

The Branch Family Institute, Inc. presents a Support Group for Military Spouses and Partners

This group is open to spouses and partners of military servicemen and women - both active duty and veterans.



This group meets one night per week for an hour and a half.

We will be discussing important issues relating to lives of military spouses and partners, including but not limited to:

- * Deployment stress
- * Feeling distant from your partner
- * Feeling irritable, anxious, and burnt-out
- * Co-parenting
- * Feeling depressed, lonely, and uncertain
- * The impacts on sex and sexual desire
- * Substance abuse
- * The effects of service on children
- * Feeling detached from family and friends

For more information, contact Stacey at The Branch Family Institute
11111 S. Western Avenue, Chicago, Illinois 60643

Email snadelhoffer@embranch.org or call Stacey at 773-238-1100

*** Insurance Accepted ***

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