  No  
Anxiety  Yes |  No  
Psychiatric Care  Yes |  No  
Obsessive Compulsive Disorder  Yes |  No

### NEUROLOGICAL

Stroke  Yes |  No  
Seizures  Yes |  No  
Fainting  Yes |  No  
Dizziness  Yes |  No  
Headache  Yes |  No  
Sciatica  Yes |  No  
Herniated disc  Yes |  No  
Arthritis  Yes |  No  
Rheumatoid  Yes |  No

### HEMATOLOGIC/ONCOLOGIC

Bleeding Tendency  Yes |  No  
Easy Bruising  Yes |  No  
Anemia  Yes |  No  
Sickle Cell Disease  Yes |  No  
Blood clots in legs  Yes |  No  
Blood clots in lungs  Yes |  No  
Radiation Therapy  Yes |  No

### EYES

Cataracts  Yes |  No  
Glaucoma  Yes |  No  
Dry Eyes  Yes |  No  
Do you wear Contact Lenses?  Yes |  No

Please list any other medical conditions that are not listed above: \_\_\_\_\_

**This is a confidential report of your medical history and will be kept in this office. Information contained herein will not be released to any person or organizations except when you have authorized us to do so.**



\_\_\_\_\_  
*Patient Signature*

\_\_\_\_\_  
*[if other than patient state relationship]*

\_\_\_\_\_  
*Date*

# ACKNOWLEDGEMENT OF PRIVACY PRACTICES

At Mill Plain Medical Aesthetics, PC your privacy is a very important part of our mission and plays a very big factor in your experience. Mill Plain Medical Aesthetics, PC and staff adhere to the highest standards of respecting and protecting patient privacy and the confidentiality of your health care information. Additionally the team complies with all state and federal regulations regarding the privacy of individual health care information, including HIPPA (Health Care Insurance Privacy and Protection Act), enacted on April 14, 2003.

As of April 14th 2003, we are required by law to offer you a copy of the "Notice of Privacy Practices" regarding your Personal Health Information (PHI).

Your PHI, also known as your health or medical record, serves as a:

- Basis for planning your care and treatment
- Means of communication among the many health professionals who contribute to your care
- Legal document describing the care you received
- Means by which you or a third--party payer can verify that services billed were actually provided
- A tool in educating health professionals
- A source of data for medical research
- A source of information for public health officials charged with improving the health of this state and the nation
- A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve

The "Notice of Privacy Practices" details the following:

- How we may use/disclose your PHI to carry out treatment, payment or health care operations.
- How you may request copies of your healthcare information.
- How you may verify the accuracy of this information.
- How you may request an accounting of certain external disclosures of your PHI.

I understand that as part of this organization's treatment, payment, or health care operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including disclosures via fax.

Please acknowledge that you received a "Notice of Privacy Practices" by signing below:

"I have received a Notice of Privacy Practices by the office of Mill Plain Medical Aesthetics, PC and I fully understand and accept the terms of this consent."

Signature: (Patient, Parent or Guardian) \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_