

## Ashtead All Stars 2019/2020 Update No.5

### Sunday 6<sup>th</sup> October 2019

Dear all, please enjoy the reading the results below. A special mention goes to Anna P who stayed at Nonsuch all day on Sunday to reserve for the age group above. Great club spirit Anna.

### Kingston District Netball League

OUR TEAM	OPPOSITION	RESULT	SCORE	STAR PLAYER
AAS Ladies A	Cobham Vets	WON	63 - 40	Lauryn C and Amelia M
AAS Ladies B	Putney Ladies B	LOST	32 - 44	Sophie Y
AAS Ladies C	Seymours C	WON	45 - 39	Maggie S and Emma W

### Nonsuch Junior Netball League

OUR TEAM	OPPOSITION	RESULT	SCORE	STAR PLAYER
U14A	Crystal Palace A	WON	21 - 7	Sasha E
U14A	Waverley Vipers	WON	23 - 13	Eliza
U14B	KITC	WON	36 - 11	Jess and Megan
U14B	Tiffin	LOST	19 - 20	Lily B
U15	Tiffin B	WON	32 - 6	Ellen
U15	Waverley Vipers	LOST	12 - 41	Tara
U15	Richmond Ravers B	LOST	16 - 24	Francesca
U15/U16A	Waverley Vipers A	LOST	19 - 27	Charlotte
U15/U16A	Tiffin A	WON	26 - 18	Clara
U15/U16B	Whitton A	LOST	12 - 17	Emily
U15/U16B	Spencer	WON	16 - 6	Kira

### Friendlies v Epsom College

OUR TEAM	OPPOSITION	RESULT	SCORE	STAR PLAYER
U16A	Epsom College A	WON	33 - 11	Charlotte
U16B	Epsom College B	LOST	15 - 21	Hermione

### The Week Ahead

07/10/2019	Monday	6 - 7pm	Outdoor Training: U12s and U15/U16s
		7 - 8pm	Outdoor Training: U13s and U14s
08/10/2019	Tuesday	8.30-9.30pm	Walking Netball
09/10/2019	Wednesday	6 - 7pm	Outdoor Training: U10s
		7 - 8pm	Outdoor Training: U11s
		6 - 7pm	Indoor Squad Training: U13s
		7 - 8pm	Indoor Squad Training: U15/U16
		8 - 9.30pm	Indoor/Outdoor Training : AAS LADIES
11/10/19	Friday	6 - 9pm	Defensive Masterclass with Jo Trip (by invitation)
		6 - 9pm	Mid Court Masterclass with Georgia Lees (by invitation)
12/10/2019	Saturday	AWAY	AAS Ladies A v Hampton B
		AWAY	AAS Ladies B v Hampton C
		AWAY	AAS Ladies C v Focus B
		2 - 3pm	MINIS
13/10/2019	Sunday		U16 County League
13/10/2019	Sunday	all day	NONSUCH LEAGUE U10/U11

Kind regards, Jane

Jane Arnett, AAS Chairperson and Coach, [www.ashteadallstars.com](http://www.ashteadallstars.com)