

# **2017 SILVER LAKE EXPERIENCE WORKSHOP DESCRIPTIONS THURSDAY, AUGUST 10, 2017**

SIGN IN BEGINS AT 8:00 AM  
OPENING REMARKS AT 9:30 AM IN EPWORTH HALL

## **SESSION I - 10:10-11:30 AM**

**T1** "Acres of Diamonds"  
Rev. Dr. Donald Weaver  
Location: Epworth Hall  
Limit: Open

Russell Conwell gave the speech "Acres of Diamonds" over 6,152 times. It is in part a sermon, part dramatic recitation, part philosophical, part autobiographical but always entertaining. "Acres of Diamonds" is a morality tale of the value of education, devotion to religious ethics, and the importance of family and community. Conwell was a Baptist minister, orator, philanthropist, lawyer and writer. He also was the founder and first president of Temple University. Join Rev. Dr. Weaver as he recreates his portrayal of Russell Conwell.

**T2** "The Health of Silver Lake & Gardening  
Tips to Benefit Lake Health"  
SLA Water Quality Team & Ellen Folts/Amanda's Garden  
Location: Willmott  
Limit: 40 People

Join the Silver Lake Association Water Quality Team and Ellen Folts of Amanda's Garden to learn about the health of Silver Lake and how native perennials can be used to improve water quality. We will begin with a summary of the Lake's most current water quality findings and will be followed by Ellen, a NYS Certified Nursery and Landscape Professional, explaining how native plants can bring beauty to your gardens and health to the waterways. Native plant samples will be raffled off as door prizes for workshop participants.

**T3** Flint Knapping  
Tom Pedlow

Location: Willmott  
Limit: 40 People

Knapping, which is a German word used to describe the process of making gun flints, also defines the technique of making stone arrowheads and other projectile points. Tom, a charter member of the Genesee Valley Flint Knappers Association, will present the complete process of taking a large piece of flint and working it into a point that can be used as a knife, spear or arrowhead. He will also display other Native American tools such as celts, drills, and scrapers and demonstrate techniques showing how they might have been made and used. This is a family friendly workshop.

**T4** "Heal Chronic Disease Naturally"  
Ariel Wachowiach, L. Ac. MSAOM  
Body Essential Holistic Wellness Ctr.

Location: Koinonia  
Limit: 75 People

Are you suffering from chronic symptoms such as fatigue, always hurting somewhere, or just have a vague sense that something is wrong? Do your symptoms make it difficult to get through each day? During this workshop participants will discuss natural solutions to combat chronic illness including accupressure and massage techniques that one can implement at home to boost the immune system, decrease pain and fatigue, and improve sleep. Hear Ariel's amazing personal story that led her to become a specialist in Lyme disease and Chronic Fatigue Syndrome and leave feeling renewed, invigorated, and ready to solve pain and fatigue once and for all.

**T5** Dessert Demonstration  
Chef from The Glen Iris

Location: The Manor  
Limit: 30 People

Join the pastry chef of the famous Glen Iris Inn in Letchworth State Park as they teach participants the secrets to creating fabulous desserts.

**T6** "Ageless Spirit"  
Barbara Bruce

Location: Stooddy Hall  
Limit: 20 People

We all want to live a long life - but no one wants to get old. Aging is a part of living. How we age is determined by the choices we make. Some folks grow wise and wonderful in an aging body. Some folks just grow old. Come as we discover what choices we can make to live a fulfilling life at any age.

### **GROUP LUNCH - 11:45 AM-1:00 PM**

#### **Shake on the Lake presents A Rousing Musical Lunch Songs from a New Musical Play "A Tinker's Tale"©**

Music by Earle Terwilliger, lyrics by Jim Morey, written by Jeanne & Jim Morey, produced by Josh Rice, directed by Chad Bradford, music directed by Eric Kelly

#### **LOCATION: KOINONIA**

**\*\*LIMIT: FIRST 110 PEOPLE TO REGISTER\*\***

**Alternative lunch location provided for all others  
(no extra charge)**

### **SESSION II - 1:30-3:20 PM**

**T7** "Understanding Prints"  
Dr. Patrick McGrady  
Charles V. Hallman Curator  
Palmer Museum of Art at Penn State, State College, PA

Location: Willmott  
Limit: 40 People

A practical introduction to various print mediums, from woodcut and engraving to lithograph and screenprint. This is a lecture and a workshop. After a brief presentation on the history of printmaking, a variety of examples will be placed on view for hands-on discussion. The care and handling of prints also will be addressed. Participants are encouraged to bring their own prints for examination.

**T8** "Soldiers, Hippies and Nixon"

John Bennett BA, CASAC

Executive Director

Genesee/Orleans Council on Alcohol and Substance Abuse

Location: Willmott

Limit: 40 People

From the 1950's law and order approach in treating heroin addiction to modern day medicine, John Bennett will take participants through the years exploring how we reached the point of a national Opioid Epidemic. From the Vietnam War to the counterculture revolution of the 60's and 70's, participants will explore Americans' love affair with sex, drugs, and rock n' roll. We will connect the dots to modern day big Pharm and tell the story of one company's successful marketing campaign, starting us on the path to destruction. We will explore, in depth, how we got here, our strategies to fix this crisis, and a crystal ball look at the fate of our future generations.

**T9** Spiritual History of Silver Lake Institute

Rev. Greg Franklin, SLI Summer Chaplain

Location: Epworth Hall

Limit: Open

This workshop will deal not only with the Camp Meeting "highs" but also will call to the forefront the difficulties and struggles which ultimately led to the relocation of the Genesee Valley Camp Meeting to Silver Lake. We will draw a parallel with American history for a sense of timing and cultural identification of the religious with the secular. Come join us as we map out the Silver Lake Institute's history up to the current renaissance.

**T10** "Meditation Mindfulness"

Dr. James Pilc, M.D.

Body Essential Holistic Wellness Ctr.

Location: The Manor

Limit: 20 People

After a 2005 diagnosis of bone marrow cancer, Dr. Pilc began his journey into Eastern Medicine. He believes in meditation as a complementary therapy to Western treatment resulting in complete healing. This workshop will discuss the various forms of meditation and their benefits beginning with mindfulness. Dr. Pilc will give a 45 minute presentation followed by a 45 minute guided meditation.

**T11** Pioneer Cabin Museum History/Tour      Location: Pioneer Cabin  
Bob Murphy, SLI Historian/      OFF SITE on Walker Rd.  
Wyoming Historical Pioneer Assoc.      Limit: Open

This Workshop will begin with a short history of the Walker area and its relationship to the Assembly Grounds (Silver Lake Institute) from 1872 to the 1950's. Following the brief presentation, there will be a tour of the museum and buildings. This is a family friendly, educational tour.

*Please note: Following this presentation, there will be a portrayal of Mary Jemison from 4:00-5:00 PM in the early 1834 church building on the Pioneer Grounds.*

**YOU WILL NEED YOUR OWN TRANSPORTATION TO TRAVEL ABOUT 3/4 MILE TO THE SITE. DIRECTIONS WILL BE PROVIDED.**

**MORE INFORMATION ABOUT THE PIONEER CABIN MUSEUM & GROUNDS WILL BE PROVIDED AT REGISTRATION.**

**T12** "Same Sex Issues in the Context of Faith"      Location: Stooddy Hall  
Discussion facilitated by Jackie Hoyt      Limit: 25 People

Many of us grew up in conservative homes and faith communities that have helped to shape our convictions and beliefs. Many of us also have tried to remove ourselves from controversial issues that affect faith and choices. But as much as we would like to remain silent or ignore some of these issues, it is becoming increasingly difficult to do so, as more and more of us examine how we truly feel when it is no longer just a topic in the news, or seen in a movie, but rather when that issue hits close to home because it involves your friend or brother, sister, wife, husband, or child. Listen and participate in a conversation between Rev. Dr. Barbara Therese and Rev. Denise Donato on the topic of "Same Sex Issues within the Context of Faith." Join moderator Jackie Hoyt and these two women of faith as they share insights into a very sensitive but relevant topic affecting today's faith communities. SLE offers a safe place to share and hear opinions that might be different from our own, honoring the tradition to give respect to varied opinions and fostering intellectual thoughts and challenges.

**\*SPECIAL TIME: 1:30-4:30 PM\***

**T13** "The Watercolor Experience" Location: Hoag Gallery  
Artist Sandra Tyler Limit: 15 People

Participants will explore the medium of watercolor in a fun, spontaneous way using the 3 primary colors plus a neutral. Sandra will guide everyone through the watercolor experience; participants will leave with their own unique paintings.

**\*SPECIAL TIME: 1:30-4:30\***

**T14** Puppetry: Animating the Inanimate Location: Lower Koinonia  
Josh Rice Limit: 12-20 People

In this 3 hour workshop, participants will design, build, and manipulate their own puppets. Puppetry is the art of animating the inanimate, or giving life to an object that was once lifeless. Through breath, eyeline, focus, and movement, you will learn basic manipulation techniques, from ancient Japanese traditions to contemporary American practices. Come breathe life into your own creation! This workshop is appropriate for ages 10 and up.

**SESSION III - 4:00-5:00 PM**

**T15** "What is a Word?" Location: Willmott  
Dr. Ken Hennig, Professor Emeritus Limit: 40 People  
Niagara Community College

By analyzing a single word, we can discover elements of the history and structure of a language and the culture of origin. Sometimes amazing and surprising things about language are right in front of us, but they are so commonplace that we don't even notice.

**T16** "Three To See" - Cottage Walking Tour Location Burt Park  
facilitated by Sharon Pratt Limit: 10 People

Early campers at Camp Wesley (1870's-90's) stayed in tents which were gradually replaced with cottages. The cottages range from

original rustic to somewhat contemporary. These tours offer a walk through several cottages. (Three To See = 3 cottages)

**T17** Porch Chat with Dr. P. McGrady

Location: Manor Porch  
Limit: 20 People

Join Dr. McGrady to discuss the World of Art.

**T18** "Art in Motion - An Introduction to Contemporary Dance"

Sarah Keeler-Badger, Director  
Genesee Dance Theatre

Location: Stood Hall  
Limit: 20 People

Experience artistic expression through movement! This basic dance and movement class will introduce you to a few fundamentals of contemporary dance technique. After a thorough warm-up, participants will learn a short piece of simple creative dance choreography. No dance experience is required! Some elements of the class will include sitting and moving on the floor; however, "standing-only" alternatives will be offered. Participants should wear comfortable clothing that allows for freedom of movement (overly loose or constrictive clothing is not ideal). Non-slip shoes/socks are recommended. Participants may bring a yoga mat, towel or blanket for stretching on the floor, if desired. This is a family friendly workshop.

**T19** Daily Devotion

Rev. Denise Donato

Location: Asbury Dock

Limit: Open

**"Now is the Time for Universal Compassion"**

I recently came across this quote that has been circulating around social media: "Our race should be humanity; our religion should be love." There is far more that we share in common across races, cultures, religions and every other factor that is used to separate, than that which divides us. The Dalai Lama in his book *Beyond Religion: Ethics for a Whole World*, coined the term "Universal Compassion." He describes compassion as wanting to do something to relieve the hardships of others and calls us to gradually expand our circle of concern until it finally embraces the whole of humanity. Let's gather

by the lake to explore universal compassion and call upon the Holy One to guide us along the way.

**NOTE: RAIN LOCATION - MANOR LIVING ROOM**

**T20** "Mary Jemison"  
Portrayed by Gretchen Murray Sepik  
Location: Pioneer Cabin  
OFF SITE on Walker Rd.  
Limit: 20 People

Mary Jemison, the white Seneca woman of the Genesee, will tell of her life and how she struggled to adapt to her new environment after she was taken from her Irish parents by the Shawnees at Marsh Creek. She will talk of her love for her Indian family and friends and her choice to remain with them even after she was offered her freedom. Mary once owned land where Letchworth State Park is now located and is buried there at the Council Grounds where a statue was erected in her honor. The program will be followed by a book signing of Gretchen's book, Erie Canal Sal. This is a family friendly, educational workshop.

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**MORE INFORMATION ABOUT THE PIONEER CABIN MUSEUM & GROUNDS WILL BE PROVIDED AT REGISTRATION.**

**T21** Open Swim  
Asbury Camp Staff  
Location: Asbury Camp Pool  
Limit: Open

Cool off in the beautiful Asbury Camp Pool...lots of room for swimming and relaxing. Lifeguard will be on duty.

**5:00-6:30 PM - DINNER ON YOUR OWN**  
(Local restaurants and Asbury Retreat Center options are available)

**6:30-7:30 PM - CONCERT DESSERTS**  
**LOCATION: EPWORTH HALL**  
Presented by the Glen Iris Inn (no extra charge)



**7:30-8:30 PM - THURSDAY EVENING PERFORMANCE**  
**RPO BRASS QUINTET**  
**LOCATION: EPWORTH HALL**

The RPO Brass Quintet will be featured Thursday night performing a concert of American Music that is sure to please listeners of all ages. From arrangements of Gershwin's "Porgy and Bess" to transcriptions of Scott Joplin Rags, the quintet will showcase the diverse and exciting sounds of brass. Music by Glen Miller, Hoagy Carmichael, and Fats Waller, along with the songs of George M. Cohen, marches by John Philip Sousa and authentic Civil War brass band pieces will provide for an energetic program. The quintet will also perform music by John Cheetham and RPO trumpeter Wesley Nance.