

Prayers For Those Suffering From Recent Disasters

I originally wrote these prayers in the aftermath of SuperStorm Sandy. It will take many families years to recover from Harvey and Irma and other recent Disasters. Pray for them! God Listens.

Preface to Prayer

Prayer is how we present our petitions, pleas and needs to the Saints and to Jesus and through them, to God Our Father. For our Prayers to work, we must have Faith and Believe that God will hear us, answer our Prayers and grant us what we ask. There is no such thing as a Perfect Prayer. Unless you are reciting one of the Classic Prayers like the Hail Mary or Our Father, feel free to vary the words and add or subtract from the text. The important thing is that you pray from the Heart with Faith. Then be patient and give The Lord time to work His miracles. God Bless You!

Prayer in Times of Despair

Dear Lord, I have reached new depths of despair. The adversities which afflict me have darkened my world, sapped my strength and hardened my heart. I struggle to keep my Faith and fear that You have deserted me. But I know that You would never do that. Therefore, Dear Lord, I ask You to bless me with the strength to sustain my Faith and persevere in the presence of these adversities. In Your Mercy forgive me for the part I played in bringing about my problems and hurry to my aid. Grant me the Wisdom to see the ways to overcome these problems and restore the prospect of a promising and fulfilling future. Work Your Miracles on my behalf to lift the yoke of my burdens so that I may once again take care of my family and loved ones, and contribute to my community. And Lord, just as You help me, let me never forget to help those who are less fortunate than I. Amen

Prayer for Good Health

Dear Lord, please bless me with the strength, stamina and good health that will enable me to work long and hard to do Your Will, to spread The Word, to help others in need, and to do good works. Although surrounded by sickness, protect me from this contagion until the danger passes. Help me to make good choices in my food, drink and exercise so that my body remains strong and my mind sound for use in Your Service. And as you protect me, please protect my children and my loved ones that they may also stay well and able to serve You. Lord, protect not just our physical health and mental health, but also our souls and spiritual health as well. The well-being of my family is in Your Hands. Amen.

Matthew 7:7 [Prayer and the Golden Rule] *“Ask and it will be given to you; seek and you will find; knock and the door will be opened.”*

Please share this website with all those you know who are in need of God's Help!

www.JesusCanHelp.us