## UPRISE FH Club Field Hockey Camps

"The Field Hockey staff has been chosen not only because of their outstanding accomplishments in the sport of field hockey, but also because of their ability to teach and relate to the younger and older field hockey players. We understand the importance of teaching proper, fundamentally sound skills while keeping the sport of field hockey fun and exciting. The staff is made up of some of the best field hockey players in the country who can teach the beginner to the most advanced player. We are committed to satisfying the needs of today's young athletes in order to make them tomorrow's champions."

Danyle Heilig

#### **Career Highlights:**

- Owner UPRISE Field Hockey Club
- TopOfTheCircle.com "Coach of the Decade"
- Head Field Hockey Coach at Eastern High School
- 18', 15', 14', 13', 11', 09', 08', 06' TOC Champs
- NJSIAA Group IV State Champions 1999-2018
- South Jersey Group IV Champions 1999-2018
- Olympic Conference Champions 1999-2018
- 2018, 2015, 2014, 2013, 2012, 2011, 2004, 2003, 2002
   #1 in Nation -TopOfTheCircle and MaxFieldHockey
- National Record 153 Games Unbeaten
- National Record 20 Consecutive State Titles
- Coach of the Year Star Ledger, Phila. Inquirer, Courier Post, Field Hockey Club of South Jersey, NFHCA
- Member of 1994 NCAA Division One Field Hockey Champion Team

#### **Past Camp Coaches Include:**

Melanie Dawson—UNC & Monmouth University Alyssa McFerren—Kent State University Kelsey Mitchell—University of Iowa Meredith Kalberer—Columbia University Kasey Morano—Penn State University Karlee Spirit—Wake Forest University Carly Celkos—Penn State University Kimi Jevic—Rutgers University Gianna Perrone—University of Louisville Madison Morano—Penn State University Cassandra Grossman—University of Delaware Gloria Byard—UPRISE FH Club Coach Cassie Kincaid—Lasalle University

#### **Little Risers Day Camp (Current K-4)**

The LITTLE RISERS will focus on basic individual skills such as: dribbling, passing, receiving, eliminating, cutting, defending, and scoring. Skills learned throughout each day will be used in *fun* modified games.

#### Middle School Elite (Current 5-8)

The MIDDLE SCHOOL ELITE will concentrate on individual skill development. Included will be small group skills, organized offenses, transition, defensive communication and specialty situations, which will ultimately be used in competitive game situations.

#### » CAMP TUITION «

• Deadline for early registration: <u>Postmarked</u> by June 1, 2019

Before 6/1/19 After 6/1/19
Little Risers 150.00 175.00
(Grades K-4, 2018/19)
Middle School Elite 170.00 195.00
(Grades 5-8, 2018/19)

\*\*\*GK Instruction is Available \*\*\*

#### » EQUIPMENT «

Campers should bring their own playing equipment. Mouth guards and Shin guards will be required for all campers.

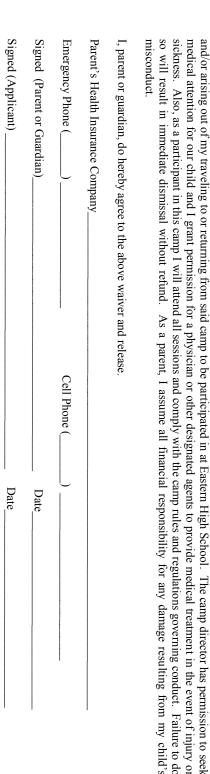
Need Further Information? E-mail: uprisefhc@gmail.com www.uprisefhc.com

# UPRISE FH Club Field Hockey Camp 2019 Registration Form

To save your space in camp this Summer, detach and fill out this form, and Venmo Payment to @DHeilig or send a check payable to UPRISE Field Hockey Club to:

UPRISE Field Hockey Club P. O. Box 122 Moorestown, NJ 08057

- (50% Refundable up to two weeks prior to camp.)
- When your application is received, you will be sent a confirmation via E -mail
- No substitutions will be accepted.



High School and assigns, for any or all damages which may be sustained or suffered by me in connection with my association with or participation in waive, release, and forever discharge any and all rights and claims for damages which I may have or which may hereafter acquire to me against Eastern In consideration of this application being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and administrators,

UPRISE Field Hockey Club LLC.

Moorestown, NJ 08057

P.O. Box 122



## 2019 Field Hockey Camps

**Featuring** 

### **Danyle Heilig**

Head Coach Eastern High School

July 15-18, 2019

Eastern High School Voorhees, New Jersey

Little Risers Day Camp Grades K-4 8:30AM - 11:00 AM

Middle School Elite Grades 5-8 9:00 AM - 12:00 Noon