

# Infant Care Packing List

Please pack the following items for your infant on a daily basis, and please be sure to **label everything with your child's name with a non-toxic marker or laminated label, and consider using iron-on or stamp labels for blankets, crib sheets and clothing.** Please refer to our Amazon list on the Resources page on our website for item/brand recommendations. Permanent marker can easily be removed from glass bottles with alcohol.

# Naps:

- 2 crib sheets (standard size)
- 1 waterproof crib mat (standard crib size)
- pacifier (if applicable) but cannot have a dangling soft attachment
- nap tote bag (to bring in sheets at beginning of week and take home at end of the week for washing)

### **Diapering:**

- waterproof portable changing mat (to be left in classroom)
- 8-10 Diapers per day or small stash to keep in the classroom
- Diaper rash cream/coconut oil/ointments (to be left in classroom)

# Feeding:

- burp cloths/receiving blankets
- bottles of breastmilk/formula with individual serving sizes already prepared and "ready to heat and serve" in each bottle (glass bottles with silicone sleeves recommended). \*To avoid waste, please consider providing smaller amounts of milk in each bottle until your baby becomes comfortable with bottles at daycare.
- Bibs (2-3)
- Food already cut bite size with plate/bowl for babies 8 months and older (No pouches or baby food jars) \*Please note we follow Baby Led Weaning/Feeding, more details on www.LPEnapa.com/resources
- Water bottle/sippy cup (if applicable)
- Tote or lunch bag for sending home food containers daily

# **Clothing/Gear:**

- 2 swaddling blankets for indoor/outdoor floor time
- 3-4 changes of clothing, including pants, socks, shirts, sweaters, hats
- Hanging laundry bag (Planetwise brand is a good example) for sending home soiled clothing daily
- a pair of soft-soled shoes for walking infants indoors (Robeez or Koala brands are good examples)
- a pair of hard-sole shoes for outside play for walking infants
- sun hat
- sun block for infants over 6 months (no spray sunscreen bottles please)