



PRESS RELEASE

FOR IMMEDIATE RELEASE

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CATHOLIC CHARITIES SENIOR DINING PROVIDES CURBSIDE FROZEN MEAL DISTRIBUTION ACROSS CENTRAL MINNESOTA IN SEPTEMBER

St. Cloud, MN (August 27, 2021) – Catholic Charities Senior Dining has organized frozen meal distribution pop-up locations for the month of September across Central Minnesota, with meals for seniors age 60 and over available at 20 locations, including Askov, Big Lake, Brainerd, Browerville, Deerwood, Foley, Hinckley, Little Falls, Milaca, Mora, Ogilvie, Pierz, Pillager, Rush City, Sandstone, Sartell, St. Cloud, Staples, Wadena and Willow River.

- **Brainerd:** Thursday, September 2, 11 am to 12:00 pm – Brainerd Lakes Salvation Army, 208 S 5th St, Brainerd, MN 56401
- **Ogilvie:** Tuesday, September 7, 11 am to 12 pm – Ogilvie Museum, 102 N Hill Ave, Ogilvie, MN 56358
- **Mora:** Tuesday, September 7, 12 to 1 pm – First Presbyterian Church, 551 S Wood St, Mora, MN 55051
- **Willow River:** Thursday, September 9, 10:30 am to 11:30 am – St. Mary's Catholic Church, 8115 Lake St, Willow River, MN 55795
- **Wadena:** Thursday, September 9, 1 to 2 pm – Immanuel Lutheran Church, 403 2nd St SE, Wadena, MN 56482
- **Milaca:** Thursday, September 9, 2 to 3:30 pm – Alliance Church, 12543 MN-23, Milaca, MN 56353
- **Little Falls:** Friday, September 10, 10 to 11 am – Franciscan Sisters of Little Falls, 116 8th Ave. SE, Little Falls, MN 56345
- **Hinckley:** Friday, September 10, 10 to 11:30 am – Hinckley Community Center, 102 Dunn Ave N, Hinckley, MN 55037
- **Foley:** Monday, September 13, 11 am to 1 pm – Foley Area CARE, 321 6th Ave, Foley, MN 56329
- **St. Cloud:** Tuesday, September 14 and September 28, 1 to 3 pm – Catholic Charities Emergency Services, 157 Roosevelt Rd, St. Cloud, MN 56301
- **Pillager:** Thursday, September 16, 12 to 2 pm (frozen meal distribution); 12 to 4 pm (NAPS distribution) – Pillager Area Family Center, 305 Fir Ave, Pillager, MN 56473. Through the Nutrition Assistance Program for Seniors (NAPS), Minnesota's Commodity Supplemental Food Program (CSFP), Second Harvest Heartland will provide a box of nutritious food to low-income seniors 60

years old and over. Program participants are given a box of highly nutritious food that may include canned fruits, vegetables and juices, milk, cheese, canned meat, peanut butter or dried beans, cereal, rice or pasta.

- **Sandstone:** Thursday, September 16, 1 to 2:30 pm – Pine Habilitation and Supported Employment, Inc. (PHASE), 106 Main St, Sandstone, MN 55072
- **Staples:** Thursday, September 16, 2 to 4 pm – Lakewood Health System (Main Campus parking lot near Farmer’s Market), 49725 Co Rd 83, Staples, MN 56479
- **Deerwood:** Monday, September 20, 11 am to 12:30 pm – Deerwood Auditorium (parking lot), 23770 Forest Rd, Deerwood, MN 56444
- **Askov:** Tuesday, September 21, 1 to 2:30 pm – Askov Community Center, 6369 Kobmagergade, Askov, MN 55704
- **Browerville:** Wednesday, September 22, 10 to 11:30 am – Browerville Area Food Shelf, 704 N Main St, Browerville, MN 56438
- **Rush City:** Thursday, September 23, 10 to 11:30 am – Sacred Heart Catholic Church, 425 S Frandsen Ave, Rush City, MN 55069
- **Pierz:** Friday, September 24, 10 am to 12 pm – Fellowship Bible Church, 12876 MN-25, Pierz, MN 56364
- **Sartell:** Monday, September 27, 8 to 10:30 am – Celebration Lutheran Church, 1500 Pine Cone Rd N, Sartell, MN 56377
- **Big Lake:** Monday, September 27, 10 am to 11:30 am – Old National Bank (parking lot), 19943 County Rd 43, Big Lake, MN 55309

These healthy and nutritious frozen meals meet one-third of the recommended daily allowance for seniors, and are packaged in oven-safe containers that are easy to heat and eat in both conventional and microwave ovens. Meals are available in quantities of 10 and up to 30 per calendar month. Participants must be 60 years of age and older to be eligible, and all clients must complete an annual registration form. There is no cost to participate; however, donations will be accepted.

Visit ccstcloud.org/events for the most up-to-date information. The project is partially funded under a contract with the Central Minnesota Council on Aging as part of the Older Americans Act.

Volunteer with Catholic Charities Senior Dining

Catholic Charities Senior Dining is in need of volunteers at congregate dining rooms, frozen meal distribution pop-up sites and delivering Meals on Wheels. Contact Annie Henriksen, volunteer coordinator, at 320-229-4590 or volunteer@ccstcloud.org. Learn more about Catholic Charities Volunteer program at ccstcloud.org/volunteer.

About Catholic Charities Senior Dining

Catholic Charities Senior Dining, a program of Catholic Charities of the Diocese of St. Cloud, has been providing low-cost meal options for seniors 60 and older in Central Minnesota for more than 55 years. The program’s nine-county region includes Benton, Chisago, Isanti, Kanabec, Mille Lacs, Pine, Sherburne, Stearns and Wright counties, and the program has expanded to five additional counties, including Aitkin, Cass, Morrison, Todd and Wadena.

About Catholic Charities of the Diocese of St. Cloud

The mission of Catholic Charities is to serve and enhance human dignity for people of all faiths and beliefs. Learn more at ccstcloud.org. Catholic Charities is an equal opportunity employer.