

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p>8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Low Impact Aerobics-RSF 10:15am Breathe, Stretch & Relax-PA 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am H.I.I.T. Cardio Body Blast-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Step Class-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am IGNITE! Cardio H.I.I.T. Party-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg. Balance Training-PA 5pm-8:45pm Water Volleyball (League Play)-RSF 6pm Yoga-PA 7pm Muscle Conditioning-RSF</p>	<p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.)(7/19-8/16)-PA* 2pm-4pm Open Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.)(7/19-8/16)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm-6pm Table Tennis (Open Play)-RSF</p>	<p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Dual Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11am Tai Chi-RSF 12:30pm Everybody Steps-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p>

*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>1pm Solivita Singles Club-MO 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-AR 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>2</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Main Ticket Sales-ST 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 5:30pm Solivita University: <i>Beginners Spanish Class</i>-AR 6:45pm Ladies Poker-MSA 7pm CERT-GTR 7pm-9pm Trivia-MO</p>	<p>3</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 1pm Watercolor Class-AR 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA</p>	<p>4</p> <p>Independence Day Admin & Lifestyles Closed Golf Cart Parking Behind MB and from ST to GR will be blocked All Day. Village Drive, from ST to the Pro Shop, will close from 3pm-10pm to Vehicles. PA Closes at 5pm.</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Scarlet Chapeaux-MSA 10am Beg. Watercolor-AR 10am Yarners-MSB 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 4pm, 5pm & 6pm Greeting Cards-CR 6pm Red, White and Blue Street Party-Village Center 9pm Fireworks Display-Village Center</p>	<p>5</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4pm-8pm Food & Fun Thursdays-MO 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSB 7pm Movie Night: <i>Phantom Thread</i>-ST</p>	<p>6</p> <p>Volunteer Log Sheets Due</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR</p>	<p>7</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG 1pm Disney Cast Members Holiday BBQ-VP</p>
<p>8</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-AR 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>9</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am-1pm Sam's Club-ST Hallway 10am Solivita Artisan Guild-AR 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 5:30pm Solivita University: <i>Beginners Spanish Class</i>-AR 6:45pm Ladies Poker-MSA 7pm La Dolce Vita-RSF2 7pm-9pm Trivia-MO</p>	<p>10</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am R2R Resource Center: <i>Unclutter Your Home</i>-MSA 12:30pm CAP-RSF2 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm BHC-RSF2</p>	<p>11</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Solivita University: <i>Exploring Harlem Renaissance Literature</i>-GTR 10am Beg. Watercolor-AR 10am Wellness Lecture: Knee Pain-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Medical Insurance & VA Benefits at the Spa-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-MO</p>	<p>12</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4pm-8pm Food & Fun Thursdays-MO 4:30pm Solivita Billiards Club-BL 5pm Solivita University: <i>The Workings of the U.S. Government</i>-GTR 6:30pm Pinochle-MSB 7pm Movie Night: <i>I Can Only Imagine</i>-ST</p>	<p>13</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 6:30pm Storytellers Dinner with DJ Penny-MO</p>	<p>14</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSB 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>15</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Big Money Bingo-ST 6pm Cribbage Club-GTR</p>	<p>16</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am-1pm BJ's-ST Hallway 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 5:30pm Solivita University: <i>Beginners Spanish Class</i>-AR 6:30pm AHCC Members Only Game Night-MSB 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-MO</p>	<p>17</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 6:30pm Solivita Sorcerers-MSB</p>	<p>18</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Solivita University: <i>Exploring Harlem Renaissance Literature</i>-GTR 10am Beg. Watercolor-AR 10am Wellness Lecture: Prostate Cancer-RSF2 10am Yarners-MSB 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 2pm Wellness Lecture: Put Your Best Face Forward-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-MO</p>	<p>19</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4pm-8pm Food & Fun Thursdays-MO 4:30pm Solivita Billiards Club-BL 5pm Solivita University: <i>The Workings of the U.S. Government</i>-GTR 6:30pm Pinochle-MSB 7pm Movie Night: <i>The Death of Stalin</i>-ST</p>	<p>20</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 6pm-8:30pm Name That Tune Bingo-PA Pool Deck</p>	<p>21</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG 1:15pm Disney Cast Members Lunch-Epcot's Coral Reef Restaurant</p>
<p>22</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>23</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 2pm Wellness Lecture: YL Oily Palooza-PA 4pm-7:30pm Curbside Cuisine-FP 4:30pm Solivita Billiards-BL 5:30pm Solivita University: <i>Beginners Spanish Class</i>-AR 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-MO</p>	<p>24</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm Solivita Older Bikers Meeting-MSB</p>	<p>25</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Solivita University: <i>Exploring Harlem Renaissance Literature</i>-GTR 10am Beg. Watercolor-AR 10am Wellness Lecture: Senior Wealth Management-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Summer Safety-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-MO</p>	<p>26</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 2pm AHCC Page Turners-RSF2 4pm-8pm Food & Fun Thursdays-MO 4:30pm Solivita Billiards Club-BL 5pm Solivita University: <i>The Workings of the U.S. Government</i>-GTR 6:30pm Pinochle-MSB 7pm Movie Night: <i>Beirut</i>-ST</p>	<p>27</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Newsletter Assembly-ST 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 7pm Friday Night Glow Party Dance-ST</p>	<p>28</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSB 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>29</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>30</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 5:30pm Solivita University: <i>Beginners Spanish Class</i>-AR 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-MO</p>	<p>31</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA</p>	<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p>Room Legend Cont.</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>	