

20th Annual MVFDA 5K Run/Walk
 Saturday May 18, 2024 Mt. Vernon, New Hampshire
 Timing & Finish Line Management by 5K Sports Race Management
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Aden Anderson 11 Mont Vernon NH 24:47

***** MALE OVERALL RESULTS *****

1 John Jennings 15 Mont vernon NH 21:00

FEMALE AGE GROUP: 1 - 19

1 9 Aden Anderson 11 Mont Vernon NH 24:47
 2 18 Gwendolyn Kennedy 13 Mont Vernon NH 25:43
 3 26 Catie Chorney 16 Mont Vernon NH 27:35

MALE AGE GROUP: 1 - 19

1 1 John Jennings 15 Mont vernon NH 21:00
 2 2 CHIP SILVER 17 21:12
 3 3 Kai Folan 10 Mont Vernon NH 21:19

FEMALE AGE GROUP: 20 - 29

1 23 ELIZABETH MALONEY 26 26:37
 2 29 HEATHER RIES 24 MONT VERNON NH 28:10
 3 48 MIRANDA ARENA 27 MERRIMACK NH 38:30

MALE AGE GROUP: 20 - 29

1 6 ALEX CRAVEN 25 MILFORD NH 22:14
 2 7 JOSHA MASSON 26 BEDFORD NH 22:36
 3 24 Grant Crowell 24 NORTH DARTMOUTH MA 26:44

FEMALE AGE GROUP: 30 - 39

1 33 Holly Bly 37 Milford NH 29:23
 2 36 Amanda Nicholson 38 Dracut MA 31:35
 3 46 Taylar Breda 34 Mont Vernon NH 37:51

MALE AGE GROUP: 30 - 39

1 4 Tyler Shaughnessy 38 Mont Vernon NH 21:29
 2 16 Peter DiSalvo 37 Bedford NH 25:26
 3 28 NATE CUDWORTH 37 28:05

FEMALE AGE GROUP: 40 - 49

1 11 Shannon Konieczka 42 Mont Vernon NH 24:53
 2 20 Betsy Burkhard 44 Mont Vernon NH 25:58
 3 25 LORI GAGNE 43 MONT VERNON NH 27:04

MALE AGE GROUP: 40 - 49

1 8 Jamie Kennedy 49 Mont Vernon NH 24:34
 2 21 Matthew Anderson 47 Mont Vernon NH 26:10

FEMALE AGE GROUP: 50 - 59

1 44 Julie Howard 50 Mont Vernon NH 35:56
 2 47 Jennifer Mack 50 Milford NH 37:53
 3 63 LAUREL BAERMAN 58 LACONIA NH 47:51

MALE AGE GROUP: 50 - 59

1 5 Tom Lecklider 51 nashua NH 21:36
 2 17 CHRISTOPHER BAERMAN 58 LACONIA NH 25:33
 3 58 CHAD BARTON 52 NASHVILLE TN 41:51

FEMALE AGE GROUP: 60 - 69

MALE AGE GROUP: 60 - 69

1	12	Walter Meltzer	61	Mont Vernon	NH	24:55
2	32	Kevin McCusker	66			29:13
3	38	Bruce Johnstone	65	Weare	NH	33:32

FEMALE AGE GROUP: 70 - 79
MALE AGE GROUP: 70 - 79

FEMALE AGE GROUP: 80 - 99

MALE AGE GROUP: 80 - 99

1	62 Shu Minami	85 Mont Vernon	NH	47:17
2	66 Peter McDonough	82 Manchester	NH	1:02:57

