

**July 16, 2022 ☞ 10:00 a.m. to 12:00 p.m.**

## **Social Workers & Mental Health Professionals Support Group**

**Facilitated by:**

*Myriam Ayala, LCSW*

**Come join us as we discuss topics that influence our lives personally and professionally. We are an open group that meets every 3rd Saturday of the month with the goal of supporting each other.**

*"Integrity is choosing courage over comfort; choosing what is right over what is fun, fast or easy; and choosing to practice our values rather than simply professing them." ~ Brene Brown*

**You will receive the zoom link with group agreements prior to the event.**