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*St. Joseph The Worker Parish, Russell, MB      St. Theresa's Parish Rossburn, MB*

**Responsorial Psalm 95:** O that today you would listen to the voice of the Lord. Do not harden your hearts!

**Did you Know!** The National Catholic Broadcasting Council offers Sunday & Daily TV Mass on the Web, visit the website at [www.dailytvmass.com](http://www.dailytvmass.com) or [www.youtube.com/dailytvmass](http://www.youtube.com/dailytvmass) to watch Mass each day.

***Zoom Along with Us*** you can use it on your computers, tablets, i-pads & smart-phones

We still have **Sunday zoom Mass at 9:00 a.m.**

### **St. Joseph The Worker News:**

**Please remember in your prayers** those who are sick in hospitals, care homes, or in their homes & those who care for them. If you wish to receive the Sacraments of Anointing, Confession, or Holy Communion – please call the parish office & leave a message: 204-773-2924.



**Coffee Sunday** is back Palm Sunday, April 2nd after 9 am Mass and *everyone is invited! We hope to see you there!*

**Praying with Pope Francis, March:** For victims of abuse: We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

**The children's collection** - \$123 was deposited for February, so far \$243 has been deposited for this year.

### **Mass Intentions For This Week:**

#### **Third Sunday Of Lent**

Saturday Mar 11 7:30 p.m. Russell + Duncan Spurway from Funeral Mass offering

Sunday Mar 12 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**  
 For all parishioners by Father Paul

11:00 a.m. Rossburn + John Ryshytylo req. by St Theresa's Parish

Monday Mar 13 Health of family & friends req. by Jean Goba

Tuesday Mar 14 Wedding Anniversary Blessings req. by Carlene Douglas

Wed. Mar 15 Charlise req. by Don Bisson

7:00 p.m. Beloved: Finding Happiness in Marriage at St Joseph the Worker

Thurs. Mar 16 10:30 a.m. Rossburn Adoration

11:00 a.m. Mass + Suffering Souls in Purgatory req. by Rose & family

Friday Mar 17 8:30 a.m. Russell Adoration

9:00 a.m. Special Intentions req. by Irene Deschamps

7:00 p.m. Zoom Station of the Cross

#### **Fourth Sunday Of Lent**

Saturday Mar 18 7:30 p.m. Russell + Duncan Spurway from Funeral Mass offering

Sunday Mar 19 9:00 a.m. Russell **Zoom on-line Mass 9:00 a.m. & YouTube after 10:15 am**  
 For all parishioners by Father Paul

11:00 a.m. Rossburn Wade McLaughlin req. by the McLaughlin's

## **Always a Perfect Moment**

To help us to understand pilgrimage in its ideal sense, it has to do with the sanctification of both time and place. Let me give you a mantra that the New Jerusalem community [*Father Richard's spiritual community before he founded the Center for Action and Contemplation* ] have come to know. The mantra is “This moment or this place is as perfect as it can be.” Our temptation is to always look to the next moment to be more perfect, the next place, and then the next moment or place.

You see, we are always disappointed in what we actually have. We are always rushing into the future. The reason we're rushing into the future is because we're not experiencing a wholeness in the present. And when we haven't grasped the present, we always live under an illusion. It is an illusion that the next moment or place is going to be better. When I get around this corner, when I see this church, when I get to Jerusalem, when I get to the hotel—whatever it might be. But pilgrimage helps us see that attitude is essentially wrong. As long as we think happiness is around the corner, it means that we have not grasped happiness yet. Because happiness is given in this moment and this place, and this moment and place are as perfect as they can be.

Today, what I'd like to speak about are disciplines or what we call spiritual practices. If we want to prepare and open our spirits to receive everything we can and to perceive the fullness of the moment, I would like to at least suggest a few interior disciplines. First of all, let us practice the discipline of silence. Secondly, let us take some solitude. Thirdly, we practice the discipline of speech. Our patterns of many years are that whenever there is a moment of silence, we fill it up by talking. Let's see if God can teach us a way to say only what's necessary and what's important. We live in front of the TV, or whatever it might be. Now on pilgrimage, we're away from that. [*DM Team: Today, our smart phones make this discipline more difficult and even more essential!*] We don't need to just fill the silence up with more sounds. There are things that don't need to be talked about, things that are just time fillers. They're just there to fill up our nervousness. As regrets and mistakes come forward in our consciousness—and they're inside all of us—just keep handing them over to God: “God, I'm being judgmental again. I'm being angry again. I'm being impatient again.” “How am I feeling? What's God saying to me in prayer? What am I hearing?” These are all disciplines to deepen the quality of our listening.

Finally, I ask all of us to pray for the freedom to be released from cynicism and judgment. We're going to encounter people who do and say things differently. If we move into “sophistication,” we will lose the childlike spirit that Jesus talks about. A pilgrim must be like a child who can approach everything with an attitude of wonder and awe and faith. Let's pray for wonder. Let's pray for awe. Let's pray for desire, or better “the desire to desire,” and ask God to take away our cynicism.

**Beloved: Finding Happiness in Marriage You are invited at St. Joseph The Worker Next Session Wednesday March 15<sup>th</sup> at 7:00 p.m.**

For more information contact Father Paul Bisson, 204-773-2924, or Deacon Darin Douglas, 204-532-2157.

**Stations Of The Cross will be available on Zoom at**

**7:00p.m. on March 17<sup>th</sup>**. This will continue until Easter. This is a good way to enliven our prayer life and slow down our mind to really see what God has in mind for us.

**We will have an in-person Station of the Cross in Saint Joseph for Friday March 31<sup>st</sup> at 7:00p.m. This will determine if we will do it this way next year at the Church or stay on Zoom**





# Dear Padre,

*I have done some really terrible things in my life. When I did them, I didn't think anything about them, but now I feel very guilty. Can God really forgive me?*

As we Redemptorists like to say, “With God there is plentiful redemption.” God’s mercy is everlasting and overflowing in its abundance. As we continue in Lent, let’s remember that Easter is the sign that God forgave even the great sin of the crucifixion of his only Son. Time and time again throughout the Scriptures, Jesus demonstrates this bountiful mercy. He forgave Zacchaeus, the tax collector. He forgave the woman caught in adultery. He was tender with the Samaritan woman we hear about in today’s Gospel. He spent his days living among and forgiving all manner of sinners. He even forgave Peter’s great denial. The Church has named a multitude of saints, but note that in 2,000 years it has never declared anyone to be definitively condemned to eternal punishment. There is hope and mercy for all.

No matter how great the sin, God will forgive it. All you have to do is ask for mercy sincerely. All that takes is a repentant heart. From the tone of your message, you are truly sorry. Find a priest with whom you are comfortable and ask him to celebrate with you the sacrament of reconciliation. If you don’t know how to go to confession, just ask. The priest will help you. Be at peace. ●

Fr. Rick Potts, CSSR / DearPadre.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
March 13	March 14	March 15	March 16	March 17	March 18	March 19
Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Fourth Sunday of Lent
2 Kgs 5:1–15ab	Dn 3:25, 34–43	Dt 4:1, 5–9	Jer 7:23–28	Hos 14:2–10	Hos 6:1–6	1 Sm 16:1b, 6–7, 10–13a
Lk 4:24–30	Mt 18:21–35	Mt 5:17–19	Lk 11:14–23	Mk 12:28–34	Lk 18:9–14	Eph 5:8–14
						Jn 9:1–41

### Know Someone Overly Anxious about Sin?

Since 1964, the Redemptorists’ *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit [ScrupulousAnonymous.org](https://www.scrupulousanonymous.org).



### A WORD FROM POPE FRANCIS

*We all have the right to be forgiven. All of us....Forgiveness is a “right” in the sense that God, in the Paschal Mystery of Christ, has given it in a total and irreversible way to every person willing to accept it with a humble and repentant heart.*

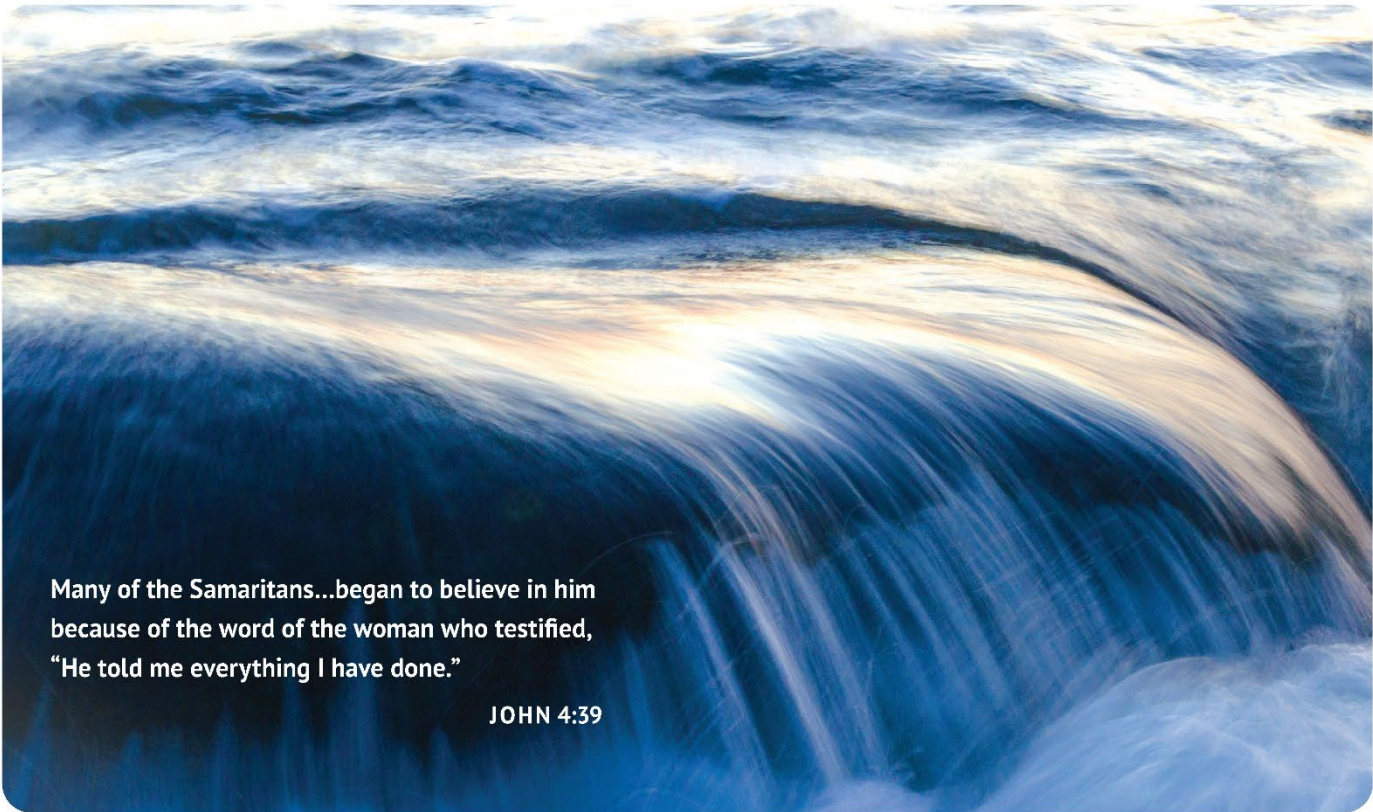
ADDRESS AT A COURSE ORGANIZED BY APOSTOLIC PENITENTIARY, MARCH 25, 2022



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# Our Parish COMMUNITY

March 12, 2023  
**Third Sunday of Lent (A)**  
Exodus 17:3–7 / Romans 5:1–2, 5–8  
John 4:5–42 or John 4:5–15, 19b–26, 39a, 40–42



Many of the Samaritans...began to believe in him because of the word of the woman who testified, “He told me everything I have done.”

JOHN 4:39

## A Fountain of Life

FR. JOSEPH JUKNIALIS

**T**he lovelorn column in the local newspaper shared a letter from someone who felt adrift. She had everything she needed or wanted —a marriage, a job, a home. Yet she felt there had to be more to life, but she didn’t know what it was or where to go. She wondered, *Could anyone help me?*

Like the woman from Samaria who happened upon Jesus when she came looking for water at the local well, she and the letter writer were both eager for “living water.” The woman at the well would then no longer need to come each day for her household needs, and the letter writer would have her deeper thirsts quenched. Both wanted something more out of life, not unlike most people at one time or another.

Long before Jesus encountered the woman at the well, the people who were led by Moses through the desert grumbled to him about their thirst, which triggered Moses to grumble to God about the people. The result was finding water in the desert, the most unlikely of places. As a result, they realized that God was taking care of them, that God was ultimately their source of life.

We may decide what will bring new life—a new relationship, a new job, a new home. Yet just as often the answer comes from totally unexpected sources: the deserts of our lives. Also just as often, we somehow miss the answer. When we do recognize it, however, we say, “Thanks be to God.” ●

### Reflect

**When and where have you found grace in an “unexpected place”?**