



FootWorX 5-A-Side Futsal League Rules

At FootWorX 5-A-Side we aim to accommodate fair play in accordance to US Futsal guidelines. As with most sports, league play typically requires an adjustment of the rules to better adapt to the “Friendly” nature. Below is a revised set of rules that will be followed at FootWorX 5-A-Side during league play.

Duration of the Game

- Duration: Two equal periods of 20 minutes; clock is **NOT** stopped when ball is out of play.
- Time-outs: 1 x 30 second timeout per team per half
- Half-time: 1 minute

The Start of Play

Opposing team waits outside center circle and ball deemed in play once it has been touched; the kicker shall not touch ball before someone else touches it; ensuing kick-offs taken after goals scored and at start of second half.

Number of Players

- Minimum Number of Players to Start Match: 5, one of whom shall be a goalkeeper
- Minimum Number of Players to Finish Match: 3
- Maximum Number of Substitutes: 5
- Substitution Limit: None
- Substitution Method: "Flying substitution" (all players but the goalkeeper enter and leave as they please with exiting player coming to sideline away from play and replacing player entering; if exiting player engages in play while replacing player is on field, an indirect free kick will be assessed from point of infraction)
- Goalkeeper substitutions can only be made when the ball is out of play and with a referee's consent)

Ball in and out of Play

- Ball out of play: When it has wholly crossed the goal line or touchline; when the game has been stopped by a referee; when the ball hits the ceiling (restart: kick-in awarded to opposing team at the place closest to where the ball touched the ceiling).
- Lines: Touchlines and goal lines are considered inside the playing area.

Method of Scoring

When the whole of the ball has passed over the goal line, between the goal posts and under the crossbar (except by illegal means). Shots taken from Defending half are **NOT DIRECT** to keep the style of the play of the game safe and fun.

Kick-in

- To be taken in place of the throw-in.
- The ball is placed on the touch line before kicking.
- The kick-in must be taken within 4 seconds; if it is not, the kick-in is given to the opposing team.
- The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entail an indirect free kick to the opposing from the point of infringement.
- Players on opposing team must be at least 5 feet away from point of kick-in.
- CANNOT score directly from a kick-in.

Goal Clearance

- To be taken in place of goal kick.
- From inside the penalty area, the goalkeeper throws the ball into play.
- The ball is not in play until it has passed outside of the penalty area. If the goal clearance is received inside of the penalty area, the goal clearance shall be taken over.

Corner Kick

- Ball placed on the corner (no corner-kick arc). If ball is misplaced, the corner kick is taken over.
- Must be taken within 4 seconds; failure to do so entails indirect free kick to the opposing team from the corner mark.
- The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entail an indirect free kick to the opposing from the point of infringement.
- Players on opposing team must be at least 5 feet away from point of the corner kick.
- Can score goal directly from a corner kick.

Free Kick

- Types: Direct free kicks and indirect free kicks
- Wall: At least 5 feet away until the ball is in play
- Ball in Play: After it has traveled the distance of its own circumference
- Time Limit: Kick must be taken within 4 seconds
- Restriction: Kicker cannot touch the ball again until it has been touched by another player

Penalty Kick

- To be taken from the penalty mark on the white dot outside the penalty line.
- The kicker is to aim at goal, with the intention of scoring.
- All players must be out of the penalty area, and the players of the opposing team must also be at least 5 feet from the penalty spot.
- The kicker shall not play the ball until referee whistles the play to start.
- The kicker shall not play the ball a second time until it has been touched by another player.
- Goal Keeper is allowed to move side to side on the line but not forward until the ball is touched

Fouls and Misconduct

Direct free kick awarded when a player intentionally commits any of the following 11 offenses (penalty kick awarded when infringement takes place in penalty area)

- Intentional kicking or attempting to kick an opponent
- Intentional tripping an opponent
- Intentional jumping at an opponent
- Intentional charging an opponent in a violent or dangerous manner
- Intentional charging an opponent from behind
- Intentional striking, attempting to strike, or spitting at an opponent
- Intentionally holding an opponent
- Intentionally pushing an opponent
- Intentionally charging an opponent with shoulder (i.e., shoulder charge)
- sliding at an opponent (i.e., sliding tackle, except for Goal Keeper playing the ball in penalty area)
- handling the ball (except goalkeeper)

Indirect free kick awarded when any of the following 8 offenses is committed (kick taken from the White dot outside the penalty line when infringement takes place in penalty area):

- dangerous play (e.g. attempting to kick ball held by goalkeeper)
- obstruction
- charging the goalkeeper in the penalty area (i.e., goalkeeper charge)
- **goalkeeper throws ball directly over the halfway-line (without it first touching his own side of the pitch or any player)**
- **goalkeeper picks up or touches with his hands a back pass**
- **goalkeeper picks up or touches with his hands a kick-in from a teammate**
- goalkeeper controls the ball with any part of his body for more than 4 seconds
- goalkeeper touches with any part of his body a back pass that has been played back to him before the ball has (1) crossed the halfway-line or (2) been touched by an opponent

Warnings/Expulsions

YELLOW CARD WARNING

Players shall be **cautioned (i.e., shown yellow card)** when:

- a substituting player enters the pitch from an incorrect position or before the player he is substituting has entirely left the pitch
- he/she persistently infringes the Laws of the Game
- he/she shows dissent with any decision of the referee
- he/she is guilty of ungentlemanly conduct

These 4 yellow-card offenses are punishable by an **indirect free kick** taken from the point of infringement (or from the White Dot outside the Penalty line when the infringement takes place in penalty area).

RED CARD EXPULSION

Players shall be **sent off (i.e., shown the red card)** for:

- (a) serious foul play
- (b) violent conduct
- (c) foul or abusive language
- (d) second instance of cautionable offense (i.e., second yellow card)
- (e) intentionally impeding a clear goal opportunity (e.g. through a "Misconduct/Foul")
- (f) intentionally impeding a clear goal opportunity in the penalty area by handling the ball

Direct free kicks (or penalty kicks) accompany the expulsion for (a), (b), (e) and (f); indirect free kicks, for (c) and (d) (from the white dot outside the penalty line when the infringement takes place in the penalty area).