

Cotswolds Way Challenge 30/31 January 2020 - Schedule

Stage	Day	Time Out	From	Time In	To	Stage Miles	Total Miles	Stage Time	Stop Time	Total Time	Pace m.p.h	Actual Start Time	Actual Finish Time	Actual elapsed time	Runners
1	Fri	08:30	Chipping Campden	09:42	Broadway	6.0	6.0	1:12	00:04	1:16	5.0	08:49	09:56	1:07	JK, MT, TC, BC, MF, JW, MR, YT
2	Fri	09:46	Broadway	10:59	Wood Stanway	6.1	12.1	1:13	00:04	2:33	5.0	09:58	11:18	1:20	JK, MT, TC, BC, MF, IP, AE
3	Fri	11:03	Wood Stanway	12:09	Winchcombe	5.5	17.6	1:06	00:10	3:49	5.0	11:22	12:35	1:13	JK, MT, TC, BC, MF, IP, MR, YT
4	Fri	12:19	Winchcombe	13:32	Cleeve Hill	6.1	23.7	1:13	00:04	5:06	5.0	12:48	13:55	1:07	JK, MT, TC, BC, MF, JW, YT
5	Fri	13:36	Cleeve Hill	14:47	Dowdeswell Reservoir	5.9	29.6	1:11	00:04	6:21	5.0	13:59	15:06	1:07	JK, MT, TC, BC, (MR, AE- 1315-1500)
6	Fri	14:51	Dowdeswell Reservoir	16:08	Leckhampton Hill	6.4	36.0	1:17	00:10	7:48	5.0	15:14	16:38	1:24	JK, MT, TC, BC, JW
7	Fri	16:18	Leckhampton Hill	17:23	Birdlip	5.4	41.4	1:05	00:04	8:57	5.0	16:43	17:45	1:02	JK, MT, TC, BC, MF, IP, MR, YT
8	Sat	08:30	Birdlip	09:50	Painswick	6.7	48.1	1:20	00:04	1:24	5.0	08:44	10:06	1:22	JK, MT, TC, BC, MF, JW, IP, YT, RT
9	Sat	09:54	Painswick	11:04	Shortwood - not the Nailsworth one!	5.8	53.9	1:10	00:10	2:44	5.0	10:08	11:22	1:14	JK, MT, TC, BC, MF, MR, RT, AE
10	Sat	11:14	Shortwood - not the Nailsworth one!	13:02	Coaley Peak	9.0	60.8	1:48	0:00	4:32	5.0	11:27	13:28	2:01	JK, MT, TC, BC, MF, JW, YT
11	Sat	13:02	Coaley Peak	14:24	Stinchcombe Hill	6.8	67.6	1:22	00:04	5:58	5.0	13:37	15:14	1:37	JK, MT, TC, BC, MR
12	Sat	14:28	Stinchcombe Hill	15:22	Wotton-under-edge	4.5	72.1	0:54	00:04	6:56	5.0	15:18	16:21	1:03	JK, MT, TC, BC, JW, IP, YT, RT, AE
13	Sat	15:26	Wotton-under-edge	16:32	Lower Kilcott	5.5	77.6	1:06	00:10	8:12	5.0	16:25	17:35	1:10	JK, MT, TC, BC, MF, IP, MR
14	Sun	08:30	Lower Kilcott	09:44	Old Sodbury	6.2	83.8	1:14	00:04	1:18	5.0	09:00	10:31	1:31	JK, MT, TC, BC, MF, IP, YT, RT
15	Sun	09:48	Old Sodbury	10:59	Dyrham	5.9	89.7	1:11	00:04	2:33	5.0	10:35	11:55	1:20	JK, MT, TC, BC, JW, MR, RT
16	Sun	11:03	Dyrham	12:08	Lansdown	5.4	95.1	1:05	00:10	3:48	5.0	12:02	13:17	1:15	JK, MT, TC, BC, JW
17	Sun	12:18	Lansdown	13:42	Bath	7.0	102.1	1:24	00:04	5:16	5.0	13:19	14:47	1:28	JK, MT, TC, BC (MF, MR, YT - 1235-1435)

Friday	41.4	41.4	8:17	0:40	8:57	5.0			8:20	These times include the stop times
Saturday	38.3	77.6	7:40	0:32	8:12	5.0			8:27	
Sunday	24.5	102.1	4:54	0:22	5:16	5.0			5:34	
TOTAL	104.2	104.2	20:51	1:34	22:25	5.0			22:21	

<u>Runner mileages</u>	
Jon Kinder	104.2
Matt Tomlinson	104.2
Todd Coxhead	104.2
Bryan Carr	104.2
Mark Fowell	69.3
Mark Rogerson	53.8
Yvonne Turner	56.4
James Ward	50.0
Ian Page	39.9
Rob Turner	38.1
Alan Eccleston	22.3