

John Aguilar, Jr, DAOM, EAMP, Dipl OM (NCCAOM)

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Work Experience

<u>Adjunct Faculty, Clinic Supervisor, Bastyr University</u>	2017 – Present
<u>Adjunct Faculty, “Mandarin for Chinese Medicine 1-3”, Northwestern University of Health Sciences</u>	2017 – Present
<u>Chinese medical physician</u> <ul style="list-style-type: none">• Traditional acupuncture and Chinese herbal medicine (tailored bulk herbal formulas, <i>páo zhī</i>-processed herbs, and <i>jiǔ</i>-elixirs)• Acupressure, tuīná, diet therapy, qìgōng exercise therapy, Chinese medical counseling• Treat a wide range of disorders, acute to chronic, physical to mental/emotional• High level of direct interaction with patients	2003 - Present
<u>Reporter, Workshop on the Translation and Dissemination of Chinese Medicine</u> Hosted by the UCLA Center for East-West Medicine and the Confucius Institute	2011
<u>Co-founder and Chief Herbal Pharmacist, Rising Sun Oriental Medicine Pharmacy</u> Fill herbal prescriptions, quality control of bulk herbs, and offered professional advice to local practitioners	2007 - 2013
<u>Editor-in-Chief, Colorado Journal of Acupuncture and Oriental Medicine</u> Responsible for interacting with authors, vetting all submissions, and editing the journal; redesigned and reformatted newsletter of Acupuncture Association of Colorado into journal format	2005 - 2006
<u>Assistant Clinic Director, Colorado School of Traditional Chinese Medicine</u> Assisted Clinic Director in the running of the student clinic of accredited MSTCM program	2004 - 2005
<u>Assistant Clinic Supervisor, Colorado School of Traditional Chinese Medicine</u> Supervised student interns, engaged them in discussion and critical analysis in: differential diagnosis, treatment planning, execution of acupuncture treatments, planning of herbal prescriptions, etc.	2004 - 2005
<u>Herbal Pharmacist, Lifegate Holistic Pharmacy</u> Filled herbal prescriptions	2004 - 2005
<u>Assistant, Yan Jing Supply, Herbal Pharmacy and Supply Store</u> Filled herbal prescriptions for practitioners and student interns at store serving two large AOM and massage schools	2001 - 2003
<u>Licensed Massage Therapist, Acupressure (private practice)</u> Incorporated TCM diagnostics and point theory, as well as Japanese and Classical Five Element theories	1999 - 2001

Volunteer, Dragon's Light Herb Company

1999 - 2000

Assisted owner with day-to-day operations in quasi-apprenticeship role

US Air Force, Security Police

1993 - 1997

- *Honor Graduate*, Basic Military Training
- *Distinguished Honor Graduate*, Air Base Ground Defense (Ground Combat Skills)
- *Team Leader*, Security Police Academy
- *Air Force Achievement Medal* with bronze oak leaf cluster
- *Southwest Asia Service Medal* with bronze service star (Operations 'Desert Storm', Saudi Arabia, and 'Southern Watch', Turkey)
- *Air Force Outstanding Unit Award* (39th Security Police Squadron, Incirlik, AB, Turkey)
- *Expert Marksmanship* with bronze service star
- Rated 'EWQ' ('Exceptionally Well Qualified') in multiple positions
- Honorable Discharge

Licensure

Washington: East Asian Medicine Practitioner, license #AC60267827
no complaints or discipline

National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), #23534
Diplomat in Oriental Medicine, Chinese Herbology, Acupuncture

Certified Practitioner (Acupressure)
American Organization for Bodywork Therapies of Asia (AOBTA)

Certified Yoga Therapist
Rocky Mountain Institute of Yoga and Ayurveda

Registered Yoga Teacher (RYT 500)
Yoga Alliance

Education and Training**Acupuncture and Oriental Medicine:**University of Washington, Seattle, Washington

2014 - 2017

Chinese Studies, language and literature

Received Degree: BA

- 4 years modern Chinese, 1 year Classical Chinese
- Dean's List for high scholarship
Golden Key International Honor Society

Chinese Medical History

2014

with Stephen Boyanton, PhD, LAc

Shānghán Lùn 傷寒論 Studies

2014

with Stephen Boyanton, PhD, LAc

Huángdì Nèijīng 黃帝內經 Studies

2013

with Edward Neal, MD, LAc

<u>Canonical Chinese Medicine Training – Shānghán Lùn 傷寒論 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2012
<u>Canonical Chinese Medicine Training – Jīnguì Yàolüè 金匱要略 Sequence</u> with Arnaud Versluys, PhD, MD (China), LAc	2013
<u>University of Colorado, Denver and Boulder, Colorado</u> Chinese studies, Language and Literature track Competed in <i>Boulder Chinese Contest</i> , 2013, oral presentation 4.0 GPA	2012 - 2013
<u>Medical Chinese Language Studies</u> with Nicolaas Herman Oving, practitioner and sinologist	2012 - 2015
<u>Study with Dr. Lee Chen-Yu, Taipei, Taiwan</u> Clinic observation and lecture, two weeks	2012
<u>Oregon College of Oriental Medicine, Portland, Oregon</u> 1,200-hour post-graduate clinical doctorate of Acupuncture and Oriental Medicine Capstone project culminating in a 138-page paper: "On the Value of Chinese Language Skills for Practitioners of Acupuncture and Oriental Medicine" Received Degree: DAOM	2011 - 2013
<u>Pacific College of Oriental Medicine, San Diego, California</u> 250 hours of post-graduate doctoral training AOM	Spring 2010
<u>Colorado School of Traditional Chinese Medicine, Denver, Colorado</u> Three-and-a-half year graduate program in TCM Received Degree: MSTCM	2000 - 2003
<u>Five-Element Acupuncture apprenticeship program</u> with Warren Bellows, LAc	2001 - 2002
<u>Metropolitan State University of Denver, Denver, Colorado</u> Psychology/Philosophy Presented poster abstract, "Survey Demonstrating the Efficacy, Safety, and Low Cost of Chinese Medical Treatment", at the <i>Fifth Annual Undergraduate Psychology Conference</i> (2001) Psi Chi National Honor Society in Psychology (2000) Golden Key International Honor Society (2001) Requirements for Major Fulfilled toward BA	2001-2003
<u>Jin Shin Jyutsu, Los Angeles, California and Boulder, Colorado</u> Multiple five-day practitioner-training seminars in Japanese style of acupressure	1999
<u>Institute of Taoist Education and Acupuncture, Lafayette, Colorado</u>	1999 - 2000

Six months of training in Classical Five-Element Acupuncture

Institute for Psycho-Structural Balancing, Los Angeles, California 1999
Six-month, 150 hours, program in acupressure and tuīná

Yo San University of Traditional Chinese Medicine, Santa Monica, California 1998 - 1999
Two semesters of graduate level studies in TCM
3.8 GPA

Yoga:

Prana Yoga and Ayurveda Mandala, Denver, Colorado 2011 - 2012
250 hours of Yoga Therapy training

Rocky Mountain Institute of Yoga and Ayurveda, Boulder, Colorado 2011
300-hour Yoga Therapy certification program

Prana Yoga and Ayurveda Mandala, Denver, Colorado 2010
Comprehensive 265-hour Yoga Teacher Training in Hatha yoga

Other:

University of Maryland, University College, European Division 1997
Dean's Honor List for 'Outstanding Scholarship'
Received Degree: Associates of Applied Sciences (General Studies)

Continuing Education

Drug-Herb Interactions: An Evidence Based Medical Approach
Thirteen-hour lecture Series – Dr. Greg Sperber, BMBS, DAOM, LAc 2011

The Basics of Western Medicine Series: Neurology for the TCM Practitioner
Seventeen-hour lecture series – Dr. Bruce Robinson, MD 2011

The Basics of Western Medicine Series: Musculoskeletal Diseases
Fifteen-hour lecture series – Dr. Bruce Robinson, MD 2011

Cakra, Tantra, and Esoteric Anatomy
140-hour advanced Yoga Teacher Training with Hansa Knox, ERYT 500 2011

Advanced Pulse Diagnosis
Training and multiple seminars with Dr. Jim Ramholz, LAc, OMD 2001 - 2004

Advanced Needling Techniques
Dr. Lixin Zhang, MD (China), LAc 2002

Advanced Tongue Diagnosis in Clinical Practice
Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM) 2002

Chinese Classics and Medical Philosophy
Elisabeth Rochat de la Vallee, PhD 2002

Learning to Learn Chinese

Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM) 2002

PulSynergy Pulse Diagnosis

Training and seminar with Dr. Marcus Brinkman, LAc, OMD 2002

The Five Souls of TCM

Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM) 2002

TCM Diet and Nutrition

Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM) 2001

I Ching

Dr. Phil Reynes, LAc, OMD (NM), DiplAc (NCCAOM) 2001

Publications

- "Back to the Basics – Zangfu Patterns", *Colorado Journal of Acupuncture and Oriental Medicine* January 2006
- "Chinese Medical Classics in English", *Colorado Journal of Acupuncture and Oriental Medicine* January 2006
- "Winter – Words from Past Masters", *Colorado Journal of Acupuncture and Oriental Medicine* January 2006
- "In the Clinic – Referring Out", *Colorado Journal of Acupuncture and Oriental Medicine* October 2005
- "Ever Closer to Fulfilling the Potential of Chinese Herbal Medicine", *Colorado Journal of Acupuncture and Oriental Medicine* October 2005
- "In the Clinic – Pulse Diagnosis", *Colorado Journal of Acupuncture and Oriental Medicine* April 2005
- "Dosing", *Colorado Journal of Acupuncture and Oriental Medicine* April 2005
- "Back to the Basics – Needling", *Colorado Journal of Acupuncture and Oriental Medicine* April 2005
- "Point Functions Integrated", *Colorado Journal of Acupuncture and Oriental Medicine* April 2005
- "In the Clinic", *Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado* Winter 2004
- "On Science and Chinese Medicine", *Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado* Winter 2004
- "Proving Chinese Medicine", *Colorado Acupuncturist, Journal of the Acupuncture Association of Colorado* Winter 2004
- "Models vs. Reality: On the Foundation of Integration", *The Colorado Acupuncturist* July 2004
- "Physics for the Physician: What Every Chinese Medical Physician Needs to Know About Quantum Physics", *The Colorado Acupuncturist* July 2004
- "On Chinese Medical Herbalism", *The Colorado Acupuncturist* July 2004
- "Needling – More Than Just a Tap and a Twist". *Colorado School of Traditional Chinese Medicine* 2001
- "Insomnia – Theory and Patterns Via a Chinese Medical Paradigm". *Colorado School of Traditional Chinese Medicine* 2002
- "Aggregations, Nodes, Rocks, Chestnuts, and Phlegm – Pathological Lumps of the Breast". *Colorado School of Traditional Chinese Medicine* 2002
- "Knee Pain – Beyond Blood and Bi". *Colorado School of Traditional Chinese Medicine* 2002

"Die Da Ke – Chinese Medical 'Hit Medicine'". *Colorado School of Traditional Chinese Medicine* 2002

Lectures & Seminars

Adjunct Professor 2014
Seattle Institute of Oriental Medicine, Seattle, WA

Chinese Language and Shānghán Lùn 傷寒論 Language Studies 2012 - 2013
Multiple peer presentations, Doctor of Acupuncture and Oriental Medicine program, Oregon College of Oriental Medicine

Yoga, Tàijí Quán, Meditation, Foundations of Health, Qìgōng, Acupressure 2006 - Present
On-going workshops, created and led for general public

University of Colorado, Center for Pre-Collegiate and Academic Outreach Programs, Pre-collegiate Health Careers Program, Denver, Colorado 2011
Guest Lecturer – discussing the nature of AOM, with emphasis on AOM as a possible healthcare career

'Colorado Youth at Risk', Denver, CO 2009
Designed specialized qìgōng seminars for organization for teenagers at risk

Adult Survivors of Sexual Abuse organization, Arvada, Colorado 2007
Guest Lecturer, General lecture and presentation on AOM

Chinese Medical Herbology: Introduction to Formulas, Denver, Colorado 2005
Selecting and tailoring formulas, dosing, order of cooking and preparing of herbs (*páo zhì*), critical analysis of results and treatment planning, patient compliance, classical combinations of herbs (*duì yào*)

Skyland Community High School, Denver, Colorado 2005
Guest Lecturer – Basic talk on AOM to high school students

University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado 2005
Guest Lecturer – Lecture and hands-on training with Nurse Practitioner students, covering: Chinese medical pulse and tongue diagnosis

University of Colorado, Health Sciences Center, Denver, Colorado 2003
Guest Lecturer – AOM overview lecture to medical students, with demonstration

University of Colorado, Health Sciences Center, School of Nursing, Denver, Colorado 2003
Guest Lecturer – Detailed lecture covering – an introduction to AOM, AOM history, compare/contrast with biomedicine, training, licensing, and credentialing of LAc's, clinical practice of AOM, scope of practice, communication and referral

Professional Memberships

Washington East Asian Medicine Association

American Association of Acupuncture and Oriental Medicine
Society for Acupuncture Research
International Society for the Study of Classical Acupuncture
International Association of Yoga Therapists
National Qigong Association

Hobbies

Daoism, martial arts, lay study of physics and quantum mechanics (writings of Heisenberg, Bohm, Bohr, Schrödinger, Einstein), nature photography

Personal Cultivation

Longstanding daily practice of Tàijí quán, yoga, qìgōng, and meditation understanding that such personal cultivation is the foundation of clinical skills, such as needling techniques, as well as critical thinking and analysis in diagnosis and treatment planning

Rev 10/17