



Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities
Educational Equity For All

March 2017

California Department of Education News



California Parent Organizations

List of California agencies providing resources for families of children with disabilities.

The California Department of Education, Special Education Division, works closely with the federal and state funded parent organizations to increase parent participation and collaboration between parents and educators to improve the educational system.

<http://www.cde.ca.gov/sp/se/qa/caprntorg.asp#fec>



Printable List Of Strategies (SDIs) For Your IEP Meeting (Over 500 And Counting!)

SDI stands for **Specially Designed Instruction**. It is anything specific and unique to your child—determined by their areas of need, to help them access their education. It is based on the evaluations done on your child, to determine their areas of need. SDIs are used to help your child achieve the goals listed in the IEP. *Most SDIs should be applied across all environments, not in just one class or classroom.* They are adaptations or modifications to the regular curriculum. SDIs are in place to help your child reach their IEP goals and objectives.

List of SDIs and accommodations for IEPs

- Schedule/Environmental SDIs And Accommodations
- SDIs and accommodations for transitions
- Tools and Equipment-SDIs and accommodations
- Language based SDIs and accommodations
- People and Peer based accommodations and SDIs
- Sensory Accommodations and SDIs
- Behavior SDIs and Accommodations
- Testing and Assignments-SDIs and accommodations

<https://goo.gl/zskMIw>

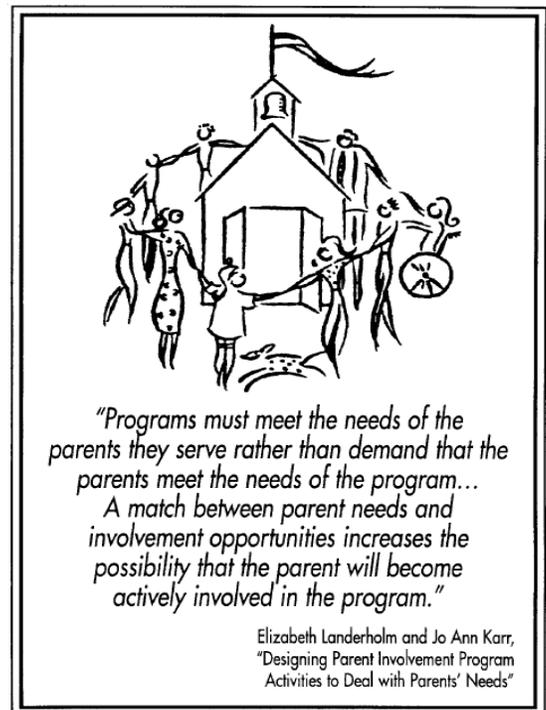


Based In The Sf Bay Area, We Create Fun, Engaging Performances And Events For Families With Special Needs
<http://www.autismfunbayarea.org/>

March 12, 2.30-4pm: Swan Lake Workshop

San Francisco Ballet, Chris Hellman Center for Dance, 455 Franklin Street, SF 94102

The event features a performance session, interactive movement session, hands-on activity room, quiet room, the wonderful music of Tchaikovsky's famous score, photos with Swan Lake dancers, and social stories guide about Swan Lake.



"Programs must meet the needs of the parents they serve rather than demand that the parents meet the needs of the program... A match between parent needs and involvement opportunities increases the possibility that the parent will become actively involved in the program."

Elizabeth Landerholm and Jo Ann Karr,
"Designing Parent Involvement Program Activities to Deal with Parents' Needs"



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Feature Idea of Month



Duet Cycle
Accessory - Head
Rest

<https://goo.gl/kuz2Of>

What do you get when you cross a wheelchair with a bicycle? Answer: the Duet Cycle. This extraordinary device provides a cycling experience for people lacking the coordination or strength to cycle themselves.

Anova's Sensory-Friendly Kits Help People With Autism Avoid Meltdowns at Restaurants

For families with children on the autism spectrum, dining out can be particularly challenging. To help families have a less stressful dining experience, Anova – a nonprofit for children with sensory and learning differences – is providing restaurants with sensory-friendly kits designed to prevent and minimize meltdowns.

Anova's kits were designed by occupational therapists and behavior analysts and include noise reduction earmuffs with disposable covers, a wipeable weighted lap pad, a visual motion toy and several sensory, stress, and fidget toys. The kits also include social stories in both English and Spanish and a mood zone chart with pictures for kids who are nonverbal or have trouble communicating. The kits are meant to be used during dining and then returned to the restaurant. All kits are provided free-of-charge to any customer who requests them.

Since the program's launch in April, Anova's sensory-friendly kits can be found at all 11 Mary's Pizza Shack locations in Sonoma County, California, as well as Steele and Hops in Santa Rosa, California. Participating restaurants receive several complementary kits as well as sensory-friendly training videos and in-person training workshops. <https://goo.gl/okP5yj>



Helping Out at Home- Free Visuals

<http://autismtank.blogspot.com/2012/09/helping-out-at-home-free-visuals.html>

WEBSITES AND RESOURCES

<https://goo.gl/wa5gUV>

<https://goo.gl/JnB5SS>

<http://www.thearc.org/what-we-do/programs-and-services>

Effective Behaviors of Parents Raising a Child with an Autism Spectrum Disorder

Autism, Featured Topics February 9, 2017 admin

This article contains descriptions of 10 behavioral categories that were most often identified in the parents' responses. Most of the parents who participated in this study had children who would be described as being on the higher functioning end of the autism spectrum. Even so, parents of children with more significant symptoms may find some of the behaviors helpful in caring for their child and for themselves.

- *Adaptability*
- *Teaching*
- *Outside Support*
- *Self Care*
- *Communication*
- *Organized Activities*
- *Collaboration*
- *Boundaries*
- *Treatment*
- *Social Involvement*

<http://www.eparent.com/features-3/effective-behaviors-parents-raising-child-autism-spectrum-disorder/>

10 Sensory Red Flags

by Alisha | Feb 16, 2016

1. Avoids Movement
2. Gagging at the sight, taste, and smell of foods
3. Frequently walking on toes
4. Clumsy
5. Hides at parties or avoids them
6. Prefers tight clothing
7. Wild child
8. Likes bright, fast paced TV shows
9. Bites toys or people when unprovoked
10. Doesn't seem to notice when being talked to or needs directions repeated

<http://yourkidstable.com/sensory-red-flags>

Brain building through active play by using toys and playthings

Children who fall in the age group of 2 and 10 years need activities that rely on active play apart from the ordinary classroom ones. Stimulating play is a big necessity for growing children especially their infant brains. Brain building toys and playthings can help children develop a series of skills:

- Better communication and social skills
- A sense of teamwork
- Development of cognitive skills
- Better thinking skills
- Development of muscle-to-mind coordination
- Imagination and visualization skills
- Artistic skills

<https://goo.gl/3cAgHM>