**We Come Together**

**We come together for a very**

**important reason, to unite as one.**

**Suicide is out there and it is affecting**

**mothers, fathers, daughters, even sons.**

**It's called depression and it's a an**

**illness that sometimes is hidden well.**

**Some suffer in silence, because they are afraid**

**what others will think and who they will tell.**

**And because we know there is help, not**

**only for them but their family and friends.**

**We are joining forces in bringing awareness**

**so the stigma, one day, will come to an end.**

**Amazing things happen when people**

**join forces with the talents they hold dear.**

**All in agreement that raising awareness**

**is making a difference, making it clear.**

**We know this to be true because we have**

**heard from survivors, that can attest to this.**

**And together we can get the word out,**

**get people talking so nobody will miss.**

**That this stigma, that has been handed down**

**from generation to generation, is wrong.**

**There is no shame in seeking help, it's not a**

**sign of weakness, it's a sign of one being strong!**

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