

ONE STEP FORWARD

Choreographed by Unknown

Description: 64 count, 4 wall, beginner/intermediate line dance

Music: "One Step Forward" by The Desert Rose Band

TWO HEEL SPLITS, RIGHT HEEL HOOK

- 1-4 Split heels apart, together, apart, together
- 5-6 Touch right heel forward to right side, step right next to left
- 7-8 Touch right heel forward to right side, step right next to left

TWO HEEL SPLITS, LEFT HEEL HOOK

- 1-4 Split heels apart, together, apart, together
- 5-6 Touch left heel forward to left side, step left next to right
- 7-8 Touch left heel forward to left side, step left next to right

STEP TOGETHER CLAP (4X)

At an angle toward 10:30:

- 1-2 Step left to left front, slide right next to left with weight on right, clap
- 3-4 Step left to left front, slide right next to left with weight on right, clap
- 5-6 Step left to left front, slide right next to left with weight on right, clap
- 7-8 Step left to left front, touch right next to left with weight on left, clap

STEP BACK TOUCH CLAP (4X) – R,L,R,L

- 1-2 Stepping back right on right foot, touch left next to right, clap
- 3-4 Stepping back left on left foot, touch right next to left, clap
- 5-8 Repeat 1-4

DOUBLE GRAPEVINE TO THE RIGHT

- 1-4 Step to the right on right, left behind right, step right, cross left over right
- 5-8 Step to the right on right, left behind right, step right, touch left next to right

DOUBLE GRAPEVINE TO THE LEFT

- 1-4 Step to the left on left, right behind left, step left, cross right over left
- 5-8 Step to the left on left, right behind left, step left, touch right next to left

2 RIGHT HEEL TAPS, STEP & SLIDE, 1 LEFT HEEL TAP

- 1-2 Touch right heel to right side, touch right toe back
- 3-4 Touch right heel to right side, touch right toe back
- 5-6 Step wide to right with right foot, slide left foot next to right
- 7-8 Touch left heel to left side, touch left toe back

GRAPEVINE WITH ¼ TURN LEFT, SCUFF, WALK BACK

- 1-4 Step left to left side, step right behind left, step left to left side, turning ¼ turn left, scuff right foot next to left
- 5-6 Step backward on right, step backward on left
- 7-8 Step backward on right, step left next to right

REPEAT