

Good morning!

Hope your summer and early fall have been good to you and your family!

Sometimes I get a clip that just needs shared.....now, not in a month or so. Here is the situation.....Oil City at DuBois for Friday night lights.....defensive struggle all night.....DuBois had just scored a TD with 5 seconds remaining to make it 55-54 and went for 2 for the highly probable win. The conversion failed, so Oil City (in white) most likely would win. Take a look at the clip [here](#) and the sportsmanship shown.....what a great example white 20 gives us all.

Have a great fall and don't wait till November 18 to start getting in shape!

Tim