

STAND UP SPEAK OUT BULLYING SCENARIOS

BULLYING SCENARIOS (Examples)

Lunch Table

1. A girl balances her food tray as she exits the lunch line. She is very shy and has not yet made any friends at school. As she tries to find her way to a seat, she realizes that most of the tables in the cafeteria are full. She shyly asks a group of popular kids if she can sit at their table, at which point one girl shoves her handbag into the only spare seat at the table and replies that there isn't any room left.

School Yard

1. Students are playing a game of kickball. The boy kicking "completely misses" the ball trying to kick. On his second attempt he completely misses again. All players point, laugh and make fun of the boy causing him to leave the game crying.
2. Group of boys corner another smaller student during recess or afterschool. They begin to verbally attack the student pointing out different clothing items and features of the student. The altercation becomes physical and the group ends up pinning the student down and stealing his book bag.
3. A group of students target an individual for either being a different race, having a different religion or LGBT. The group circles the student either on the playground or waiting for the bus. The student tries to escape the circle but is unsuccessful and gets pushed back into the center. They verbally assault the student pointing and laughing causing the student to feel fear and cry.

Female Bullying

1. A female is walking down the school hall. She stops for a moment to talk with a group of popular males. They all laugh and look like they are enjoying the conversation. She continues down the hall towards her locker. When she gets to her locker she sees the word "Slut" written in lipstick. She is horrified and immediately tries to wipe the lipstick off her locker. She looks over her shoulder to see a group of girls laughing, pointing and taking cell phone pictures of her reaction.
2. A girl from a lower income less fortunate family walks down the hallway in-between class. Her parents do not have a lot of money and she wears a lot of second hand clothes. She does not have friends causing her to become a social outcast at school. She people watches alone most of the day and has little to no social interaction. One day she gets picked on by a group of popular girls in the hall for wearing an unflattering hand me down outfit. She completely breaks down and starts contemplating suicide.

Male Physical Bullying

1. A group of popular kids are standing in a hallway joking when they spot a smaller classmate struggling to carry his books. One of the students sticks his foot out and deliberately trips the smaller boy. The group laughs and calls the boy names, like “clumsy” and “dork”.
2. An alternative looking male student wearing all black with piercings walks down the school hall. A few of his schoolmates approach him and begin teasing him for his alternative look. The altercation escalates from verbal to physical as they push him onto the ground, kick him in the stomach, and lock him in the bathroom.

Cyberbullying

1. “Jenny” a pretty girl is new at school. A number of girls who feel threatened by her appearance create a “Hate” website dedicated towards making fun of her. Somebody forwards the link to Jenny. Jenny is horrified and deeply upset by what she sees. She has an emotional breakdown.
2. Student “A” takes a picture of student “B”. Student “A” attaches a silly insulting comment to the photo and texts it to all their classmates. Student “B” who is featured in the photo is embarrassed and feels humiliated.

STAND UP SCENARIOS (Examples)

Classroom

Two popular girls sit in the back row of a classroom. Every time the teacher turns around to write on the chalkboard the girls whisper, giggle, point and throw things at the less popular girl “student A” seated in front of them. The girl tries to ignore their insulting behavior but finally breaks out in tears. The teacher notices her crying but the girl refuses to tell the teacher what’s going on.

The next day, the two popular girls come into the classroom after “Student A” is already seated and deliberately sit behind her again. Another female, “Student B” who witnessed what happened the previous day takes notice. She is already seated but decides to get up and move to the seat right next to “Student A”. “Student A” gives “Student B” a slight smile, acknowledging the gesture.

Once the teacher turns around, the two popular girls start throwing paper balls at “Student A” again. This time things are different. “Student B” who both popular girls respect, turns around giving them both a nasty glare. She mouths the words “Not Today”. The girls nod OK and stop.

“Student A” looks at “Student B” and whispers thank you.

Lunch Table (Additional Scene)

A girl balances her food tray as she exits the lunch line. She is very shy and has not yet made any friends at school. As she tries to find her way to a seat, she realizes that most of the tables in the cafeteria are full. She shyly asks a group of popular kids if she can sit at their table, at which point one girl shoves her handbag into the only spare seat at the table and replies that there isn't any room left.

Another student sitting at a full table near the incident observes what happens. The student gets up, walks to another table, grabs an empty chair and drags it back to their table. The student then signals to the girl and waives her over to sit with them. The students at the table introduce themselves to the girl.

Female Bullying (Additional Scene)

A girl from a lower income less fortunate family "Student A", walks down the hallway in-between class. Her parents do not have a lot of money and she wears a lot of second hand clothes. She does not have friends causing her to become a social outcast at school. She people watches alone most of the day and has little to no social interaction. One day she gets picked on by a group of popular girls in the hall for wearing an unflattering hand me down outfit. She completely breaks down and starts contemplating suicide.

Another confident more popular female "Student B" has noticed that "Student A" has become socially isolated and unhappy. "Student B" reaches out to Student A to make sure she is ok. She goes out of her way to talk to "Student A" on a regular basis and introduces her to her other friends. "Student A" shows happiness by smiling and laughs with the group of girls.

School Yard (Additional Scene)

Group of boys corner another smaller student during recess or afterschool. They begin to verbally attack the student pointing out different clothing items and features of the student. The altercation becomes physical and the group ends up pinning the student down and stealing his book bag.

Two boys that are playing ball nearby notices what is happening and run over to help the student out. They breakup what is going on and get the backpack for him.

Male Physical Bullying (Additional Scene)

An alternative looking male student wearing all black with piercings walks down the school hall. A few of his schoolmates approach him and begin teasing him for his alternative look. The altercation escalates from verbal to physical as they push him onto the ground, kick him in the stomach, and lock him in the bathroom.

A respected popular student sees what is happening. Rushes over to the bathroom door and pushes his way to the front. He tells the boys that are holding the door to stop. He opens the bathroom door and helps the student to his feet.

ADDITIONAL

- **10-15** volunteers of a different, age, gender, race and size to hold up note cards that contain a different fact or statement referencing bullying.
- **2-3** volunteers to share personal bullying stories with the camera.
- **2-3** popular or influential students that are well respected by their peers speak about the cause and what they are doing to stand up to bullying.