

# UPRISE FH Club Field Hockey Camps

*"The Field Hockey staff has been chosen not only because of their outstanding accomplishments in the sport of field hockey, but also because of their ability to teach and relate to the younger and older field hockey players. We understand the importance of teaching proper, fundamentally sound skills while keeping the sport of field hockey fun and exciting. The staff is made up of some of the best field hockey players in the country who can teach the beginner to the most advanced player. We are committed to satisfying the needs of today's young athletes in order to make them tomorrow's champions."*

*Danyle Heilig*

## Career Highlights:

- Owner UPRISE Field Hockey Club
- TopOfTheCircle.com "Coach of the Decade"
- Head Field Hockey Coach at Eastern High School
- 18', 15', 14', 13', 11', 09', 08', 06' TOC - Champs
- NJSIAA Group IV State Champions — 1999-2018
- South Jersey Group IV Champions — 1999-2018
- Olympic Conference Champions — 1999-2018
- 2018, 2015, 2014, 2013, 2012, 2011, 2004, 2003, 2002 #1 in Nation -TopOfTheCircle and MaxFieldHockey
- National Record 153 Games Unbeaten
- National Record 20 Consecutive State Titles
- Coach of the Year — Star Ledger, Phila. Inquirer, Courier Post, Field Hockey Club of South Jersey, NFCA
- Member of 1994 NCAA Division One Field Hockey Champion Team

## Past Camp Coaches Include:

Melanie Dawson—UNC & Monmouth University  
 Alyssa McFerren—Kent State University  
 Kelsey Mitchell—University of Iowa  
 Meredith Kalberer—Columbia University  
 Kasey Morano—Penn State University  
 Karlee Spirit—Wake Forest University  
 Carly Celkos—Penn State University  
 Kimi Jevic—Rutgers University  
 Gianna Perrone—University of Louisville  
 Madison Morano—Penn State University  
 Cassandra Grossman—University of Delaware  
 Gloria Byard—UPRISE FH Club Coach  
 Cassie Kincaid—Lasalle University

## Little Risers Day Camp (Current K-4)

The LITTLE RISERS will focus on basic individual skills such as: dribbling, passing, receiving, eliminating, cutting, defending, and scoring. Skills learned throughout each day will be used in *fun* modified games.

## Middle School Elite (Current 5-8)

The MIDDLE SCHOOL ELITE will concentrate on individual skill development. Included will be small group skills, organized offenses, transition, defensive communication and specialty situations, which will ultimately be used in competitive game situations.

## » CAMP TUITION «

- **Deadline for early registration: Postmarked by June 1, 2019**

	Before 6/1/19	After 6/1/19
<b>Little Risers</b> (Grades K-4, 2018/19)	<b>150.00</b>	<b>175.00</b>
<b>Middle School Elite</b> (Grades 5-8, 2018/19)	<b>170.00</b>	<b>195.00</b>

**\*\*\*GK Instruction is Available\*\*\***

## » EQUIPMENT «

**Campers should bring their own playing equipment. Mouth guards and Shin guards will be required for all campers.**

**Need Further Information?  
 E-mail: [uprisefhc@gmail.com](mailto:uprisefhc@gmail.com)  
[www.uprisefhc.com](http://www.uprisefhc.com)**

# UPRISE FH Club Field Hockey Camp 2019 Registration Form

*To save your space in camp this Summer, detach and fill out this form, and Venmo Payment to @DHeilig or send a check payable to UPRISE Field Hockey Club to:*

**UPRISE Field Hockey Club  
 P. O. Box 122  
 Moorestown, NJ 08057**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

AGE: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

PHONE: \_\_\_\_\_ GRADE 2018/19: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

\_\_\_\_\_ POSITION

Camp Reversible Size (circle):

Girls LG    Adult SM/MED    Adult L/XL

Please indicate Camp Division below :

\_\_ LITTLE RISERS FH DAY CAMP@ \$150 (by 6/1/19)

\_\_ MIDDLE SCHOOL ELITE CAMP@ \$170 (by 6/1/19)

\$ \_\_\_\_\_ TOTAL AMOUNT ENCLOSED

- (50% Refundable up to two weeks prior to camp.)
- When your application is received, you will be sent a confirmation via [E-mail](#)
- No substitutions will be accepted.



Field Hockey Club

2019

# Field Hockey Camps

Featuring

**Danyle Heilig**

Head Coach

Eastern High School

**July 15-18, 2019**

Eastern High School

Voorhees, New Jersey

**Little Risers Day Camp**

Grades K-4

8:30AM - 11:00 AM

**Middle School Elite**

Grades 5-8

9:00 AM - 12:00 Noon

**UPRISE Field Hockey Club LLC.  
P.O. Box 122  
Moorestown, NJ 08057**

In consideration of this application being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims for damages which I may have or which may hereafter acquire to me against Eastern High School and assigns, for any or all damages which may be sustained or suffered by me in connection with my association with or participation in, and/or arising out of my traveling to or returning from said camp to be participated in at Eastern High School. The camp director has permission to seek medical attention for our child and I grant permission for a physician or other designated agents to provide medical treatment in the event of injury or sickness. Also, as a participant in this camp I will attend all sessions and comply with the camp rules and regulations governing conduct. Failure to do so will result in immediate dismissal without refund. As a parent, I assume all financial responsibility for any damage resulting from my child's misconduct.

I, parent or guardian, do hereby agree to the above waiver and release.

Parent's Health Insurance Company \_\_\_\_\_

Emergency Phone ( \_\_\_\_\_ ) \_\_\_\_\_ Cell Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Signed (Parent or Guardian) \_\_\_\_\_ Date \_\_\_\_\_

Signed (Applicant) \_\_\_\_\_ Date \_\_\_\_\_