



FJELLHEIM 6 – 107, Sons of Norway
 1045 Ford Street
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 Published Monthly

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The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Inside this issue:

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM
 Viking Hall,
 1045 Ford Street,
 Colorado Springs, CO 80915

SEND ARTICLES TO YOUR EDITOR:

Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
knutlyby@comcast.net
 Phone: 719-536-0647

Deadline for the August 2013 issue is: Monday, July 15
NOTE EARLY DATE

SUMMER FAMILY UTFLUKT

Sunday – June 16th
Starting at 11 a.m.

Bear Creek Park (At the corner of 21st St. & Rio Grande)

Catered Menu including Fried Chicken, Pulled Pork Sandwiches, Cole Slaw, Pickles, Jalapenos, Onions, Barbeque Sauce, Potato Salad, Baked Beans, Rolls, Lemonade

Free to all members (Call for reservations).

Non-Members: \$10.00, Children 6-12: \$5.00, Children 5 & under: Free

RSVP by June 12th (Make checks payable to Sons of Norway)

Make Reservations with, and send checks to:

Karen Ravnaas,
 5295 Water Dipper Rd.
 Colorado Springs, CO 80911
 (719) 390-0621

SKY SOX GAME AND PICNIC

Friday, June 28th

Food service start 6:05 PM, game time is 7:05 PM.

Summer is here and it is time to get ready for the annual SkySox Outing. Baseball, food, fun and fireworks before the 4th. Who could ask for more!

Members: \$15 for adults and \$10 for children (3-12).

Non-members: \$26 for adults and \$15 for children

Cost includes Baseball game, BBQ buffet, Fireworks and free parking. Please make sure to include your address on the form at the back of the flier in this newsletter so that your parking tickets may be mailed to you.

Two options for payment this year: Cash or Check: send your order form to Kerry Hefta. Credit card payments may be handled by Drew Trujillo at 719-304-5615 (e-mail your form with your address to Drew or myself)

June 18th DEADLINE!!

TM

JUNE 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Rosemaling - 12-4 PM, Viking Hall	3	4 Game and Card Social - 12:30 PM, Viking Hall, Ginny Johnson, 495-0253	5 Board Meeting - 9 AM, Viking Hall Norwegian Language Intermediate, 6:30 PM. Beginner 7:30 PM	6 Viking Sisters, 1 PM, Viking Hall	7	8
9	10	11	12 Book Club - 5 PM. FMC - 6 PM. Heritage Meeting - 7 PM, Viking Hall	13	14	15
16 Fjellheim Picnic, 11 AM - Bear Creek Park. See front page <i>Father's Day</i>	17	18	19 Norwegian Language Intermediate, 6:30 PM. Beginner 7:30 PM	20 Ladies Luncheon - 11:30 AM - Senor Manuel's, 4660 N. Nevada	21	22 Breakfast Social, 9 am, Viking Hall
23 30 Dine Out - Juniper Valley Restaurant Rosemaling - 12-4 PM, Viking Hall	24	25	26 Norwegian Language Intermediate, 6:30 PM. Beginner 7:30 PM	27	28 Sky Sox Game and Picnic w/fireworks See front page	29

FJELLHEIM'S 40TH ANNIVERSARY PARTY

Sons of Norway's first Institution in Colorado was on September 8, 1973. Fjellheim #6-107 will celebrate its 40th Anniversary on Saturday, September 21, 2013 at Viking Hall, 1045 Ford Street, Colorado Springs, CO. Social hour begins at 5:00 PM, followed by dinner, program and dancing.

We invite and encourage everyone in our sister lodges to put this on your calendar and plan to join us for this momentous occasion.

Your District Six Board will also be attending, following our "open to all" fall board meeting that week-end at the Holiday Inn on Aeroplaza Drive.'

Anniversary Committee: Sissel Disbrow, Inger Pappas, Mike Johaneson, Lyle Berge

PRESIDENT'S COLUMN

The 17.mai celebration was a fun afternoon. A special thank you to **Paul Wiig** and **Ole Bakken** for arranging the program, setting up the games and leading us in song. Knut Lyby's talk on how Norwegians treat this day was very interesting. His cheerleading at the parade took courage and a sense of humor. Eunice Bloom arranged to have a Norwegian Fjord horse lead the parade and Lois Halverson and Elaine Hellem and their kitchen crew of Shirley, B.J. and Ruth produced a great lunch. As they say in the Grygla Eagle, a good time was had by all.

We are a special lodge because of all the volunteer efforts. The request for help goes out for an activity and they come, aprons on, smiling, joking and ready. They cook, serve, set up, and clean up and they have a good time doing it. We are lucky to have them.

Volunteers also chair committees and arrange all sorts of activities and events. Their reward is our expression of appreciation and that usually comes at the business meeting when they give their reports. We could shorten the meeting and you could read about it in the Flammen but I think the opportunity show our appreciation personally and openly at the meeting is worth the time.

Speaking of the Flammen, the Tusen Takk this month goes to our editor, **Knut Lyby**. Each month, he invariably produces a fine newsletter. It is an artful combination of promotion of upcoming events, reflection a recent activities, and some history and good stories from Norway. The lay-out is pleasant to the eye and the pictures and art work give it a nice touch. The Flammen is the image of our lodge and it is a fine one indeed.
Mange Takk, Knut.

Hilsen, Michael





JUNE BIRTHDAYS

3 Lisa N Johanson
 4 Phyllis Lorraine Sorensen
 5 Matthew Harrington Disbrow
 8 Irene T Gladem
 8 Michael H Johaneson
 12 Peter Osburnsen
 12 Charles E Sullivan
 16 June E Peterson
 16 Rosa Strand
 23 Diane N Lindholm
 24 Jerry Elvrum
 26 Harlan James Williams
 29 Mildred Sullivan

HERITAGE AND YOUTH

4 Ryan J Hollenbeck
 22 Lilli Hansen
 22 Silje Ostrem
 23 Reece Apodaca-Eacker
 24 Mary Hansen
 29 Charles Hansen

JULY BIRTHDAYS

3 Phylis J Smith
 5 George C Gund
 6 Terry L Mapstone
 7 Laurie Hauschild
 7 Grace P Johnson
 7 Donna Marilyn Wesley
 9 Pamela Bakken-O'Neill
 10 Maynard O Larson
 13 Vivian I Johnson
 20 Roland D Rodvold
 21 Kathie Dawn Godsil

HERITAGE AND YOUTH

19 Austin Coltrin
 22 Connor Gavin
 30 Miranda Coltrin

GRATULERER MED DAGEN!

DINE OUT DATES AND LOCATIONS FOR 2013

June 30 - Juniper Valley - Hwy. 115
 July - None - off month
 August 25 - Elephant Bar, N. Academy
 Sept 29 - Rocco's Italian Restaurant
 Oct 27 - Texas Roadhouse - 8th Street
 November 24 - None - Thanksgiving
 December 29 - None - Christmas holidays

The time is 1:00 pm.

VELKOMMEN TIL BORDS!

GAME AND CARD SOCIAL

May game and card social will be Tuesday, June 4th at 12:30 PM at the Lodge. Join us for a potluck followed by cards and games. Everyone is welcome for an afternoon of good food, fellowship and fun.

WE WILL NOT MEET IN JULY - Even we need a break every now and then!
 Any questions call Ginny Johnson at 495-0253.



LADIES LUNCHEON

We will meet on Thursday, June 20th, at 11:30 am at Senor Manuel's - 4660 N. Nevada. For reservations, please call June Peterson at 599-3235.

BOOK CLUB

The next lodge Book Club meeting will be on June 12th at 5 p.m. before the monthly heritage meeting.

Members are reading books of their own choosing and working on their Cultural Skills Program paperwork. If you have any questions regarding the Book Club please contact Tillie Elvrum at 719-203-4444.

ROSEMALING CLASSES

Rosemaling classes are scheduled as follows for June. Sunday, June 2, from 12:00 - 4:00 PM. Sunday, June 30 from 12:00- 4:00 PM.



We meet at Viking Hall.

If you are interested in joining us, please call Sissel at 540-2737, BJ at 264-0955 or Cindy Bauer, our teacher, at 633-8260.

NORWEGIAN LANGUAGE CLASS

We are taking a break in July. Class times are: Intermediate class: 6:30 PM Wednesdays. Beginners class: 7:30 PM Wednesdays.

FOUNDATION NEWS

June's raffle prize will be a cookbook, titled "Gudrun's Kitchen, recipes from a Norwegian Family". It is a \$23.00 cookbook and part immigrant story. Thank you to Knut Lyby for donating two copies to our lodge. The second copy is in the Library.

We will take a break from raffles until Sept. Thanks for your great support.

Foundation Director,
 Ruth Wiig

BREAKFAST SOCIAL

The next Lodge Breakfast Social is June 22nd due to the Lodge being booked for a wedding on June 29th. All proceeds benefit the up-keep of our wonderful Viking Hall.

Call Millie Sullivan for details or to RSVP - 597-0381

VIKING SISTERS

Viking Sisters will meet Thursday, June 6 at 1 pm at the lodge. We are working on items for the November Boutique and you are all invited to join us. Bring any ideas and items that you may already have made.

Refreshments will be served.

CULTURAL SKILLS PROGRAM

Five members were presented with Cultural Skills awards at our May monthly meeting.

Shirley Stilley earned her Level 2 bar for Hardanger Embroidery. Mike Johaneson, Tillie Elvrum, Terry Mapstone and Bjorg Mapstone earned their Level 1 pins and bars for Reading. I was so happy to find the package of pins from SON headquarters in my mailbox along with a very gracious letter from Liv Dahl, the Norwegian Cultural Skills Administrator, commending our members for their accomplishments. I got another package from SON last week so we're on a roll now!

Ej

HURRA FOR SYTTENDE MAI!

The mystery guest Stjerne was definitely a hit with the folks at the 17. Mai Fest. The fjord horse led the parade of singing and chanting marchers. We enjoyed an excellent picnic meal, singing, games, and a light-hearted talk by our editor Knut Lyby. Special thanks to Pat Staubo, who accompanied the singing; games supervisors, the Elvrum family; Eunice Bluhm for arranging for Stjerne; Cleo Allgood for reservations; and of course, the outstanding kitchen crew made up of the usual suspects: Hellem, Halvorson, Stilley, and Mapstone.

Thanks to the above and all the others who assisted in the event—and there were many!



LIMON HERITAGE FESTIVAL

Fjelldalen Lodge will again be taking part in the **Limon Heritage Festival on Saturday, August 3, 2013**. Participation in this festival honors the heritage and culture of Lincoln County Colorado settlers and their descendants, and the Norwegian folk-art display by Fjelldalen Lodge is in honor of the many Norwegian immigrants that settled in the area in the 1800's. In past years, several members of other Colorado Lodges have joined with Fjelldalen with their handiwork etc. We are aware that many of you have now been taking part in the Sons of Norway Cultural Skills program and have earned your Cultural Skills pins and medals. We would love to have you join us to display and tell about what you have accomplished. Bring your bunad and be part of the bunad show.

Please call me!

Barbara Robb - 303-443-9158

Member - Limon Heritage Society and Fjelldalen Lodge



VIKING FAIR - OCTOBER

Please start planning for Viking Fair, to be held the last Sat. of October. We appreciate items for our heritage tables as well as books and other small usable items. We will accumulate items in a box in the storage room. If you or someone you know would like information about being a vendor, please let me know at 351-3554 or leave a message at Viking Hall. Thanks for your continuing support.

Eunice Bluhm

KEEP THE DATES - 2013

June 16: Fjellheim Family Picnic
June 23: Fjellheim breakfast social, 9am
June 28: Fjellheim Sky Sox Outing

Aug. 24: Fjellheim breakfast social, 9am

September 21: Dist. 6 Board Meeting,
Holiday Inn, 1855 Aeroplaza, 8am-4pm
**Fjellheim 40th Anniversary Dinner
and Dance, 5 pm**
Sept. 28: Fjellheim breakfast social, 9 am

October 26: Fjellheim Viking Fair and
breakfast

Nov. 16: Fjellheim Lutefisk Dinner

December 7: Fjellheim Christmas Tea
December 15: Fjellheim Julebord

Times and Dates Subject to Change

FJELLHEIM MANAGEMENT CORPORATION UPDATE

I just want to give a special thank you to everyone that was able to come to the Spring Cleanup on 11 May. We were able to clean the outside, patched some black-top, filled some cracks in the blacktop with tar, cleaned behind the refrigerators, and the ladies cleaned the kitchen area. The day ended early with a wonderful meal topped off by old fashioned malts.

The Lodge requires lot of loving attention throughout the year and we are lucky that there are members that have the skills and time to spend working on the Lodge.

From all the members of the FMC Board, thanks!

Terry M.



HAPPY ANNIVERSARY

Melanie and I are celebrating our 18th wedding anniversary on 6/15/13. We've been together for 20 years on 10/4/13! Happy Anniversary, honey!

Scott Gilbertsen

CANCELLATION OF ESTES PARK MIDSUMMER FESTIVAL

We regret to inform you of the cancellation of the Estes Park Scandinavian Midsummer Festival this year.

In its place, the Swedish Dance Club of Denver will host a one day event up at Estes, which will take place on Saturday June 22 from 10-4, at Performance Park, 417 W. Elkhorn Ave in Estes Park. There will be a maypole with Scandinavian music and dancing (both performance and participation). The Fjellborg Vikings will be setting up their encampment and doing combat demonstrations for the children. We are expecting Sam to be back with his Viking replica ship the Yrsa. Bring your friends and family and celebrate the Midsummer with them.

Thanks, Cathy Allen

SLOPPY JOES

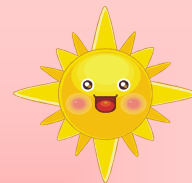
The Sloppy Joes went over well at the 17. mai celebration. I got the credit but this is a recipe by Jean Kressy in the January 2004 issue of Cooking Light:

½ cup chopped onion
½ cup chopped green bell pepper
1 lb ground round
2 cups no-salt added tomato sauce
2 tablespoons tomato paste
1 tablespoon prepared mustard
1 teaspoon chili powder
2 teaspoons Worcestershire sauce
½ teaspoon salt
½ teaspoon sugar
½ teaspoon dried oregano
¼ teaspoon black pepper
12 rolls, split

Heat a large nonstick skillet over medium heat. Add the first 3 ingredients, cook until beef is browned, stirring to crumble. Stir in tomato sauce and other 8 ingredients; reduce heat to medium - low. Cover and cook 15 minutes, stirring occasionally. Serve!

Michael J.

THE SUNNY CORNER



Happy Birthday and Happy Anniversary to everyone who is celebrating these events in June and July. We wish all of you a wonderful day and best wishes for the upcoming year. Happy Father's Day to those we call Pop, Dad, Daddy, Grandpa, etc. Then in July, celebrate this great country by having a joyous 4th of July – picnics, fire-crackers, and fun.

On the last Sunday of June, we are having our dine-out at Juniper Valley Restaurant. We will meet under the trees at Albertson's off Highway 115 at 1:00 and the reservations will be @ 1:30 for dinner.

Sonja Gund broke her right arm after a fall on the ice. She is healing fine but can't play the piano until the cast is off. In the meantime, Cathe Berg-Maines is entertaining us – Thanks Cathe and get well Sonja.

Dean Tollefson has been battling kidney stone for going on a month. He recently went to Denver for treatment and they are now gone. Dean is feeling much better and has finally returned home to recover. We wish you a speedy recovery.

Both **Rodger and Marge Erickson** have burns on the wrists and hands. Marge gave us a lesson on how to put out a grease fire at the May 8th meeting. One does not use water, baking soda, or any combustible products. Simply cover the pan with a cover or another like sized pan and smother that fire. Taking away its oxygen is the only way to douse a grease fire. Thank you for the lesson, Marge, and we hope you both are healing well.

That's all I have for now. Take care and have a safe summer. See you in August.

Thought for the summer: **No one enters the world empty-handed. We are born with riches of custom and culture that we are entrusted to pass on to our children.**

*Karen Ravnaas,
Sunshine Director
390-0621*

REVENUE SHARING

The Revenue Sharing Checks have been given out to the lodges. These amounts are based on a percentage of insurance premiums paid by the lodge members and the number of new members a lodge signs up. For 2012 the total amount shared with the lodges through this program was \$23,558.00.

If you would like to see your lodges get a larger check in the future you can do your part by signing up a new member or two and visit with your Financial Benefits Counselor for a FREE financial review.

Remember, Sons of Norway is a fraternal benefit society, which means we benefit our members, not stock holders, or some other entity. We are YOUR organization; reap the many rewards of membership.

LaRue Hanson, FBC
2523 Shalimar Dr.
Colorado Springs, Colo. 80915-1030
Office # 719-599-8546
Cell # 719-237-7314
Lhanson1@q.com



SWEET BREAD RECIPE

Eleanor McLeod's recipe for Sweet Bread. We have had many requests for it. This is Eleanor's hand writing.

after rising one hour cut dough in half and then each half into three pieces of equal size. Roll pieces into 1/4" ropes. Braid three ropes together - making 2 braided loaves.

Place on greased cookie sheet. Cover with cloth (or towel) and let rise in warm place until doubled in size about 45 minutes.

Brush with beaten egg - sprinkle with sugar.

Bake 350° (preheated oven) 25-30 minutes. Enjoy

HOW TO MAKE THE BASIC SWEET DOUGH:

The rolls and coffee cakes on pages 41 to 49 all start with this basic dough. Made the no-knead way you can have sweet breads ready to eat in just a little over 2 hours. Kneaded doughs take slightly longer and just a little more energy to make. The kneaded breads have just a slightly finer and softer texture. Perhaps they stay soft and fresh longer — but then they may not stay around long enough for you to really know.

Place in this order in small mixing bowl: 2 tbsp. crushed cardamom
1 packet active dry yeast 3 tablespoons butter or margarine, soft or melted* and 1/2 cup hot milk. Beat at speed 3 for 3 minutes.
1/2 cup warm water
3 tablespoons sugar
1 egg Stir in: 1 1/2 to 2 cups Hungarian High Altitude Flour** to make a very stiff dough.
1 1/2 cups Hungarian High Altitude Flour
1 1/2 teaspoons salt

Cover; let rest 15 minutes. This dough is ready to shape and bake as directed for sweet rolls and coffee cakes on the next few pages.

*Butter may be melted or softened in the hot milk.

**Dough may be kneaded 3 to 5 minutes at this time. Let rise one hour before shaping.

(I knead the dough)

THE DREKAR CORNER



Our trailer that will provide mobility for our Viking Ship has been moved to the construction and storage site in the Black Forest. During the coming few weeks we will be meeting, on a date determined later, at the location of the trailer. Discussions will revolve around the type of materials we will use to build the ship, the plans of construction, and a schedule of times that will be convenient for everyone to be able to participate in the building of our Viking Ship. I have been in contact with two other Lodges; one in Montana and one in Michigan that have their own Viking Ship Parade Floats. Any plans, sketches, and ideas that these other Lodges might have will help us make our Ship one of the best.

Before we get together at our next planning meeting, write down any ideas or sketches that you may think about and bring them to our meeting. Everyone's ideas are welcome and needed as we sail into uncharted territory of the many different ways of constructing a ship.

MIDSUMMER IN NORWAY

The seasons are changing and summer is upon us yet again, which means midsummer is right around the corner.

The height of summer, June 24, marks the longest, brightest day of the year in Norway, the Land of the Midnight Sun. Also known as the Summer Solstice, the axial tilt of the earth rotates around the sun and being exposed to the most consistent sunlight. The sun sets and rises in full view for those in the Northern Hemisphere and after long dark winters, this time is a joyous celebration of a much-awaited summer.

This sunny day is celebrated under different names throughout the Northern Hemisphere with festivals, gatherings, and rituals dating back to Pagan times. It is said that John the Baptist was born on June 24, giving special meaning to this day for Christians around the world. When Christian traditions began mixing with Pagan customs, the day evolved from one celebration to another. Many cultures believe in superstitious rituals; for example, getting married on this day ensures good luck and a happy life for the couple.

Norway celebrates Sankthansaften, or St. John's Eve, each June 23, the eve before the longest day of the year. It is also called Jonsok which translates to John's wake, referring to St. John the Baptist's birth. Rituals carry on each year as little girls pick flowers and put them under their pillows at night with hopes of dreaming of their future husband. Many traditions continue to provide amusing stories and activities for children and the various origins of this day will endure, but the celebrations have and will continue to evolve over the years.

In Norway, festivities typically occur on June 23 and largely give thanks to the bright warm sun and the beautiful sweet smelling flowers in full bloom. Family and friends grill sausages and light bonfires bigger than on any other day of the year. Most bonfires are lit along Norway's coast and are assumed to protect Norwegians from evil spirits and trolls lurking in the forests. Rømmegrøt is a favorite meal on this day steeped with melted butter, sugar and cinnamon. Once the bonfires die down and the sun begins to set people understand that the cycle must continue. This means the coming days slowly get shorter and shorter until the days grow completely dark. Norwegians live with these polar opposite seasons every year and, therefore, they take full advantage of every summer and enjoy the extended company of the sun on Sankthansaften.

How do you celebrate the summer solstice? Plan an event with your lodge and enjoy the sunny weather, then tell us about it by emailing membership@sofn.com

DEADLINE FOR EARLY APPLICATIONS TO CAMP TROLL FJELL LANGUAGE AND HERITAGE CAMP EXTENDED TO JUNE 7TH

Sons of Norway District Six offers a wonderful cultural experience for children ages 8 to 13 years during two weeks in the summer. This 14-day camp offers daily activities such as rosemaling, folk dancing, foods of Norway, language lessons and much more! Don't miss this opportunity to send your child or grandchild to learn about his/her heritage!

Camp Dates: July 7 – July 20, 2013

Camp Cost: \$750 per camper (postmarked by JUNE 7, 2013); \$800 per child (postmarked after June 7, 2013)

Criteria: Ages 8 to 13 at time camp begins (*must be a child, grandchild or great-grandchild of a Sons of Norway District Six member in good standing*)

Application: Must be mailed to the registrar by June 7th deadline! If receiving scholarship, note the amount and lodge name and # on form.

Print and complete attached required forms! You may also DOWNLOAD all documents at <http://campnorge.com/>

Return forms to the registrar at address or e-mail below:

Carol Lee Solheim, Camp Registrar
3570 Vista Grande, Shingle Springs, CA 95682
530-677-2006
solheim2636@earthlink.net

NORWEGIAN NAME DAYS

In Norwegian culture, a person's name day is a day of the year that according to an almanac is dedicated to their first name. The tradition of celebrating a name day comes from the early Christian church, evidently to reduce the significance of celebrating birthdays, which was considered a heathen practice. The original name days were taken from a list of Catholic saints and martyrs from the Middle Ages. Even though the religious basis for saints' days fell away after the Reformation, the practice was retained in folk tradition. From about the middle of the 18th century until early in the 1900s these name days were published in almanacs. By 1912 both the names and the traditions surrounding them had died out in Norway.

Name days had little meaning in Norway during the 1900s, while growing in popularity in Sweden. This generated a certain amount of attention in the Norwegian media during the 1980s, and in 1988 a new calendar was published that included name days.

For every date in the year except January 1st, February 29th and December 25th, two names were chosen, based on statistics for names from the period 1900-1982. About 125 of the names from the old name day calendar were reintroduced on the same dates as before. A few names were assigned to dates connected to historical figures with the name. Examples of this are Snorre, which was assigned to September 23rd, the birth date of Icelandic saga scholar Snorre Sturlasson, and Hakon and Maud, which were both assigned to June 21st, the date of the coronation of King Hakon VII and Queen Maud in 1906. Today the tradition is well-known in Norway. You can look up your own name day at http://www.nordicnames.de/wiki/Norwegian_Name_Days

FJELLHEIM - 2013 OFFICERS

Board of Directors

President	Michael Johaneson 303-663-3251 720-971-0130. mjohaneson@gmail.com
Vice-President	Steve Hermanson 520-0303 ubetcha@reagan.com
Counselor	Paul Wiig 596-6159
Secretary	Sara Berge 495-2134
Asst. Secretary	Virginia Nelson 650-7029
Treasurer/Finance Chair	Laurance Moe 260-9490
Membership Secretary	Shirley Stillely - 475-1524

Program Directors

Social Coordinator	Elaine Hellem 471-8552
Cultural Coordinator	Dean Tollefson 473-1110
Hostesses	Dorothy Hanson 599-8546 Ginny Johnson 495-0253
Sunshine	Karen Ravnaas 390-0621
Sports	Kerry Hefta 266-9429
Foundation	Ruth Wiig 596-6159
Cultural Skills	Björg Mapstone 264-0955
Language Teacher	Pat Staubo 359-2570 patvoice@comcast.net
Book Club	Tillie Elvrum 683-5826

Support Officers

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Marshalls	Larue and Dorothy Hanson 599-0647
Editor	Knut Lyby 536-0647 knutlyby@comcast.net
Musician	Sonja Gund 473-9588
Publicity	Eunice Bluhm 495-2029 Riley Coltrin 351-3554
Historian	Virginia Nelson 640-9340
Photographer	LaRue Hanson 599-8546
Librarian	Sonja Gund 473-9588
Viking Sisters	Ginny Johnson 495-0253

Committees/Special Activities

Auditors	Dean Tollefson 473-1110 June Peterson 599-3235 Millie Sullivan 597-0381
Finance Chairman	Laurance Moe 260-9490
Tubfrim	Tania Oldervik 310-3586
Volunteer Hours	Cleo Allgood 598-1982
Field Representative	LaRue Hanson 599-8546
Facebook	Randy Johnson 260-7028

Fjellheim Management Corporation (FMC)

Directors	Terry Mapstone 264-0955 Paul Wiig 596-6159 George Gund 473-9588 Swede Knutson 473-3297 Chuck Sullivan 597-0381 Doug Haug 632-4284 Owen Bergland 576-1396
Trustees	Rodger Erickson 597-2196 Jerry Johnson 495-0253

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lindaault@comcast.net

District 6 President

Lyle Berge 720-470-4961
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ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED

Sons of Norway
Monthly Newsletter
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Please cut stamp for Tubfrim



This newsletter is generously sponsored by the following:

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TUESDAY-FRIDAY 8:00-6:00 SATURDAY 7:00-2:00

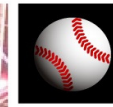


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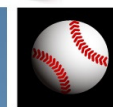
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Project Manager

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Fax (719) 575-9580
Cell (719) 522-3413



Sons of Norway Lodge #6-107 BBQ/Fireworks at the Ballpark



GAME DATE: June 28th 2013

GAME TIME: 7:05 -- Food Service starts @ 6:05

Sky Sox vs. Tuscon Padres

Group Package Includes:

- Full course BBQ Ballpark Buffet: BBQ Pulled Pork, Fried Chicken, Hamburgers, Hotdogs, Baked Beans, Potato Salad, Macaroni Salad, Chips, Cookies & UNLIMITED Soft Drinks
- VIP Coors Picnic Terrace group seating (café-style / table-top)
- FREE Parking
- Access to VIP Terrace Bar & Restrooms
- Ticket/Admission to Sky Sox Game
- Special "Sox the Fox" appearance

Adults: \$25⁰⁰ Member Price \$15⁰⁰ / Children: \$16⁰⁰ Member price \$10⁰⁰
(Children ages 3 -12; 2 & under free)

For more information or to reserve your tickets

Call/ email Drew Trujillo

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