

# For a Another One Day at a Time

## The Recovery Journey

### See Isaiah 35:8 NRSV

A highway shall be there,  
and it shall be called the Holy Way;  
the unclean shall not travel on it,<sup>[a]</sup>  
but it shall be for God's people;<sup>[b]</sup>  
no traveler, not even fools, shall go astray.

In the AA Big Book there are a couple reference to the road traveled in our recovery journey.

"We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny."  
Page 164, *A Vision for You*

We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe. Page 75, *Into Action*

The life of recovery is a journey, so using a road or highway as a metaphor for this life is appropriate. As both quotes from the Big Book indicate, this is a journey you take with companions. You do not succeed on your own.

You find people who are farther along on their recovery journey. They help to point the right way to go. You find people who are at the same place as you, and you share with them in ways you have never shared before, because you simply understand each other.

The prophet Isaiah understood life as a journey. He believed it to be a journey that should include God and God's people. He also believed that God had the way for people to follow. So, God has a path for you to follow. The wonderful good news that we hear from Isaiah is that if you get on God's Highway in your life journey, you cannot go wrong. He says, "not even fools shall go astray."

We have all been foolish, but when you get our feet on God's path for your recovery journey, you learn there is hope, even for you!

### Today I pray:

O God, please walk hand in hand with me as I seek to follow your path on my recovery journey. Amen.



Daily Devotions for the first days out of treatment.  
Written by Pastor John Roberts