**Community Resource Guide**

*This list is arranged alphabetically. Service providers change often, so please call any group to be the sure that the programs listed are still in place.*

**The Arc of Greensboro**

*Contact Information:*

Address: 14-B Oak Branch Drive, Greensboro, NC 27407 Phone: (336) 373-1076 Email: info@arcg.org Website: www.arcg.org

*About the Program:*

The Arc of Greensboro is a United Way partner agency. It is an organization of and for people with Intellectual and Developmental Disabilities and their families, promoting and protecting their human rights and actively supporting their full inclusion and participation in the community throughout their lifetimes. The Arc is dedicated to providing advocacy and programs for individuals with special needs through a variety of unique events, sports, arts, classes, and employment opportunities.

*Programs Provided by the Arc of Greensboro:*

**Challenger Sports League:** For ages 5-22. Baseball is provided on Saturday mornings during the spring with a kick off to the season at the Greensboro Grasshopper’s NewBridge Bank Park. Adaptive basketball and bowling are provided during the winter. For more information about the Challenger Sports League, please contact Jamie Rauschkolb at 336-373-1076 x 161 or jrauschkolb@arcg.org.

**Vocational Guidance and Employment Support:** Since 1990, the Arc of Greensboro has offered vocational guidance and supported employment for the region’s working-age adults with intellectual disabilities. North Carolina’s Division of Vocational Rehabilitation and the Sandhills Center contract with the Arc to assist disabled adults in securing and maintaining competitive jobs that pay at least minimum wage. Some employment programs the Arc uses are CAP Supported Employment, Supported Employment, Job Club, Project Search, and Personal Assistance.

**Greensboro Self Advocacy Group:** GSAG is a peer-led self-advocacy group that offers its participants opportunities to be actively involved in decisions that affect their lives. Monthly meetings include discussion about voting, legislature, and other relevant topics that directly impact individuals with Intellectual and Developmental Disabilities.

**InFocus:** InFocus is an advocacy/photography program that empowers individuals with and without disabilities to have a voice and share their ideas about access, participation, and community inclusion. InFocus is a collaborative initiative with UNCG.

**Able Earth Clay Creations:** Able Earth is an art program that enhances the artistic abilities of adults with Intellectual and Developmental Disabilities in collaboration with a clay instructor. The studio specializes in creating mosaics and functional clay creations in a creative and inclusive environment.

**Nutritional and Healthy Living Cooking Classes:** Heathy cooking classes are taught by local restaurateur, Mary Lacklen and Allen Broach. Classes will emphasize living a healthy lifestyle using fresh ingredients. Chefs will get to enjoy the course prepared at the end of each class. An End of Session Celebration Dinner will feature all four courses prepared throughout the classes, with option to invite family and friends.

**Yoga:** Taught by professional Yoga Instructor, Richard Bakker. These sessions will focus on stretching, balance, strength, and proper breathing techniques.

**Beyond the Canvas:** Beyond the Canvas is a creative outlet to participate in weekly painting classes under a master-apprentice program that helps develop patience, build self-confidence, and promote the value of productivity. Community exhibits are held throughout the year.

**The Arc of High Point**

*Contact Information:*

Address: 153 Bellevue Drive, High Point, NC 27265 Phone: (336) 883-0650 Director, Stephanie Antkowiak - Phone: (336) 202-6192 Email: stephaniearchp@gmail.com Website: www.arcofhp.org

*About the Program:*

 The Arc of High Point is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work, and play. The Arc of High Point is an affiliated chapter of The Arc of the North Carolina and The Arc of the United States.

*Programs Provided by the Arc of High Point:*

**Heart & Soul Singers:** The Heart & Soul Singers is a vocal ensemble made up of adults with Intellectual and Developmental Disabilities in the High Point area who perform for churches, civic clubs and other organizations. The Heart & Soul Singers practice on the 2nd and 4th Thursday from 4:30 pm - 5:30 pm at the Arc of High Point. Laura Sturgiss is the Music Director, and she can be reached at laura.sturgis@monarchnc.org

**Access Dental:** Access Dental Care is a non-profit organization whose mission is to provide on-site, quality comprehensive dental services, via mobile equipment and trained professionals, to the intellectually disabled/developmentally disabled (ID/DD) and frail elderly populations in long-term care facilities (nursing and group homes) and community-dwelling individuals with disabilities. The Arc of High Point partners with Access Dental Care to provide the following services: Initial / Periodic Exams; Cleanings; Filings; X-Rays; Crowns; Dentures; Extractions; 24-Hour Emergency Dental Care.

**One Vision Aktion Club:** The Aktion Club is a self-advocate group that is committed to community service and educating the community about people with developmental and intellectual disabilities. Meetings held the first Thursday of every month from 5:30-6:30 PM at the Arc of High Point.

**Creative Art Studio:** The Creative Expressions Art Studio aims to create community partnerships that promote freedom of expression as well as the right to create, regardless of one’s level of ability. The Creative Art Studio offers classes in pottery, soap making and fine art.

**Fit Club:** The Arc of High Point has partnered with the Ragsdale YMCA to offer the Fitness Fun Club. These programs are designed for adults with developmental disabilities. Swimming is offered every Tuesday and Thursday at 11 am at the Ragsdale YMCA, located at 900 Bonner Drive, Jamestown NC 27282. Please call 883-0650 for more information.

**After Gateway**

*Contact Information:*

Address: 501 South Mendenhall Street, Greensboro, NC 27403 Phone: 336-379-7670 Email: aftergateway@gmail.com Website: www.aftergateway.org

*Program Information:*

After Gateway is a nonprofit day health program that helps adults with multiple or severe developmental disabilities in the Piedmont Triad area of North Carolina achieve the highest possible quality of life through active and personalized involvement in recreational activities, life skills training, community integration, and medical services. It is our goal to provide services to any qualified severely disabled adult who needs day health services.

**Allegro Music Therapy & Education Services**

*Contact Information:*

Phone - Jane Maydian, MT-BC, Program Director: (336) 681-8104 or (540) 632-1722 Email: allegromusictherapy@gmail.com Website: allegromusictherapy.com

*Program Information:*

Allegro Music Therapy & Education Services provides individual and group music therapy and education in a variety of settings. They serve typical children, teens and adults of all ages, as well as those with special needs. This includes individuals with learning differences, physical and developmental disabilities, those with diagnoses along the autism spectrum, Down syndrome, Alzheimer's disease and other aging related conditions, traumatic brain injury, acute and chronic pain and medical patients. They offer both traditional and adaptive lessons. Allegro Music Therapy & Education Services is based in Greensboro, North Carolina and serves the Piedmont NC area and Roanoke, Botetourt, Alleghany, Rockbridge county Virginia. Meeting locations vary based on participants’ needs.

**NC Assistive Technology Program of Greensboro**

*Contact Information:*

Address: 3407 West Wendover Avenue, Suite H, Greensboro, NC 27407 Phone: (336) 297-2180 -Speech/Language Pathologist: Page Norris-Mikol Website: www.ncatp.org

*About the Program:*

The Assistive Technology Program of Greensboro provides clients with the opportunity to try out various types of equipment; equipment demonstration and short-term loan services; training and awareness activities on assistive technology topics; funding resource information; referral information; and advocacy for individuals and their families. The program serves children, adults and older adults with disabilities and their families. Their goals are to promote the awareness of various types of assistive technology; educate and empower people regarding their rights to assistive technology accommodations; share assistive technology resources with professionals, consumers, agencies, businesses, families and friends; and help people understand how assistive technology can improve an individual’s quality of life.

**Beyond Academics – UNCG**

*Contact Information:*

Address: The Office of Comprehensive Transition and Post-Secondary Education, Beyond Academics, The University of North Carolina at Greensboro 3607 MHRA, 1111 Spring Garden Street, Greensboro, NC 27412 Phone - Admissions: (336) 334-3905 Phone - Administrative: (336) 334-3855 Email: beyondacademics@uncg.edu Website: www.beyondacademics.uncg.edu

*Program Information:*

A private, not-for-profit agency, Beyond Academics was established in 2009 to collaborate with the University of North Carolina at Greensboro to provide academic and therapeutic supports that assist the students to fully benefit from this highly inclusive educational experience. The University of North Carolina at Greensboro supports students with intellectual and developmental disabilities enrolled in Integrative Community Studies, a four-year certificate course of study that emphasizes higher education, self-determination, community inclusion, career development and independent living. Students completing requirements for graduation receive a certificate awarded by The Office of the Provost at UNCG.

**Camp Ann**

*Contact Information:*

Address: High Point Parks & Recreation Department 136 Northpoint Avenue, High Point, NC 27262 Phone: (336) 883-3481 or (336) 883-3477 Website: www.highpointnc.gov/pr

*About the Program:*

Camp Ann is a summer day camp program for school age children (ages 6+) and adults with all disabilities located at High Point City Lake Park in Jamestown. The program began as a 2-week program in 1966 with a matching grant from the Joseph P. Kennedy Foundation. The City of High Point has continued to sponsor the program with support of numerous civic sponsors. The Camp Ann fees are: $35/per person - resident; $50 per person - non-resident - per weekly session. The deadline for enrollment is 2 weeks before session begins. Camp activities include arts & crafts, swimming, outdoor recreation and field trips. Lunch and snacks are provided.

**Camp Carefree**

*Contact Information:*

Address: 275 Carefree Lane, Stokesdale, NC 27357 Phone: (336) 427-0966 Email: carefreedirectors@gmail.com Website: www.campcarefree.org

*About the Program:*

Since 1986, Camp Carefree has provided a FREE, one week camping experience for kids with chronic illnesses. Their program also includes camps for well siblings of ill children, and a week for children with a sick parent. The campground has accommodations for 120 campers, counselors and medical personnel, and offers the recreational and craft activities of a traditional camping program. Many children with serious health problems live a protected life and spend a good deal of their young lives in hospitals and doctor's offices. Camp Carefree provides them with needed freedom to play, learn and have fun with others who encounter similar difficulties. The psychological, recreational and physical benefits of camping with their peers can help make their personal battle easier to bear. Sharing their feelings with others who really know what it's like to live with someone with a chronic health problem or disability helps these children know they are not alone in their plight. Their emphasis, however, is on WELLNESS AND FUN! Since the financial burden for families who have someone with ongoing health problems is often heavy, Camp Carefree's policy is to provide each camper this experience at no charge to their families.

**Camp Joy**

*Contact Information:*

Address: MainStream Resources, Greensboro Parks & Recreation 1001 Fourth Street, Greensboro, NC 27401 Campsite Address: 5920 Hagan-Stone Park Road, Pleasant Garden, NC 27313 Phone: (336) 373-2954 or (336) 373-2735 Website: www.greensboro-nc.gov/index.aspx?page=4608

*About the Program:*

 Camp Joy is an inclusive camp for ages 5 and up of all abilities. The camp is a program of the Greensboro Parks and Recreation Department, provided through the MainStream Resources Unit. Enrollment is $55 per week. Twenty two unique individuals comprise the Camp Joy team along with numerous volunteers. The Camp Director and Assistant Director head up the team along with a registered nurse bringing experience from diverse backgrounds and school systems. Eighteen counselors, typically special education school teachers or college-aged students, provide the direct care and assure that all the camper’s needs are met. Each staff person completes counselor training.

**Challenger Sports League**

*Contact Information:*

Address: The Arc of Greensboro 14-B Oak Branch Drive, Greensboro, NC 27407 Phone, Jamie Rauschkolb: (336) 373-1076 x 161 Email: jrauschkolb@arcg.org Website: http://www.arcg.org/sports/

*About the Program:*

 The Greensboro Challenger League provides opportunities for adaptive sports programs including Spring Baseball, Fall Baseball, Winter Basketball and Winter Bowling for boys and girls with exceptional needs, ages 5-22. The leagues vary from 4 to 7 weeks in duration. The success of the Greensboro Challenger League reflects an extraordinary collaboration of parents and community organizations. The Greensboro Grasshoppers kick off the spring Challenger season with a baseball practice clinic at NewBridge Bank Park. Siblings, students, friends and other concerned community residents function as volunteer “buddies” for the athletes. More than 130 special young athletes enjoy the benefits of physical activity, friendly competition and opportunity to socialize with their peers.

**Children’s Developmental Services Agency (CDSA)**

*Contact Information:*

Address: 122 N. Elm Street, Suite 400, Greensboro, NC 27401 Phone: (336) 334-5601 Email, Jean Frye, Interim Director: jean.frye@dhhs.nc.gov Website:

*About the Program:*

 The CDSA is the lead agency for children ages birth to 3 years needing evaluation and services (Infant Toddler Program, or ITP). The North Carolina Early Intervention Branch (NCEI) is a part of the N.C. Division of Public Health. The Infant-Toddler Program provides supports and services for families and their children, birth to three who have special needs. Research shows that this time period is critical. It offers a window of opportunity to make a positive difference in how a child develops and learns. Young children with certain levels of developmental delay or established conditions, and their families, are eligible for the ITP. No family is denied services because of the inability to pay. Together, parents and staff determine recommendations for services, and the staff helps families access resources in the community.

**Cone Health Developmental and Psychological Center**

*Contact Information:*

Address: 719 Green Valley Rd, Suite 306, Greensboro, NC 27408 Phone: (336) 275-6470 Website: www.conehealth.com/locations/profile/?id=67

*Program Information:*

The Cone Health Developmental and Psychological Center helps children and adolescents develop to their full potential. Their interdisciplinary team of professionals includes psychologists, neuro-developmental pediatricians, nurse practitioners, and adolescent medicine specialists. They provide neurodevelopmental and psychological evaluations, and treatments for children, adolescents and families. They address a range of developmental, psychological, emotional and behavioral concerns such as ADD/ADHD, cerebral palsy, and cognitive impairments.

**Dancing Above the Barre – Greensboro Ballet**

*Contact Information:*

Address: Greensboro Cultural Ctr, 200 N. Davie Street, Suite 302 Greensboro, NC 27401 Phone – School Director, John Dennis: (336) 333-7480 Email: greensboroballet@yahoo.com Website: www.greensboroballet.org/dancing-above-the-barre

*Program Information:*

Dancing Above the Barre is a program developed by physical therapists for children with physical disabilities. The program is for children from 4 to 12 years of age. Each movement has modified versions depending on the child's abilities. Cost is $75 per child per session.

**Exceptional Children’s Assistance Center (ECAC) – Davidson, NC**

*Contact Information:*

Address: 907 Barra Row, Suites 102/103, Davidson, NC 28036 Phone: (704) 892-1321 Parent Info Phone Line: (704) 962-6817 Email: ecac@ecacmail.org Website: http://ecac-parentcenter.org

*Program Information:*

ECAC is a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. They seek to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina. The ECAC offers parents of children with special needs a variety of services including: individual assistance with education problems; parent educational workshops of a variety of topics such as IEPs and special education legislation; information and referral services; informational packets on a variety of topics; newsletter; lending library; information and assistance to parent groups; and parent to parent support.

**Family Support Network of Greater Greensboro**

*Contact Information:*

Mailing Address: 801 Green Valley Road, Greensboro, NC 27408 Phone: (336) 832-6507 Email, Andi Ives, Co-Director: andi@fsncc.org Email, Nancy Micca, Co-Director: nancym@fsncc.org Website: www.fsncc.org

*Program Information:*

Family Support Network of Greater Greensboro is a non-profit organization dedicated to providing support and resources for families of children with special needs or those born prematurely. FSN believes that the greatest asset a child can have is a strong family. Their services are designed to make the family experience easier by providing parent-to-parent support from others who have “been there”; information on local agencies and resources; easy-to-read family-friendly information to help understand diagnoses and treatment options; and much more. FSN of Central Carolina serves families in Guilford and surrounding counties. All of their services are confidential and offered at little to no cost to families.

**Gateway Education Center**

*Contact Information:*

Address: 3205 East Wendover Avenue, Greensboro, NC 27405 Phone: (336) 375-2575 Website: http://gateway.gcsnc.com/pages/Gateway\_Education\_Center

*Program Information:*

Gateway Education Center is a non-graded learning institution serving children with special needs. The school’s mission is to be a model program for the education and care of children, 3-22 years of age, with severe cognitive, physical, and/or medical disabilities. Education and care includes developing and maintaining, with dignity, humanity, and purpose, each student and his/her family's potential in the areas of health, social/emotional, behavioral, vocational, daily living, and academics. Therapy services are also provided. In addition to the education of school-age children, Gateway is also host to several classrooms serving the NC Infant-Toddler Program for children with exceptional needs, age birth to 3.

**Greensboro All-Star Special Needs Cheerleading**

*Contact Information:*

Address: 701 Sunshine Way, Greensboro, NC 27409 Phone: (336) 664-0233 Email - Coach, Mary Kathryn Fodel: gaccoachmkat@aol.com Website: www.cheergac.com

*Program Information:*

Greensboro All-Star Cheerleading is in the 4th season of offering a cheerleading program for exceptional children. The “Sapphires” practice once a week and travel to 3-4 local events throughtout the year. They work with 2 coaches and each child is paired with a "Sapphire Sister" to help them throughout the routine.

**Guilford Child Health Inc. – Greensboro**

*Contact Information:*

Address: 1046 East Wendover Avenue, Greensboro, NC 27405 Phone: (336) 272-1050 x 2221

*Program Information:*

Guilford Child Health, in partnership with Cone Health System and Guilford County, provides health care to children in low-income families. Their complete pediatric care services include primary health care, social work services, mental health care, Medicaid eligibility, neurology consultation, cardiology consultation, asthma and allergy treatment, and developmental disability aid for the financially needy.

**Guilford County Schools**

*Contact Information:*

Address: 712 N. Eugene Street, Greensboro, NC 27401 Phone (Administrative office): (336) 370-8100 Superintendent, Maurice "Mo" Green: (336) 370-8992 Email: superintendent@gcsnc.com Website: www.gcsnc.com

*Program Information:*

GCS main office oversees and enforces the policies governing the Guilford County School system, including educational services provided for children with exceptional needs.

**Haynes-Inman Education Center**

*Contact Information:*

Address: 200 Haynes Road, Jamestown, NC 27282 Phone: (336) 881-7170 Website: http://haynes-inman.gcsnc.com/pages/Haynes-Inman\_Education\_Center

*Program Information:*

 Haynes-Inman Education Center is a Guilford County public separate school located in Jamestown, North Carolina that serves approximately 130 students ranging in age from preschool to age 22 with severe to profound cognitive and/or physical disabilities. Our facility also has one preschool inclusion class that educates special needs students as well as regular education students.

**HorseFriends Therapeutic Riding Program**

*Contact Information:*

Address (Office): PO Box 10211, Greensboro, NC 27404 Address (Riding Center): Flintrock Farm, 221 Flintrock Trail, Reidsville, NC 27320 Phone: (336) 420-4588 Email: info@horsefriendsnc.org Website: www.horsefriendsnc.org

*Program Information:*

HorseFriends is a Christian ministry whose mission is to help individuals with disabilities, regardless of their religious beliefs, to experience joy and strength through horses in a therapeutic riding program. They provide free therapeutic horseback riding not only to those with disabilities, but to their siblings as well. The goal at HorseFriends is to design a specific curriculum, horse interactions, and a support format to address the difficulties and offer solutions to our participants’ life challenges. HorseFriends currently holds four classes per week at Flintrock Farm. On Monday, Tuesday and Thursday evenings from 6:00 – 7:30 pm you can find the horses, volunteers, participants and their families gathering in the indoor riding ring. On Wednesday afternoons, independent riders are given riding lessons to increase their confidence and riding ability without horse leaders or sidewalkers.

**Horsepower Therapeutic Learning Center**

*Contact Information:*

Address: 8001 Leabourne Road, Colfax, NC 27235 Phone: (336) 931-1424 Website: www.horsepower.org

*Program Information:*

HORSEPOWER Therapeutic Learning Center is a non-profit organization serving the North Carolina Piedmont Triad community since 1995 and affiliated with the Piedmont Saddle Club since 1998. They are a premier PATH International center providing therapeutic horseback riding and other equine-assisted activities to over 300 individuals with disabilities, as well as able-bodied students, each year. They provide both challenges and rewards to people with physical, intellectual, emotional and social disabilities, including multiple sclerosis, autism, cerebral palsy, spinal cord injuries, Parkinson’s disease, Down syndrome, as well as victims of physical, mental or emotional abuse. The mission of HORSEPOWER is to provide a program of therapeutic, educational and recreational value, and further, to empower individuals who are mentally, physically, emotionally and/or socially challenged through the use of horses, while providing therapeutic benefits in a safe and controlled atmosphere.

**Lindley Habilitation Services – Triad West**

*Contact Information:*

Address: 4214 Beechwood Drive, Suite 101, Greensboro, NC 27410 Phone: (336) 855-3755 Website: www.lindleyhabilitation.com

*Program Information:*

Lindley Habilitation Services specializes in helping persons with Intellectual and Developmental Disabilities reach their fullest potential. They provide Innovation/IDD Medicaid in-home services, Day Program Services, AFL Services, as well as private pay care for the Innovations I/DD community. They also provide several activities for local individuals with Intellectual and Developmental Disabilities throughout the year, ranging from sports and recreation to fundraising events.

**Miracle League of High Point**

*Contact Information:*

 Address (office): 136 Northpoint Avenue, High Point, NC 27262 Address (baseball park): 2917 School Park Road, High Point, NC 27265 Phone: (336) 883-3481 Email - Sherry Paul, League Director: LeagueDirector@hpmiracleleague.org Email - Brian Coward, League Manager: LeagueManager@hpmiracleleague.org Website: www.hpmiracleleague.org

*Program Information:*

 The Miracle League of High Point welcomes ALL children (ages 5 - 21) with an intellectual and /or physical disability who have a current IEP and who is not capable of playing in a traditional baseball program. They strive to be inclusive and commit to welcome all eligible players. The Miracle League of High Point has come to realize that they not only serve children with special needs but also their parents and siblings. Caring for a child with a special needs demands total dedication and unconditional love from every member of the family. It is their mission to provide opportunities to all children with special needs to play baseball regardless of their abilities; to increase community awareness and support; to provide sustaining funding; and to construct and maintain special facilities that meet the unique needs of players and their families.

**Nathaniel’s Hope Buddy Break Respite Program**

*Contact Information:*

Address: West Market Street United Methodist Church 302 West Market Street, Greensboro, NC 27401 Phone: (336) 560-3967 Website: www.buddybreak.org

*Program Information:*

Buddy Break is a free kids’ respite program where kids with special needs (VIP kids) make new friends and enjoy all kinds of activities, while caregivers get a break! The weight and stress of finding proper doctors, teachers, and financial resources for a VIP child’s care can be overwhelming. Those responsibilities, as well as the never-ending demands for daily care-giving, are squeezed into days already filled with the usual routine of caring for a household, siblings, and self. Opportunities for caregivers to take time for themselves, run errands, or plan special one-on-one outings with children or a spouse are rare yet desperately needed to survive. Buddy Break provides a safe place for VIPs and their siblings to have fun and establish meaningful friendships with other kids and adults while their caregivers get a break. This program is provided through partnerships with various churches. Locally, the Buddy Break program is held at West Market Street United Methodist Church on Saturdays. Call for more details.

**Peacehaven Community Farm**

*Contact Information:*

Address: 1458 NC Highway 61, Whitsett, NC 27377 Phone: (336) 449-9900 Website: www.peacehavenfarm.org

*Program Information:*

Peacehaven Community Farm is a sustainable farm located on 89 beautiful acres of organic gardens, rolling pastures, and lush woodlands that connects people with special needs to their community. The farm is dedicated to establishing an affordable housing community that provides a permanent home for adults with special needs in a supportive and family-like environment. The organization is committed to environmental stewardship and sustainability on a working, community supported farm, with an ongoing mission of connecting people with special needs to their community through shared living and the work of a sustainable farm. Their vision is to provide a nurturing home offering a rich, family-like destination for people of all abilities.

**Sandhills Center**

*Contact Information:*

Address: 1120 Seven Lakes Drive, West End, NC 27376 Phone (office): (910) 673-9111 Phone (information for patients): 1-800-256-2452 Website: www.sandhillscenter.org

*Program Information:*

Serving Anson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph and Richmond counties, the Sandhills Center acts as an agent of the North Carolina Department of Health & Human Services to provide residents with access to Medicaid and State-supported services for mental health, intellectual/developmental disabilities or substance abuse. It is governed by a Board of Directors made up of representatives from each of the nine County Commissions and their appointees. Sandhills Center’s toll-free telephone lines can be reached from anywhere in the nine-county service area at any hour of the day or night, including weekends and holidays. Residents can ask questions, talk with a licensed clinician, and make appointments with providers of services. Sandhills Center has contractual arrangements with many providers of professional services and treatment options.

**Special Olympics Guilford – Greensboro**

*Contact Information:*

Address: 3409-B West Wendover Avenue, Greensboro, NC 27407 Phone - Local Program Coordinator, Charyl Clark: (336) 544-0578 Email: cclark@sonc.net Website: http://sonc.net/guilford-greensboro/

*Program Information:*

 Special Olympics North Carolina (SONC) offers sports training and competition in 19 Olympic-type sports to children and adults with intellectual disabilities. Most of the sports have an eight week long training season with an average of 1-2 practices per week. Individuals eight years old and up can compete and there is a Young Athletes Program is available for children ages 2-7. Participation in Special Olympics is free! Eligible individuals must be medically identified by an agency/ professional as having an intellectual disability. The causes of intellectual disabilities are varied but include: Down syndrome, Fragile X Syndrome, Fetal Alcohol Syndrome, and various developmental disabilities such as autism. Some Special Olympics athletes may also have a physical disability but it is their developmental disability that qualifies them to participate in Special Olympics.

**Special Olympics Guilford – High Point**

*Contact Information:*

Address: 136 Northpoint Avenue, High Point, NC 27262 Phone - Local Program Coordinator, Brian Coward: (336) 883-3481 or (336) 883-3477 Email: brian.coward@highpointnc.gov Website: http://sonc.net/guilford-high-point/

*Program Information:*

 Special Olympics North Carolina (SONC) offers sports training and competition in 19 Olympic-type sports to children and adults with intellectual disabilities. Most of the sports have an eight week long training season with an average of 1-2 practices per week. Individuals eight years old and up can compete and there is a Young Athletes Program is available for children ages 2-7. Participation in Special Olympics is free! Eligible individuals must be medically identified by an agency/ professional as having an intellectual disability. The causes of intellectual disabilities are varied but include: Down syndrome, Fragile X Syndrome, Fetal Alcohol Syndrome, and various developmental disabilities such as autism. Some Special Olympics athletes may also have a physical disability but it is their developmental disability that qualifies them to participate in Special Olympics.

**TOPSoccer – Greensboro United Soccer Association**

*Contact Information:*

 Address (playing field): Proehlific Park, 4517 Jessup Grove Road, Greensboro, NC 27410 Program Director, Ashley Collier – Phone: (336) 207-1178 Email: topsoccer@greensborounited.org Website: http://www.greensborounited.org/Programs/Topsoccer

*Program Information:*

TOPSoccer (The Outreach Program for Soccer) is a community-based soccer program for young athletes with disabilities, organized by community volunteers. This outreach program was started with the help of the Family Support Network and the Down Syndrome Network, and is a program of GUSA. TOPSoccer is open to any child, age three or older, regardless of diagnosis or ability. Our players include children with autism, Down syndrome, intellectual and motor challenges, Cerebral Palsy, and other disabilities. The program is geared toward player development rather than to competition. Athletes are placed on teams according to ability NOT by age. The program is held five Sundays in the spring and five Sundays in the fall at Proehlific Park’s indoor turf. Because the field is turf, children that use aids for mobility are easily able to participate. Registration is free.

**Pediatric Therapy Centers**

*The following organizations offer various therapeutic services to the pediatric population in the Greater Greensboro area. Services offered at most of these centers include, but are not limited to, Physical Therapy, Occupational Therapy, Speech Therapy, and Feeding Therapy.*

**Cheshire Center** **Ling & Kerr Therapy Services** 2500 N. Church Street 3816E N Elm Street Greensboro, NC 27405 Greensboro, NC 27455 (336) 375-2240 (336) 370-4070

**Community Access Therapy Services**  3511 W. Market Street, Suite B Greensboro, NC 27403 (336) 294-3338

**Cone Health Outpatient Rehabilitation** 1904 North Church Street Greensboro, NC 27405 (336) 271-4940

**Interact Pediatric Therapy Services**  1305-C West Wendover Avenue Greensboro, NC 27408 (336) 279-9008