

# **LIFE STEPS OB/GYN, HEALTH CARE FOR WOMEN, LLP**

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Patient Name \_\_\_\_\_

Procedure \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

## **Mt. Sinai Ambulatory Surgery Suites.**

5 East 98<sup>th</sup> Street (between Madison Ave & 5<sup>th</sup> Ave)

Take the elevator to the 14<sup>th</sup> floor – through the double doors.

## **PREPARATION PRIOR TO PROCEDURE**

- No aspirin containing medications may be taken for about 7 days prior to surgery. Please consult with you physician if you take aspirin or other blood thinners (such as Coumadin) before discontinuing medication. No Advil, Motrin, Aleve or Ibuprofen
- No alcohol 48 hours prior to surgery.
- Please inform your physician of any supplements you may be taking.

## **ON THE DAY OF THE SURGERY**

- Remember to bring your insurance card and photo ID
- Please arrive 1 hour before procedure time.
- Wear comfortable clothes.
- Do not wear makeup or nail polish
- Do not bring expensive jewelry or valuables to the hospital.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY!!**

\*\*Please be sure to have someone there to pick you up. You can call 212-241-0082 to get the status of surgery.\*\*