



Nutrition Alliance, LLC

19th Annual Conference & Expo

FIESTA!

Thursday, May 16, 2019

The Falls Event Center
4635 E Baseline Rd, Gilbert, AZ



KEEPING KITCHENS COOKING™

CONFERENCE AGENDA

TIME	MAIN HALL	CONFERENCE ROOM	CULINARY THEATER
7:00 - 8:00	Registration and Continental Breakfast		
8:00 - 8:45	Welcome and Awards - Anna de Jesus, MBA, RDN, President, Nutrition Alliance, LLC		
8:45- 10:00	<p>Nuevo Patient Driven Payment Model (PDPM) & Nutrition</p> <p>Brenda Richardson, RDN, LD, CD, FAND President / Owner Brenda Richardson, LLC</p>	<p>Mas Rápido</p> <p>Dr. Matt Buman, PhD, FACSM, FSBM Associate Professor College of Health Solutions Arizona State University</p>	<p>Food Code 2019</p> <p>Magali Bustillos, RS and Martin Vega, RS Environmental Health Specialists Maricopa County Environmental Services</p>
10:00 - 10:15	BREAK		
10:15 - 11:45	<p>Olé! Putting your Best Leadership Food Forward</p> <p>Dr. Glenna McCollum, MPH, RDN, FAND Past President The Academy of Nutrition & Dietetics</p>	<p>Adiós Dietary Dogma!</p> <p>Dr. Randolph Clark, MD, CMD Internist TeamHealth</p>	<p>El Mejor Dining</p> <p>Julio Casas, Tom Gerlak Loretta Tinajero , Alan Zimmerman Executive Chef Consultants Nutrition Alliance, LLC</p> <p>Ruth Halter, NDTR Patient Services Manager Tucson Medical Center</p>
11:45 - 1:45	VENDOR FAIR AND ORDERING SHOW - LUNCH - DOOR PRIZES		
1:45 - 3:15	<p>LTC & Residential Facilities Update</p> <p>Matt Connolly, RDN Team Leader - AZDHS Bureau of Long Term Care</p> <p>Tiffany Slater, MPH State Licensing Surveyor - AZDHS Bureau of Residential Facilities</p>	<p>Overhauling Immediate Jeopardy & Informal Dispute Resolution</p> <p>Kay Huff, RN Director of Quality & Regulatory Service Arizona Health Care Association</p>	<p>Viva la Diversidad!</p> <p>Julio Casas, NHA, Exec. Chef Consultant Ruth Halter, NDTR, Diet Tech Devi Sepperumal, MS, RDN Nutrition & Culinary Consultant Nutrition Alliance, LLC</p> <p>Jonathan Curtis, FSD Winslow Campus of Care</p>
3:15 - 3:30	BREAK		
3:30 - 4:30	<p>It's a Caliente Topic: What's Happening to Food & Agriculture?</p> <p>Dr. Glenna McCollum, MPH, RDN, FAND Past President The Academy of Nutrition & Dietetics Member Food & Agriculture Policy Advisory Council for the State of AZ Dept. of Agriculture</p>	<p>Catching Up with the New Employment Laws (and a few old ones)</p> <p>Craig O'Loughlin Partner Snell & Wilmer, LLP</p>	<p>Nutrition Care of the Mentally Declining Adult</p> <p>Denise Coventry, RDN Nutrition & Culinary Consultant Nutrition Alliance, LLC</p> <p>Roger Coventry, MBA, JD Partner Childers & Coventry</p>
4:30	<p>CLOSING REMARKS & DOOR PRIZES</p> <p>Laurie Dennhardt, MA, VP of Operations, Nutrition Alliance, LLC</p>		

SESSION DESCRIPTIONS

MAIN HALL

8:45 – 10:00 **Nuevo Patient Driven Payment Model (PDPM) & Nutrition**

Brenda Richardson, RDN, LD, CD, FAND, President/Owner, Brenda Richardson, LLC

October 1, 2019 marks the beginning of the new per-diem payment process affecting skilled nursing communities. Understanding key nutrition related diagnoses included in PDPM is critical. This session will discuss collaboration with healthcare professionals to incorporate systems, processes and documentation for positive nutrition outcomes and appropriate financial reimbursement of nutrition related services.

10:15 – 11:45 **Olé! Putting your Best Leadership Foot Forward**

Dr. Glenna McCollum, MPH, RDN, FAND, Past President, The Academy of Nutrition & Dietetics

Have you ever found yourself in front of a crowd ready to speak, with palms sweaty and at a loss for words? Did your path cross with a boss, superior or someone you wanted to impress and found you couldn't find anything to say? This interactive session will help each participant to *Put Their Best Leadership Foot Forward* by facilitating awareness and understanding of your leadership style, provide practical tools to enhance your leadership skill-set, and an opportunity prepare and practice for any situation! The steps are as easy as 1 – 2 – 3 and you'll have fun throughout the learning process! **Bring your current bio if you have one.**

1:45 – 3:15 **LTC & Residential Facilities Update**

Matt Connolly, RDN, Team Leader, AZDHS, Bureau of Long Term Care

Tiffany Slater, MPH, State Licensing Surveyor, AZDHS, Bureau of Residential Facilities

Matt & Tiffany will highlight the latest regulatory changes, survey citations and trends in Long Term Care, Assisted Living and Behavioral Health. Join our surveyors as they discuss how we can provide the best services for our valued residents.

3:30 – 4:30 **It's a Caliente Topic: What is Happening to Food & Agriculture?**

Dr. Glenna McCollum, MPH, RDN, FAND, Past President, The Academy of Nutrition & Dietetics

Member, Food & Agriculture Policy Advisory Council for the State of AZ Department of Agriculture

The food we eat today is less nutritious than it used to be! Reliable declines have been detected over the past 50 years in protein, calcium, phosphorus, iron, riboflavin (vitamin B2) and vitamin C in a variety of fruits and vegetables. What do current food production practices and trends tell us about the future of our food supply, feeding a global population of 10 Billion by 2050, and the impact of these variable on our health and environment? Truly, this is a caliente topic you don't want to miss!

CONFERENCE ROOM

8:45 – 10:00 **Mas Rápido**

Dr. Matt Buman, PhD, FACSM, FSBM, Associate Professor, College of Health Solutions, ASU.

Move more & sit less – is what the recently released physical activity guideline by the US Dept of Health and Human Services is advising, in addition to getting regular moderate – vigorous physical activity. What implications does this have for our workplace? Dr. Buman will present on the latest evidence on how prolonged sitting can impact health and provide us with steps that workplaces have made to move more and sit less throughout the workday.

10:15 – 11:45 **Adiós Dietary Dogma**

Dr. Randolph Clark, MD, CMD, Internist, TeamHealth

Come prepared to hear Dr. Clark break various deep seated beliefs on nutrition, metabolic syndrome, chronic disease and inflammation. If you think weight is determined by the old dogma of calories in and calories out, not so fast, this may be the session for you! It's time for a new way of thinking.

1:45 – 3:15 Overhauling Immediate Jeopardy & Informal Dispute Resolution

Kay Huff, RN, Director of Quality & Regulatory Service, Arizona Health Care Association

Appendix Q – CMS State Operation Manual has overhauled Immediate Jeopardy (IJ) and how surveyors will analyze and identify IJ situations. The new survey tool to identify IJ will be discussed by our presenter. This session goes through the Informal Dispute Resolution and Independent Informal Dispute Resolution. Past non-compliance scenarios will be presented. No one expects an IJ, but if it does happen, won't you be glad you attended this.

3:30 – 4:30 Catching Up with the New Employment Laws (and a few old ones)

Craig O'Loughlin, Partner, Snell & Wilmer, LLP

Back by popular demand! Listen to Craig as he discusses NEW employment law challenges facing our industry. Some topics will include the Paid Sick Leave Act, New Overtime Exemption rule, medical marijuana, FMLA, ADA and handling poor performers. Hear firsthand about real case files, how to avoid them and what to do, if your company is sued. Questions are welcome.

CULINARY THEATER

8:45 – 10:00 Food Code 2019

Magali Bustillos, RS & Martin Vega, RS, Environmental Health Specialists, Maricopa County Environmental Services

Maricopa County is in the process of adopting the latest FDA Food Code this year. Changes to the Food Code will be discussed. Find out what the top citations are that lead to "C" ratings. What happens in Maricopa, eventually affects all other counties.

10:15 – 11:45 El Mejor, (the best) Dining

Julio Casas, Tom Gerlak, Loretta Tinajero & Alan Zimmerman, Exec. Chef Consultants, Nutrition Alliance, LL

Ruth Halter, Patient Services Manager, Tucson Medical Center & Diet Tech, Nutrition Alliance, LLC

Food and Dining service plays an important role in resident satisfaction. New regulations emphasize the importance of culture change and the resident centered practices that come with it. This interactive session presents fine dining techniques and new menu ordering technology.

1:45 – 3:15 Viva la Diversidad

Julio Casas, NHA, Exec. Chef Consultant, Ruth Halter, NDTR, Diet Tech & Devi Seppperumal, MS, RDN, Nutrition & Culinary Consultant, Nutrition Alliance, LLC.

Jonathan Curtis, Food Service Director, Winslow Campus of Care

This interactive demo will provide participants with basic information on various ethnic cuisines - Native American, Mexican, Kosher, Indian. An understanding of various cultures will be presented to instill respect for our differences and celebrate diversity. Bring your appetite.

3:30 – 4:30 Nutrition Care of the Mentally Declining Adult

Denise Coventry, RDN, Nutrition & Culinary Consultant, Nutrition Alliance, LLC

Roger Coventry, MBA, JD, Partner, Childers & Coventry

When rapid mental decline impacts patient cognition (resulting in marginal decision making capability) nutrition professionals need to know what questions to ask, how to tailor interventions when mental capacity comes into question, and offer interdisciplinary options at WINS, IDT, care plan meetings and the nutrition care process. This hands-on session will provide participants with the opportunity to work through a complex case study and give participants the confidence to work with adults who are medically compromised.

VENDOR FAIR

11:45- 1:45 Exhibits Open – Fiesta!

Place your orders today at our buying show. Vendors will take your orders and provide these to the distributor of your choice. Six weeks' worth of orders may be placed.

REGISTRATION FORM

Registration Fee:

NUTRITION ALLIANCE CLIENTS ONLY: \$89 in advance (by 5/6/19), \$99 at the door.

Administrator Discount: 1 Administrator FREE with every 2 paid participants per facility

OTHERS: \$99 in advance (postmarked by 5/6/19), \$109 at the door.

Participant #1

Name: _____
E-Mail: _____
Company: _____
Title: _____
Address: _____
City: _____ State: _____ Zip: _____

Participant #2

Name: _____
E-Mail: _____
Company: _____
Title: _____
Address: _____
City: _____ State: _____ Zip: _____

Participant #3

Name: _____
E-Mail: _____
Company: _____
Title: _____
Address: _____
City: _____ State: _____ Zip: _____

Participant #4 or FREE Administrator

Name: _____
E-Mail: _____
Company: _____
Title: _____
Address: _____
City: _____ State: _____ Zip: _____

Payment Info:

Bill my facility (**Nutrition Alliance Clients Only**) Total \$ _____

Check enclosed (Payable to: Nutrition Alliance) Total \$ _____

Charge to American Express / Visa / MasterCard (please print clearly) Total \$ _____

Card #: _____ Exp Date: _____ 3 or 4 digit ID#: _____

Name as it appears on card: _____

Billing address: _____

Signature: _____ Contact phone #: _____

You MUST fax, e-mail or mail in registration form. PHONE ORDERS NOT ACCEPTED

Cancellation Policy: Written cancellation prior to 5/6/19 will entitle you to a full refund. Cancellations received after 5/6/19 will result in a \$50 administration fee. [There are no refunds for no-shows.](#)

Send registration to:

MAIL: Nutrition Alliance P.O. Box 14143 Tempe, AZ 85284-0070

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Questions - Contact Laurie at 602-361-7246, lauried@nutritionalliance.com or Anna at 602-819-8394, annad@nutritionalliance.com