

**JESUP INVITATIONAL**

Jesup, IA

Jesup Golf and Country Club

Weather: Cloudy, N 5-15mph, 74% &amp; 69

Host: Jesup

Tuesday, September 26, 2023

**MEET OFFICIALS****Meet Director:**

Joe Smeins

**Meet Referee:**

Mike Bengen

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**OFFICIAL MEET REPORT**

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**Race #3  
Varsity Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Center Point-Urbana	126	6-21-30-32-37	1:48:24	21:41	2:05.3
2 Union La Porte City	132	4-12-23-36-57(65)	1:47:36	21:32	3:32.8
3 North Linn Troy Mills	134*	1-14-28-44-47(55)(83)	1:46:35	21:19	4:38.4
4 Denver	134*	10-22-25-35-42(63)	1:48:58	21:48	1:56.6
5 Hudson	137	8-15-26-29-59(64)(78)	1:48:36	21:44	2:39.3
6 Dike-New Hartford	186	9-17-41-50-69(87)	1:51:01	22:13	3:00.8
7 Jesup	193	2-3-49-53-86(88)(98)	1:48:44	21:45	5:42.2
8 Benton Community	225	7-16-31-81-90(107)	1:52:51	22:35	4:32.0
9 New Hampton	239	11-18-68-70-72(104)	1:53:24	22:41	2:56.5
10 North Fayette Valley	240	20-33-39-66-82(89)(100)	1:54:07	22:50	2:41.8
11 Oelwein	245	5-52-54-61-73(77)(110)	1:53:20	22:40	3:44.1
12 Newman Catholic Mason C	265	13-34-48-79-91(93)(94)	1:55:13	23:03	3:55.0
13 MFL MarMac	283	24-43-56-75-85(92)	1:55:59	23:12	2:50.2
14 Wapsie Valley Fairbank	285	40-45-62-67-71(99)(108)	1:55:45	23:09	1:10.5
15 Edgewood-Colesburg	327	19-27-80-95-106	1:59:47	23:58	5:11.5
16 Aplington-Parkersburg	332	38-46-51-96-101(102)(103)	1:59:30	23:54	3:31.3
17 Alburnett	412	60-74-76-97-105	2:03:25	24:41	3:22.0
18 East Buchanan Winthrop	474	58-84-109-111-112	2:13:47	26:46	6:15.2

**\*Tiebreakers**

North Linn Troy Mills	1	14	28	44	47	55
Denver	10	22	25	35	42	63

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 WHEATLEY, Meghan	SR	North Linn Troy Mill	1	18:10.6	5:51.8	3:38.6
2 WRIGHT, Clare	SR	Jesup	2	18:56.2	6:06.5	3:47.7
3 WILSON, Mackenzie	JR	Jesup	3	19:17.7	6:13.4	3:52.0
4 KROGMANN, Lauren	FR	Starmont West Cen	-	19:20.4	6:14.3	3:52.5
5 CONDON, Amilia	JR	Union La Porte City	4	19:31.7	6:17.9	3:54.8
6 WASKOW, Abbi	FR	Dunkerton	-	19:54.1	6:25.2	3:59.3
7 BURBRIDGE, Taryn	SO	Maquoketa Valley D	-	20:10.9	6:30.6	4:02.7
8 SAUSER, Ashlynn	FR	Oelwein	5	20:12.0	6:30.9	4:02.9
9 ESTLING, Grace	FR	Center Point-Urbana	6	20:16.3	6:32.4	4:03.7
10 LYONS, Jaida	SR	Benton Community	7	20:22.6	6:34.4	4:05.0
11 HANSEN, Mollie	SO	Hudson	8	20:29.9	6:36.7	4:06.5
12 HOUTS, Izzy	SR	Dike-New Hartford	9	20:35.9	6:38.7	4:07.7
13 RISTAU, Reeve	JR	Denver	10	20:38.1	6:39.4	4:08.1
14 DETTMAN, Jaydin	SR	Central Elkader	-	20:46.0	6:41.9	4:09.7
15 GLASER, Sophie	FR	New Hampton	11	20:50.1	6:43.3	4:10.5
16 HELLMAN, Madison	SR	Columbus Catholic	-	20:53.5	6:44.3	4:11.2
17 ANTON, Sydney	SR	Union La Porte City	12	20:58.9	6:46.1	4:12.3

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**Race #3**  
**Varsity Girls 5K**
**Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
18 WEINER, Tess	FR	Newman Catholic M	13	21:02.5	6:47.3	4:13.0
19 COLLUM, Bryn	JR	North Linn Troy Mill	14	21:02.9	6:47.4	4:13.1
20 LANG, Desi	SO	Hudson	15	21:10.7	6:49.9	4:14.6
21 KAUDER, Kyra	FR	Benton Community	16	21:17.5	6:52.1	4:16.0
22 WARDELL, Roselle	SR	Dike-New Hartford	17	21:23.3	6:54.0	4:17.2
23 PICKAR, Megan	SR	New Hampton	18	21:32.7	6:57.0	4:19.0
24 LUDWIG, Stella	SO	Columbus Catholic	-	21:33.1	6:57.1	4:19.1
25 NURRE, Amanda	FR	Edgewood-Colesbu	19	21:33.7	6:57.3	4:19.3
26 MEYER, Braelyn	JR	North Fayette Valle	20	21:36.1	6:58.1	4:19.7
27 DUNN, Avanti	FR	Center Point-Urban	21	21:36.4	6:58.2	4:19.8
28 HOMAN, Hailey	JR	Denver	22	21:40.7	6:59.6	4:20.7
29 LORENZEN, Lily	JR	Union La Porte City	23	21:41.4	6:59.8	4:20.8
30 KEEHNER, Cora	SO	MFL MarMac	24	21:45.7	7:01.2	4:21.7
31 MULERT, Anna	JR	Denver	25	21:48.3	7:02.0	4:22.2
32 HANSEN, Reese	FR	Hudson	26	21:48.4	7:02.0	4:22.2
33 KIRBY, Ellie	JR	Edgewood-Colesbu	27	21:51.6	7:03.1	4:22.8
34 HAUGHENBURY, Lucy	FR	North Linn Troy Mill	28	21:52.3	7:03.3	4:23.0
35 SCHNEIDER, Savannah	SR	Hudson	29	21:57.7	7:05.1	4:24.1
36 BOWE, Emily	JR	Center Point-Urban	30	21:58.5	7:05.3	4:24.2
37 JONES, Abbie	JR	Benton Community	31	21:58.9	7:05.4	4:24.3
38 RESSLER, Reagan	JR	Independence	-	22:08.1	7:08.4	4:26.1
39 MCCORMICK, Sydney	JR	Center Point-Urban	32	22:11.3	7:09.4	4:26.8
40 BILDEN, Ava	SR	North Fayette Valle	33	22:11.6	7:09.5	4:26.8
41 HEMANN, Kenna	SR	Newman Catholic M	34	22:13.0	7:10.0	4:27.1
42 DECKER, Aubrey	SR	Denver	35	22:16.4	7:11.1	4:27.8
43 ALBERTSEN, Brynn	SO	Union La Porte City	36	22:19.0	7:11.9	4:28.3
44 MILLER, Lily	SO	Center Point-Urban	37	22:21.6	7:12.7	4:28.8
45 SCHIPPER, Ashley	SR	Aplington-Parkersb	38	22:22.5	7:13.1	4:29.0
46 MCGOWAN, Lexi	FR	North Fayette Valle	39	22:28.8	7:15.1	4:30.3
47 MAY, Jaylin	JR	Wapsie Valley Fairb	40	22:29.6	7:15.3	4:30.5
48 STEFFEN, Hanna	JR	Dike-New Hartford	41	22:29.8	7:15.4	4:30.5
49 COOPER, Lily	JR	Denver	42	22:34.7	7:17.0	4:31.5
50 FISK, Skylar	FR	MFL MarMac	43	22:35.4	7:17.2	4:31.6
51 MCMAHON, Peyton	SO	North Linn Troy Mill	44	22:40.1	7:18.7	4:32.6
52 MEYER, Ava	FR	Wapsie Valley Fairb	45	22:43.9	7:19.9	4:33.3
53 HENNINGER, Grace	JR	Dunkerton	-	22:47.3	7:21.1	4:34.0
54 EILERS, Sara	JR	Aplington-Parkersb	46	22:48.7	7:21.5	4:34.3
55 HOOVER, Ava	FR	North Linn Troy Mill	47	22:49.0	7:21.6	4:34.3
56 PETREE, Ella	SR	Newman Catholic M	48	22:51.6	7:22.4	4:34.9
57 FORSSBERG, Maia	FR	Jesup	49	22:53.4	7:23.0	4:35.2
58 SYHLMANN, Josey	SO	Dike-New Hartford	50	22:54.9	7:23.5	4:35.5
59 SCHULTZ, Quinnlyn	JR	Aplington-Parkersb	51	22:55.9	7:23.8	4:35.7
60 RULAPAUGH, Rachel	SR	Oelwein	52	22:56.8	7:24.1	4:35.9
61 ALBERT, McKenna	SR	Jesup	53	22:58.0	7:24.5	4:36.1
62 MARTIN, Khloie	FR	Oelwein	54	23:00.0	7:25.2	4:36.6
63 BRIDGEWATER, Mackenzie	JR	North Linn Troy Mill	(55)	23:00.4	7:25.3	4:36.6

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**Varsity Girls 5K**
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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
64 RUFF, Evelyn	JR	MFL MarMac	56	23:00.9	7:25.4	4:36.7
65 CARLSON, Kate	JR	Union La Porte City	57	23:04.4	7:26.6	4:37.4
66 BEYER, Lindsay	JR	East Buchanan Win	58	23:07.3	7:27.5	4:38.0
67 BROWN, Sofia	SR	Hudson	59	23:09.1	7:28.1	4:38.4
68 MCGRAW, Carly	SO	Alburnett	60	23:12.9	7:29.3	4:39.1
69 BERRYMAN, Alexa	SR	Oelwein	61	23:14.9	7:30.0	4:39.5
70 SANDER, Melenna	SO	Wapsie Valley Fairb	62	23:18.2	7:31.0	4:40.2
71 CLAYTON, Jillian	SO	Denver	(63)	23:18.5	7:31.1	4:40.3
72 HOLTON, Kate	SO	Hudson	(64)	23:18.8	7:31.2	4:40.3
73 PETERSEN, Emily	SR	Union La Porte City	(65)	23:30.6	7:35.0	4:42.7
74 BILDEN, Clara	FR	North Fayette Valle	66	23:32.6	7:35.7	4:43.1
75 BARNES, Maya	SO	Wapsie Valley Fairb	67	23:32.8	7:35.7	4:43.1
76 NOSBISCH, Natalie	JR	New Hampton	68	23:34.4	7:36.2	4:43.4
77 KLINGENBORG, Olivia	FR	Dike-New Hartford	69	23:36.6	7:37.0	4:43.9
78 WINTERS, Addison	SO	Kee Lansing	-	23:36.7	7:37.0	4:43.9
79 GEBEL, Kailynn	FR	New Hampton	70	23:39.8	7:38.0	4:44.5
80 WIERCK, Adelynn	SO	Wapsie Valley Fairb	71	23:40.1	7:38.1	4:44.6
81 KNUTSON, Ella	SO	New Hampton	72	23:46.6	7:40.2	4:45.9
82 GEARHART, Libby	SR	Oelwein	73	23:56.0	7:43.2	4:47.8
83 CRIST, Esme	FR	Alburnett	74	23:59.9	7:44.5	4:48.5
84 GRAU, Clare	SR	MFL MarMac	75	24:01.2	7:44.9	4:48.8
85 MARTIN, Gralynn	SR	Alburnett	76	24:05.0	7:46.1	4:49.6
86 BAHÉ, Jenna	SO	Oelwein	(77)	24:06.4	7:46.6	4:49.9
87 WILLAND, Madison	JR	Hudson	(78)	24:07.4	7:46.9	4:50.0
88 ANDERSEN, Sydney	SR	Newman Catholic M	79	24:08.5	7:47.2	4:50.3
89 BEYER, Ella	FR	Edgewood-Colesbu	80	24:10.0	7:47.7	4:50.6
90 SCHAEFER, Claire	SO	Columbus Catholic	-	24:16.3	7:49.8	4:51.8
91 DEMOSS, Layna	FR	Benton Community	81	24:17.3	7:50.1	4:52.0
92 STARKWEATHER, Brielle	FR	North Fayette Valle	82	24:17.9	7:50.3	4:52.2
93 RIES, Carly	SO	North Linn Troy Mill	(83)	24:21.6	7:51.5	4:52.9
94 KRUM, Destiny	JR	East Buchanan Win	84	24:25.8	7:52.8	4:53.7
95 IMLER, Isabel	SR	Maquoketa Valley D	-	24:30.6	7:54.4	4:54.7
96 RUFF, Samantha	FR	MFL MarMac	85	24:35.9	7:56.1	4:55.8
97 WEHRSPANN, Lydia	SR	Jesup	86	24:38.4	7:56.9	4:56.3
98 WOLFENSPERGER, Lauren	SR	Dunkerton	-	24:39.8	7:57.3	4:56.5
99 FOLKERTS, Elyse	JR	Dike-New Hartford	(87)	24:41.0	7:57.7	4:56.8
100 DEVORE, Ella	FR	Jesup	(88)	24:44.2	7:58.8	4:57.4
101 KUHSE, Tristan	SO	North Fayette Valle	(89)	24:51.2	8:01.0	4:58.8
102 WOLF, Lizzy	SO	Benton Community	90	24:54.5	8:02.1	4:59.5
103 OLSEN, Rachel	SR	Newman Catholic M	91	24:57.5	8:03.0	5:00.1
104 BUSH, McKenna	JR	Maquoketa Valley D	-	24:59.8	8:03.8	5:00.5
105 KOETHER, Emma	SO	MFL MarMac	(92)	24:59.9	8:03.8	5:00.6
106 MCMICHAEL, Maggie	SO	Newman Catholic M	(93)	25:01.1	8:04.2	5:00.8
107 KNOLL, Kate	FR	Newman Catholic M	(94)	25:02.2	8:04.6	5:01.0
108 RHOMBERG, Abigail	SR	Columbus Catholic	-	25:14.5	8:08.5	5:03.5
109 WALZ, Miley	SO	Edgewood-Colesbu	95	25:25.8	8:12.2	5:05.8

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
110 PRICE, Ellie	JR	Aplington-Parkersb	96	25:29.1	8:13.2	5:06.4
111 STANLEY-JONES, Isabelle	JR	Alburnett	97	25:31.9	8:14.1	5:07.0
112 DEVORE, Lizzy	FR	Jesup	(98)	25:40.5	8:16.9	5:08.7
113 RULAPHAUGH, Miriam	SO	Wapsie Valley Fairb	(99)	25:44.5	8:18.2	5:09.5
114 SCHULTZ, Ashton	JR	North Fayette Valle	(100)	25:51.5	8:20.5	5:10.9
115 PETERSEN, Olivia	FR	Aplington-Parkersb	101	25:53.7	8:21.2	5:11.4
116 CARNEY, Lauren	SR	Aplington-Parkersb	(102)	25:55.3	8:21.7	5:11.7
117 ASWEGEN, Lexi	SR	Aplington-Parkersb	(103)	26:00.4	8:23.3	5:12.7
118 KELLOGG, Zoey	FR	New Hampton	(104)	26:14.7	8:28.0	5:15.6
119 BANES, Haylee	JR	Alburnett	105	26:34.8	8:34.4	5:19.6
120 HENNEY, Kallyn	SO	Edgewood-Colesbu	106	26:45.2	8:37.8	5:21.7
121 WELTE, Alex	SO	Benton Community	(107)	26:50.7	8:39.6	5:22.8
122 LAMPE, Kali	SR	Wapsie Valley Fairb	(108)	26:57.8	8:41.9	5:24.2
123 KELCHEN, Macy	SO	East Buchanan Win	109	27:35.6	8:54.1	5:31.8
124 HOVELAND, Emmah	JR	Oelwein	(110)	27:50.3	8:58.8	5:34.7
125 CABALKA, Andelyn	SO	East Buchanan Win	111	29:15.6	9:26.3	5:51.8
126 PECK, Kreighton	SO	East Buchanan Win	112	29:22.4	9:28.5	5:53.2