

Good morning!

We always need to move to get good looks.....move to see between a ball handler and dribbler, move to get a better angle on post play, move to avoid being straight-lined, etc.

We need to keep the philosophy of 'move to improve' your angle.....'move for/with a purpose'

We ALL have been caught at some point in our careers of not moving and something happens....so we can ALL learn from other people caught on film.....

Take a look [here](#).

Whether it is a habit you have of being caught in quicksand and not moving or you are working a low level JH game and have another game later or just don't feel real energetic, at the very least we need to move to see between the ball handler and defender. "Peaking" around them is taboo. MOVE!

Thursday Extra: After the opening tip the R should, and after each held ball the administering official should glance at the arrow to make sure they changed it....

Have a great game tonight, move to improve and safe travels!

Tim