



# Est 2003

## Welcome to Woodys family licenced restaurant.

Established in 2003 we have built up a reputation  
for serving good quality dishes,  
Using North Atlantic sustainable COD  
& locally sourced produce.

Our waiting staff will come and take your ORDER  
and deliver your MEAL to you at your Table .  
After finishing your meal please take note of the table number and  
PAY at the COUNTER

[www.woodysbarnstaple.com](http://www.woodysbarnstaple.com)

WE DO NOT ACCEPT PAYMENTS BY CHEQUE

All prices include vat

All weights are approximate precooked weights

Meals and prices are subject to availability  
and are subject to change without prior notice

WE HOPE YOU WILL ENJOY YOUR MEAL AND YOUR TIME WITH US.  
SHOULD THERE BE ANYTHING THAT IS NOT  
TO YOUR COMPLETE SATISFACTION PLEASE TELL US,  
SO WE MAY AIM TO RECTIFY IT

WOODYS

Woods catering Ltd

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BARNSTAPLE

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**worldpay**



# FISH

## BATTERED OR GRILLED

All served with homemade chips and salad garnish.

Small Cod (4-5+oz)	£6.95
Medium Cod (6-7+oz)	£7.50
Large Cod (8oz+)	£8.25
Plaice (7oz+)	£7.95
Large Haddock (8oz+)	£8.25
<b>Woodys special</b>	
Medium Cod, Chips, Side & Soft Drink choice of side: (Garden peas, Mushy peas, curry sauce)	£9.50
Skate	£8.25
Rock	£8.25
Whitby Scampi (Breaded whole tail)	£8.25
Our traditional Fish cakes (2)	£5.65
Roe (2)	£5.65

Please note we take care to remove the fish bones whenever possible, however some bones may remain, Rock and Skate will contain Bones (Cartilage)

# BURGERS

All Served in a 5" premium floured bap, with salad and your choice of Ketchup, Mayo, BBQ or Relish and homemade chips

1/4lb Beef burger	£6.75
1/4lb Cheese burger	£7.25
1/4lb Bacon cheese burger	£8.00

## Woodys Special

Any 1/4lb Beef or Chicken fillet with Chips & a cold soft drink £8.95

The Cod Burger (Battered Cod fillet)	£6.75
1/2lb Double cheese burger	£9.00
Chicken fillet burger	£6.95
Hot & Spicy chicken fillet burger	£6.95
Vege burger (V)	£6.75

## Compliment your burger

Extra Beef patty	£1.25
Extra Chicken fillet	£1.50
Add 3 Onion Rings	£0.50
Add Extra Cheese	£0.50
Add Extra Bacon	£0.75
Add Extra homemade Coleslaw	£0.50

# LIGHT BITES

All served with a hot or cold soft drink.

## *Our best selling Traditional battered*

Cod & chips	£6.95
Grilled Cod & chips	£6.95
Ham, egg & chips	£6.95
Whitby Scampi & chips	£6.95
Prawn Cocktail (On a bed of lettuce + bread & Butter)	£6.95
Homemade Cottage Pie (Topped with mash & fresh vegetables)	£7.25
Homemade Fisherman's pie (Topped with mash & fresh vegetables)	£7.25
Homemade chicken curry (with Homemade chips or rice)	£7.25

## Sandwiches/Wraps

Sandwich's can be Toasted

All served with a garnish and small chips	
Cheese	£5.95
Ham	£6.45
Ham & Cheese	£6.95
Bacon	£6.45
Sausage	£6.45
BLT	£6.95
Chicken Mayo	£6.95
Tuna	£6.75
Prawns	£6.95

# JACKET POTATOES

Topped with 1 of the following and served with side salad

Butter	£5.50
Cheese	£6.95
Beans	£6.95
Homemade coleslaw	£6.95
Tuna	£7.75
Prawns	£7.75
Extra Cheese, Beans or Coleslaw	£1.30

# FAVOURITES

All served with Homemade chips

All day bumper breakfast (2 Bacon, 2 sausages, 2 eggs, beans, fried bread)	£7.50
All day traditional breakfast (1 Bacon, 1 sausage, 1 egg, beans, fried bread)	£6.25
All day vege breakfast (2 vege sausages, 2 eggs, beans, tomato, fried bread)	£6.25
Ham & 2 eggs	£6.95
Sausages (2) Plain or Battered	£5.25
Jumbo sausage Plain or Battered	£5.25
Sausages (2) & (1) egg,	£5.95
Pukka Pies	£5.75
Steak and kidney or Chicken & mushroom	
Proper Cornish pasties	£5.95
Cheese & onion OR Steak	
Chicken fillet bites	£6.75
Half chicken	£7.95
Quorn Dippers (V)	£6.45
Vege (2) sausages (V)	£5.25
Cheese & onion cake (2) (V)	£5.25
Cheese and Vege bake (2) (V)	£5.95
Plate of Chips and Cheese (V)	£3.95

## SELECT FAVOURITES

ALL SERVED WITH YOUR CHOICE OF POTATOES AND PEAS

Steak & Ale Suet Puddings	£7.95
Chicken & Leek Suet Puddings	£7.95
Lamb & Mint Suet Puddings	£7.95
Smoked haddock & mozzarella fish cakes	£7.25
Cod & Asparagus fish cakes	£7.25
Gammon (8oz) with 2 eggs	£9.95
BBQ chicken	£9.95
Butterfly chicken breast topped with BBQ sauce, bacon and melted mature cheddar	

## SALAD

Generous Salad, homemade coleslaw, pickled onion

Cheese	£6.75
Ham	£6.95
Tuna mayo	£7.50
Prawns in Rosemarie sauce	£7.75
Deep fried half chicken	£7.95

# HOMEMADE FAVOURITES

Cottage pie	£7.95
Mince beef with peas and carrots in gravy	
Fisherman's pie	£8.25
Cod, Smoked haddock, salmon, cold water prawns, peas and sweetcorn in homemade cheese sauce	
Both topped with mash potatoes & Served with fresh vegetables	
Chicken curry	£8.95
Chilli con carne	£8.50
Both served with homemade chips or rice	

## SIDE ORDERS

Homemade chips	£2.75
Scallop Potato	£0.45
Mushy Peas	£1.30
Garden Peas	£1.30
Baked Beans	£1.30
Curry Sauce	£1.30
Sweet corn	£1.30
Homemade Coleslaw	£1.50
Gravy	£1.50
Bread & Butter (2)	£0.80
Small mushy peas	£0.75
Small Garden peas	£0.75
Small Curry Sauce	£0.75
Bread & butter (1)	£0.45
Pickled Egg, Onion, Gherkin	£0.65
Breaded Garlic Mushrooms	£2.50
Onion rings	£1.75
Fresh Vegetables	£2.95
Side Salad	£2.25
Rice	£2.25

## SPECIALS

Check our special board

# CHILDREN'S MENU

(suitable for children 12 years & under)

All children meals are served with homemade chips,  
2 potato smiles, beans, a soft drink & ice cream

Mini Cod  
Sausage Plain/Battered  
Cheese Burger  
Chicken Fillet Bites  
Fish Fingers

You may Change beans for one of the Following:  
Garden peas, Cheese, Mushy peas, Curry sauce, Side salad, Sweetcorn, Carrots,

## Drinks

Flavoured Milks (Chocolate, Strawberry or banana), Ribena, Glass of apple or orange juice  
Robinson fruit shoot (Blackcurrant or Orange), Bottle of Still or sparkling Mineral Water, Glass of milk  
&  
Ice Cream scoop of Chocolate, Strawberry or Vanilla with a wafer & spray cream

# All @ £5.25

## HOT DRINKS

### Fresh ground coffee

Americano	£1.85
Americano with milk	£2.05
Double Espresso	£2.05
Latte	£2.55
Cappuccino	£2.55
(Decaffeinated coffee available)	
Tea Per Pot	£1.65
Earl Grey	£1.65
Camomile	£1.65
Green tea	£1.65
Decaffeinated tea	£1.65
Hot Chocolate	£2.25
with Cream	£2.55

## ALCOHOLIC DRINKS

(Only served with a substantial meal to those over 18 years of age)

Bottle of Beer (Lager)	£2.50
Bottle of Beer (Real ale)	£3.25
Cider (apple or fruit)	£2.50
Glass of Wine 125ml	£2.50
(Red or White)	
Bottles of house wine 750ml	£10.95
(Red, White or Rose)	

## SOFT DRINKS

CANS (330ML)	£1.45
<small>(Coke, Diet Coke, Cherry Coke, Coke Zero, Dr Pepper, Sprite, Lilt, Rio, Vimto Fanta Orange, lemon, fruit twist)</small>	
Blackcurrant Ribena	£1.25
Yazoo Flavoured Milk	£1.25
<small>(Chocolate or Strawberry, Banana)</small>	
Fruit Shoot	£1.25
<small>(Blackcurrant or Orange)</small>	
Bottle of Mineral Water (500ML)	£1.25
<small>(Still or sparkling)</small>	
Glass of Apple or Orange juice	£1.10
Glass of milk	£0.95

## DESSERT

All Hot desserts  
served with Ice cream, Custard or cream

Jam sponge	£3.75
Sticky toffee sponge	£3.75
Syrup sponge	£3.75
Spotted Dick	£3.75
Chocolate Sponge	£3.75
Homemade crumble	£3.75
Chocolate brownie	£3.75
Belgian Waffle	£3.75
Ice Cream Sundaes	£3.25
Chocolate, Strawberry, or Toffee	
<small>(Topped with Spray cream and a chocolate flake)</small>	

## SMALLER DESSERT

Ice Cream	£2.25
Vanilla, Chocolate or Strawberry	
<small>(3 scoops of ice cream with spray cream)</small>	
Homemade Crumble	£2.50
Jelly & ice cream (2 scoops)	£2.50