

# JAMMIN' DANCE & FITNESS CENTER SCHEDULE 2024

JAMMINDANCE.COM

DANCE@JAMMINDANCE.COM

FIND US ON FACEBOOK - JAMMIN' DANCE AND FITNESS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00 -10:00 AM <b>ZUMBA</b> All Levels Class Includes Toning		9:00 -10:00 AM <b>ZUMBA</b> All Levels Class Includes Toning		9:00 -10:00 AM <b>ZUMBA</b> All Levels Class Includes Toning	<p><i>-Dates TBA</i> <i>-Please message for details!</i></p> <p><b>Saturday fun Day</b> 10:30 - 12:00 Dance-Craft-Games Age 4 - up</p>
	11-11:45 <b>ZUMBA CHAIR</b> SPECIALTY CLASS Senior Friendly	10:30-11:30 All Inclusive Adults Creative Dance & Zumba				
	3:30 - 4:00 pm Youth Tap Private	3:00 - 5:00 pm <b>YOUTH</b> Scottish Country Start Date TBA				
	4:00 - 4:30 Mom & Me Tap / Zumba		4:00- 4:45pm Private class	6:00 - 7:00 pm Youth Belly Dance Ages: 7 - 15		Tea Parties And other themed parties coming!!!Dates TBA
	4:45-5:30 Creative Dance Age 3 - 6		5:00 -6:00 PM Adult Tap Intermediate	7:00 - 8:00 pm Adult Belly Dance By Vahana		<p><b>Need a P.A., D.J. or Live Music? We book weddings, parties, events, and more...</b></p>
	Brazillian Dance Coming soon!!	7:00 - 8:00 pm Adult Belly Dance  By Vahana	6:00 - 7:00 pm <b>ZUMBA</b> All Levels Class Includes Toning	8:00 - 9:00 pm Belly Dance Troupe "Jewels of the North"		

**PLEASE NOTE:**

No sign-up or registration fees. All classes at Jammin' Dance are managed independently by the Instructor. Please email [dance@jammindance.com](mailto:dance@jammindance.com) for questions, or contact information for the class you are interested in ~ Thanks!!