

Meal Prices

Breakfast		Lunch	
Grades PK-5	\$1.40	Grades PK-5	\$2.60
Grades 6-8	\$1.40	Grades 6-8	\$2.70
Grades 9-12	\$1.40	Grades 9-12	\$2.70
Adult	\$1.75	Adult	\$3.55
Extra Milk	\$0.40	Extra Milk	\$0.40

February 2018

Baltic School District Breakfast & Lunch Menu



Monday



Tuesday

Fill Up & Fuel Up at the Unlimited Fruit & Vegetable Bar



Wednesday

Thursday

Friday

Breakfast Pizza 5

- A. Italian Pasta Bake w/Breadstick
 - B. Cheeseburger
 - C. Ham & Cheese Sub
 - D. Chicken Fajita Salad
- Green Beans

Cheesy Eggs & Toast 6

- A. Doritos Walking Taco w/Rice
 - B. Pork Rib Sandwich
 - C. Trio Meat & Cheese Sub
 - D. Chicken Ranch Salad
- Corn

French Toast Sticks 7

- A. Taco Quesadilla
 - B. Crispy Chicken Sandwich
 - C. Italian Sub
 - D. Chef Salad
- Peas

Egg & Cheese Biscuit 8

- A. Macaroni & Cheese w/Bread
 - B. Corn Dog
 - C. Cold Cut Sub
 - D. Chicken Fajita Salad
- Sidekicks Frozen Juice Cup

Cinnamon Roll 9

- A. Ham & Scalloped Potatoes w/Bread
 - B. Pepperoni Pizza
 - C. Turkey & Cheese Sub
 - D. Chicken & Fruit Salad
- Green Beans

Waffles 12

- A. BBQ Meatball Sub
- B. Taco Pizza
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

French Fries

Breakfast Burrito 13

- A. Chicken Fajita Burrito
- B. Hot Dog on Bun
- C. Trio Meat & Cheese Sub
- D. Chicken Ranch Salad

Corn

Pancakes 14

- A. Italian Dunker
 - B. Pork Fritter Sandwich
 - C. Italian Sub
 - D. Chef Salad
- Jello
Green Beans

Sausage Pancake Stick 15

- A. Tater Tot Hotdish
 - B. Chicken Nuggets
 - C. Cold Cut Sub
 - D. Chicken Fajita Salad
- A&B: Bread
Carrots

No School

No School

Sausage/Cheese Biscuit 20

- A. Nachos Grande
 - B. Meatballs w/Gravy
 - C. Trio Meat & Cheese Sub
 - D. Chicken Ranch Salad
- A&B: Rice
Corn

Glazed Donut 21

- A. Turkey & Gravy
 - B. Chicken Sticks
 - C. Turkey & Cheese Sub
 - D. Chicken Salad
- A&B: Bread
Mashed Potatoes w/Gravy

Breakfast Boat 22

- A. Chicken Fajita Flatbread
- B. Corn Dog
- C. Cold Cut Sub
- D. Chicken Fajita Salad

Broccoli

Dutch Waffle 23

- A. Breaded Fish Sandwich
- B. Stuffed Crust Pizza
- C. Italian Sub
- D. Chef Salad

Green Beans

Breakfast Pizza 26

- A. Sloppy Joe
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub
- D. Chicken Fajita Salad

Baked Beans

Cheesy Eggs & Toast 27

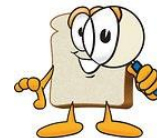
- A. Super Mexi Tots w/Bread
 - B. Taco Quesadillas
 - C. Trio Meat & Cheese Sub
 - D. Chicken Ranch Salad
- Corn

French Toast Sticks 28

- A. Italian Meatball Sub
- B. Mini Corn Dogs
- C. Italian Sub
- D. Chef Salad

Peas

Be a Food Label Detective! Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

Please remember to take at least ½ cup fruit & or veggies for a well balance meal



Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Milk Choice



Daily Lunch Menu Includes

- Grades PK-5: A, B, or C Entrées
- Grades 6-12: A, B, C, or D Entrées
- "D" Entrées include grain component
- Fruit & Vegetable Bar
- Milk Choice