

NORTHWEST HIGH SCHOOL

2710 N. North Road Grand Island, NE 68803-1199 Phone: (308) 385-6394 Fax Number: (308) 385-6393

DAVE GEE INVITATION TRACK & FIELD MEET

TO: Girls and Boys Track Coaches and Activities Directors FR: MATT FRITSCHE, AD, Northwest High School

TEAMS: Adams Central, Aurora, Boone Central, Broken Bow, Central Catholic, Central City, Cozad, Holdrege, Northwest, ONeil

TIMES: APRIL 22nd- Field events will begin at 2:00 pm and running events will begin at 3:30 pm

ENTRY FEE: will be \$75.00 per team or \$150.00 per school. Make checks payable to Northwest High School. Reminder: Fees: \$75 per team or \$150 for boys and girls combined Entries Due: 4/20/21

ENTRIES: Entry will open at 4:00 pm April 10 and close 9:00 am April 22nd- Athletic.net (Dave Gee Invite @Northwest)

Coaches please have all scratches/adds submitted by 9:00 am. April 22nd.

Timing: We will use Jay Staehr, Jessica Gallagher from Aurora.

Live Results: http://liveresults.huskytiming.com/

AWARDS: Plaques will be awarded to the 1st place teams in both the boys' and girls' division.

Six place medals will be awarded for individual events and for the six relay teams.

Scoring will follow the 10-8-6-4-2-1 point system. All events will be scored accordingly. Accutrac will be used.

SHOT AND DISCUS WEIGH-INS: Implement weigh-ins will take place on the backside of the concession stand before competition begins

TEAM CAMPS: Please set up team tents and camping areas outside of competition areas. Along the north or south portions of the facility.

ATHLETIC TRAINER: Northwest Athletic Trainer will be located in the southwest shed by the Pole Vault

RESTROOMS and CONCESSIONS: Will be located on the NW corner of the facility

-Please take care of your own valuables. Teams are asked to dress at home if possible. The varsity boys' and girls' dressing rooms will be available if needed.

BUS PARKING for the invitational will be on the south side of Viking Field. You may use the Jan Street entrance. Jan Street is one block west of the North Road and Capital Avenue intersection.

STARTER/OFFICIAL- Larry Rutar-Dave Olson/ Al Satterly

DAVE GEE INVITATIONAL SCHEDULE OF EVENTS

FIELD EVENTS – 2:00 P.M.

- Boys Pole Vault followed by Girls Pole Vault
- Boys Shot followed by Girls Shot
- Girls Discus followed by Boys Discus
- Boys and Girls Long Jump followed by Boys and Girls Triple Jump
- Girls High Jump followed by Boys High Jump

RUNNING EVENTS – 3:30 P.M. – ALL FINALS

FIRST SESSION

- Girls 3200 Meter Relay
- Boys3200 Meter Relay
- Girls 100 Meter High Hurdles
- Boys 110 Meter High Hurdles
- Girls 100 Meter Dash
- Boys 100 Meter Dash
- Girls 400 Meter Dash
- Boys 400 Meter Dash
- Girls 3200 Meter Run
- Boys 3200 Meter Run

20-30 minute break

SECOND SESSION

- Girls 800 Meter Run
- Boys 800 Meter Run
- Girls 300 Meter Low Hurdles
- Boys 300 Meter Intermediate Hurdles
- Girls 200 Meter Dash
- Boys 200 Meter Dash
- Girls 1600 Meter Run
- Boys 1600 Meter Run
- Girls 400 Meter Relay
- Boys 400 Meter Relay
- Girls 1600 Meter Relay
- Boys 1600 Meter Relay