This Newsletter is published by:
Morrow County Services for
Older Citizens, Inc.
dba *Seniors On <u>Center</u>*41 West Center Street
Mt. Gilead, OH 43338

NON-PROFIT STD.

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MT. GILEAD, OH 43338

PERMIT #14

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MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419-946-4191 * 419-946-1037 facsimile

Website: www.SeniorsOnCenter.org

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

MORROW COUNTY SENIOR MOMENTS



OCTOBER 2015

UPCOMING EVENTS

13th – Toledo Zoo Trip – Senior Discovery Days – Free entrance, free coffee & minimuffin, 20% discount on merchandise at the trading post and Bingo in the lodge. \$15.00 members and \$20.00 non-members.

15th – Mystery Dinner Theater – Come and have a fun time of discovering who-dun-it plus a great Italian dinner.



22nd – Amish Trip – always one of the favorite trips our seniors take each year.



29th – We will be having an expo here at the Center. Plans are being completed for everyone to have a great time.

EXPO

30th Halloween Masquerade Hoedown. Come in costume for a night of Square dancing and fun. Roger Cole will be calling.



Scioto Downs Casino Columbus, Ohio





September Casino trips are scheduled for October 8th and 22th. Please see Shirley in the front office to make your reservations and payments.

Are you comfortable using a computer? Have you ever prepared your own tax return? Are you willing to learn new things? Then we need you!

AARP Volunteer Tax Aides need your help. We're looking for individuals from your area to help our small tax group remain functional in Mt. Gilead. We've been operating with a skeleton crew of volunteers; one of our most dedicated members has fallen gravely ill which will leave us unable to continue operating our tax site at the Mt. Gilead Senior Center on Thursdays throughout the tax season unless some able bodied persons come forward to volunteer to assist us.

One needs basic computer knowledge, very basic tax knowledge and a desire to help others in a structured environment. We are just ordinary people; no rocket scientists, just caring people assisting others through the AARP Foundation Tax-Aide Program. Training is provided in all aspects to carry out the duties of tax preparation. For more information please call Linda at 419-468-7196 or go to www.aarp.org/taxvolunteer to sign up as a volunteer.



Local Trick or Treat Schedule

TRICK OR TREAT	
Mount Gilead – Sat. Oct. 31	5 – 6 PM
Cardington – Sat. Oct. 31	5 – 6:30 PM
Chesterville – Sat. Oct. 31	5 – 6 PM
Marengo – Sat. Oct. 31	4 – 6 PM
Fulton – Sat. Oct. 31	5 – 6:30 PM
Edison – Sat. Oct. 31	5 – 6 PM
Sparta – Sat. Oct. 31	4 – 6 PM
Johnsville – Thurs., Oct. 29	5 – 6:30 PM



PUMPKINS

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CANDLES	ORANGE
CARVE	PATCH
COOK	PIE
COOKIES	PULP
CREASES	SEEDS
DECORATE	SHELL
DELICIOUS	SOIL
GIANT	STEM
GOURD	THANKSGIVING
GREEN	THICK
GROW	VEGETABLE
HALLOWEEN	YELLOW
HARVEST	
LANTERN	

Pumpkin Cream Cheese Dump Cake

Ingredients: 8 oz. cream cheese 3/4 C. powdered sugar tsp. milk 1 can (29 oz.) pumpkin puree 1 can (12 oz.) evaporated milk 3 eggs 1 1/4 C. sugar 1 tsp. salt 1 Tbsp. pumpkin pie spice 1 yellow cake mix (dry) 1/2 C. butter, melted 1 Tbsp. cinnamon sugar mixture, optional, whipped cream

Directions

- 1. Preheat oven to 350 degrees and grease a 9 X 14 pan.
- 2. Using a mixer (a KitchenAid or hand held) combine cream cheese, powdered sugar and milk until smooth. Set aside.
- 3. In a large bowl, combine pumpkin puree, evaporated milk, eggs, sugar, salt, and pumpkin pie spice. Pour into prepared pan.
- 4. Put cream cheese filling into a small Zip Lock bag, and snip off the tip the make a mini piping bag. Then pipe over the pumpkin filling
- 5. Pour the dry cake mix over the cream cheese layer then poke holes using the end of a wooden spoon or a table knife through the cake mix until you hit the filling (not to the bottom of the pan).
- 6. Pour melted butter over the dry cake mix.
- 7. Sprinkle cinnamon sugar over the entire cake for extra flavor and crunch.
- 8. Bake for 40-50 minutes or until the top is browned and an instead knife comes out clean.
- 9. Let cool and serve with whipped cream! (Store in fridge)

For the dry topping problem: After you sprinkle on the cake mix you have to poke the cake with the back of a wooden spoon, you need to do this a lot! I probably poked about 50 holes! It helps to bring some of the moisture from the cake and push down some of the dry cake mix. So don't just poke your cake 6 times and call it good. Some recipes also call for pouring 3/4 of a cup of melted butter on top, so that also will help keep the top from having a few dry spots.

ACTUAL NEWSPAPER HEADLINES

"Man Kills Self Before Shooting Wife and Daughter" "S	Something Went Wrong in Jet Crash, Expert Says"
"Police Begin Campaign to Run Down Jaywalkers"	"Miners Refuse to Work after Death"
"Juvenile Court to Try Shooting Defendant"	"War Dims Hope for Peace"
"If Strike Isn't Settled Quickly, It May Last Awhile"	"Cold Wave Linked to Temperatures"
"Enfield (London) Couple Slain; Police Suspect Hom	nicide" "Red Tape Holds Up New Bridges"
"Man Struck By Lightning: Faces Battery Charge" "	New Study of Obesity Looks for Larger Test Group"
"Astronaut Takes Blame for Gas in Spacecraft"	"Kids Make Nutritious Snacks"
"Local High School Dropouts Cut in Half"	"Hospitals are Sued by 7 Foot Doctors"
And the winner	
"Typhoon Rips Through Ceme	etery; Hundreds Dead"

MORROW CO. SENIOR CLUBS

Cardington Seniors

Friday, October 23rd @ 12 Noon need reservation-\$3.00 suggested donation Seniors On Center 41 W. Center St., Mt. Gilead Shirley Robinson 419-864-4077

Chesterville Seniors

Tuesday, October 20th @12PM Selover Library, Chesterville 31 State Route 95 Susie Lyle 419-768-3431

Marengo/Fulton Seniors

Monday, October 5th 9AM Breakfast on your own Farmstead Restaurant 618 State Route 61, Marengo

Monday, October 19th @ 12PM Carry-In Lunch American Legion Post 710 1549 W. C R 26, Marengo Joyce Taylor 419-253-0727

Sparta Good Time Seniors

Tuesday, October 20th @ 12:30 PM Highland Pizza—your own cost 6530 State Route 229, Sparta Dick Sears 419-768-2050

Mt. Gilead Seniors Club

Tuesday, October 20th @ 12 Noon At Seniors on Center. Reservations needed. Bring dessert. Marilyn Sipes 419-468-3500

MORROW CO. SENIOR CLUBS

Morrow County Retired Teachers

April, June, October & December October 5th @ 11:30 AM Lunch provided by Trinity UMC for \$10.00

75 E. High St, Mt. Gilead Ann Campbell 419-946-7666



Join us on Tuesday, October 13th at noon to celebrate our October birthdays! Wishing the following a

Very Happy Birthday:

Jean Laroche
Frances Turner
Donald Myers
Ethel Styer
Ilena Sturgeon
Joseph Jones
Judi Myers
Janet Poppell
Frederica Turner
Betty Cook
Bill Reed
Harold Baughman

Deb Ruth
Pauline Collins
Betty Ritchey
Pat Schimmoeller
Karen Varner
David Barler
Sharon Jubelt
Bethel Payne
Deborah Shiflet
Neil Rogers
Mary Hamilton
Debra Boyd

MONDAY NIGHT MUSIC

\$1 FOR MEMBERS * \$2 NON-MEMBERS

Monday, October 5th

Meal5-6PMMusic by Country Travelers6-8PM

Monday, October 12th

Closed

Monday, October 19th

Meal5-6PMOpen Mic6-8PM

Monday, October 26th

Meal5-6PMMusic by Country Travelers6-8PM

You must make reservations for the meals!

** Band donations accepted **

SILVER SNEAKERS

Each Monday, Wednesday, and Friday from 8:30 to 10:00 a.m. the Silver Sneaker Exercise Program is being held in our big room. If you are interested in joining them, come in and talk to Jo Anne Trainer on one of those times.



EUCHRE AND BINGO

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 11:30. We would love to see new faces.

The first, second & fourth Tuesday of each month we are having Bingo from 1-3 PM

Beltone at the Senior Center October 20th 10am - Noon

No appointment necessary

Angela Schneider, Hearing Care Practitioner

OCTOBER PLANS

Medicare Open Enrollment October 15 – December 7

Marc Follin will be at the Senior Center from 1 to 4 p.m. every Thursday beginning October 15th thru December 7th. There are two exceptions to that: The week of Oct. 25th and Nov. 22, she will be here on Tuesday Oct. 27th and Tuesday Nov. 24th due to our expo on Oct. 29th and Thanksgiving, Nov. 26th.

"PASTA, PASSION, AND PISTOLS"

Thursday, October 15th, we are presenting "Pasta, Passion, and Pistols Mystery Dinner Theater. Make your reservations now to our Little Italy Italian Restaurant for a great lasagna dinner along with a mystery. Members \$8.00 and non-members \$12.00. Dinner begins at 5:15 pm.



Sunday, November 1st

GROCERIES FOR SENIORS

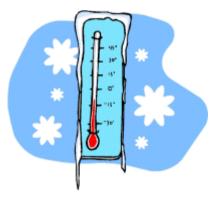
You are eligible for a monthly box of groceries if you:

- Are age 60 or older
- Live in Morro County
- Meet income guidelines

For details contact: Morrow County Seniors on Center Shirley Furr at 419-946-4191



Ohio Development Services Agency



Do you need help this winter with your heating bills?

HEAP is an assistance program that provides a one-time benefit annually to your primary heating source account. For example, if you heat your home with a gas furnace, a credit will be provided to you gas bill.

Household eligibility is based in part on income. If eligible, the benefit amount will depend on federal funding levels, how many people live with you, total household income and the primary fuel used. In most cases, benefits are applied directly to the energy bill by the utility company.

2015-2016 Income Guidelines

Size of Household Total Annual Household Income

- 1 20,597.50
- 2 27,877.50
- 3 35,157.50
- 4 42,437.50
- 5 49,717.50
- 6 56,997.50 7 64,277.50
- 71,557.50

If you need assistance and think you qualify, call 1-800-282-8600 or 614-644-6600 to fill out your application.

2015 TRIPS

We are taking a trip to the Toledo Zoo and Aquarium on October 13. They are having Senior Discovery Day and as a senior, you will get into the zoo for free, have a small coffee & mini-muffin at Timberline Bakery, 20% discount on merchandise in North Star Trading Post and play Bingo in the game lodge from 10:30 to noon. The only cost to you will be transportation of \$15.00 for members and \$20.00 for non-members and your lunch. Deadline to sign-up and pay is October 8th.

The favorite trip for our seniors is to Amish County. The date for that trip is October 22nd. Meet at Kroger at 8:30 am and making stops at the Victorian House, Lehman's Hardware, Heini's Cheese house and of course for ice cream. Lunch will be on your own. Please make your reservation and your payment of \$10.00 for members and \$15.00 for non-members by October 16.

Christmas will be here before we know it. We are planning a shopping trip for November 12th to Lodi Outlet Mall. Lunch is on your own while shopping and the cost for transportation will be \$10.00 for members and \$15.00 for non-members. Please make your reservation and payment by November 6th.

Our senior Christmas luncheon this year will be at Ryan's in Marion at 1:00PM on December 4th. They will be going shopping in Marion after lunch. Call the Center and let us know if you would like to be a part of this tradition this year.

December 17th we are going to see the Christmas lights in Upper Sandusky. We will be meeting here for a meal first and then leaving from the Center. Call for more information.

OCTOBER, NOVEMBER AND DECEMBER ACTIVITIES

OCTOBER 15, Mystery Dinner Theater – Pasta, Passion, and Pistols.

OCTOBER 29, Senior Center Expo. – 10:00 AM to 2:00 PM – lunch available

OCTOBER 30, Masquerade HoeDown - 6:00 PM to 8:00 PM

NOVEMBER 5 & 6, Rummage Sale – 9:00 AM to 3:00 PM on the 5th and 9:00 AM to noon on the 6th. Donations accepted (no large items or shoes please)

NOVEMBER 23, White Elephant Sale – 9:00 AM to 8:00 PM

NOVEMBER 30, DECEMBER 7 & DECEMBER 14, Candy and dessert sale. If you would like to donate items to be sold, they would be welcome.

DECEMBER 15, Christmas party for those that come to lunch at the Center.

DECEMBER 22, Volunteers Christmas luncheon at 12:30 PM.



OCTOBER ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Ful	n for Senio	1 11:45 AM Lunch 11:30 AM Euchre	2 8 AM-4:30 PM Inside walking 11:45 AM Lunch 12:30PM Bible Study		
5 11:45 AM Lunch 5PM Meal 6-8PM Music	6 11:45 AM Lunch 1:00-3:00PM Bingo	7 11:45 AM Lunch 11:30 AM Euchre	8 11:45 AM Lunch 11:30 AM Euchre	9 8 AM-4:30 PM Inside walking 11:45 AM Lunch 12:30PM Bible Study	
CLOSED FOR COLUMBUS DAY	13 8:00 AM – Toledo Zoo 10AM-12Noon Beltone 11:45 AM Lunch 1:00-3:00PM Bingo	14 11:45 AM Lunch 11:30 AM Euchre	15 11:45 AM Lunch 11:30 AM Euchre 5:00 PM Mystery Dinner Theater	16 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study	
19 11:45 AM Lunch 5PM Meal 6-8PM Music	20 11:45 AM Lunch 12PM Chesterville Carry-in 12 Noon Mt. Gilead Sr Lunch 12:30 Sparta Lunch	21 11:45 AM Lunch 11:30 AM Euchre	22 8:30 AM Amish Trip 11:45 AM Lunch 11:30 AM Euchre	23 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12 Noon Cardington Lunch	
26 11:45 AM Lunch Noon-4PM Commodities 5PM Meal 6-8PM Music	27 9AM-Noon Commodities 1:00-3:00PM Bingo	28 11:45 AM Lunch 11:30 AM Euchre	29 10:00-2:00 EXPO 11:45 AM Lunch 11:30 AM Euchre	30 8 AM – 4:30 PM Inside Walking 11:45 AM Lunch 12:30 PM Bible Study 6:00-8:00 PM Masquerade Hoedown	

OCTOBER MENU

SUGGESTED \$3.00 DONATION
ONE DAY ADVANCE RESERVATIONS REQUIRED *

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	U IS SUB		1 Chicken Breast Green Beans Peaches Pineapple Juice	2 Roasted Turkey Baked Potato Broccoli Apple Juice
5 Hamburger with Lettuce & Tomato Potato Salad Pineapple	6 Cabbage Roll Cheese Cubes Parsley Potatoes Orange Juice	7 Sloppy Sandwich Hot Apple Slices Carrots Cranberry Juice	8 Chicken Salad Sandwich House Salad Mandarin Oranges Apricot Juice	9 Shredded Chicken Sandwich Ranch Fries Banana Apple Juice
CLOSED FOR COLUMBUS DAY	13 Salisbury Steak Mashed Potatoes Succotash Apple Juice	14 Spaghetti Green Beans Peaches Cranberry Juice	15 Chicken Breast Mashed Potatoes Carrots Grape Juice	16 Pulled Pork Sandwich Corn Tropical Fruit Fresh Orange
19 Pot Roast Red Skin Potatoes Carrots Pears	20 Chicken Patty Sweet Potatoes Green Beans Mandarin Oranges	21 Chicken Noodle Casserole Peas Applesauce Cranberry Juice	22 Pork Chop Parsley Potatoes Mixed Vegetables Tropical Fruit	23 Ham Mashed Potatoes Broccoli Peaches
26 Meatloaf Mashed Potatoes Brussel Sprouts Pears	27 Pork Chop Sweet Potatoes Malibu Blend Applesauce	28 Beef & Noodles Peas & Carrots Mixed Fruit Orange Juice	29 Chicken Breast Green Beans Peaches Pineapple Juice	30 Roasted Turkey Baked Potato Broccoli Apple Juice