

Patient Registration MRN Patient Information First Name Last Name ΜI Date of Birth Address City State Zip Please check Primary Home Phone Work Phone Cell Phone phone Other Name(s) Used E-mail Address Gender SSN Preferred Language Driver's License \square M \square F Marital Status Preferred Contact Ethnicity Race Married American Indian or Alaskan Native Mail Cambodian Single Asian Home Phone Filipino Divorced Black or African American Day Phone Hispanic/Latino Separated Native Hawaiian/Other Pacific Islander Cell Phone Non-Hispanic Widowed White Patient Portal ☐ Life Partner Other (MyChart) Primary Care Provider Referring Provider Responsible Party (Guarantor) Same as patient First Name Date of Birth Last Name MI Address City State Zip Please check Primary Home Phone Work Phone Cell Phone Phone SSN Relationship to Patient Preferred Language Driver's License Emergency Contact (for minor child, this section may be used for other parent) Last Name First Name ΜI Date of Birth Address State Zip City Please check Primary Home Phone Work Phone Cell Phone Phone I/We do hereby consent to and authorize the performance of all treatments, procedures and medical services deemed advisable by the practitioner and staff of the Spokane Wellness Center to me or to the above-named minor of whom I am the parent or legal guardian. I hereby certify that, to the best of my knowledge, all statements contained hereon are true. I understand that I am directly responsible for all charges incurred for medical services for myself and my dependents regardless of insurance coverage. I furthermore agree to pay legal interest, collection expenses, and attorneys' fees incurred to collect any amount I may owe. I fully understand this agreement and consent will continue until cancelled by me in writing. Signature of Patient/Responsible Party Date

Relationship to Patient

Name of Patient/Responsible Party (Please Print)



Patient Registration

Pharmacy Information								
Preferred Pharmacy		Secondary Pharmacy						
Name		Name						
Address		Address						
Phone		Phone						
Fax		Fax						
Advanced Directives								
□None □ Do Not Resuscitate □ Du		Attorney Living Will HC Proxy						
	Date Revie							
Medications – List all medications you tal	ke, prescriptior	n and non-prescription, and the dosage						
] I do not take	any medications						
Medication Name		Dosage						
		3						
Medication and Food Allergies – List all k	nown allergies	(drugs food animals etc.)						
recalculon and root rinergies. Else an R								
	☐ NO KHOV	vn Allergies						
Medical History – Check if you have ever	_	, ,						
Condition	Year	Condition	Year					
None		Gallbladder Disease						
Allergies		GERD (Reflux)						
Anemia		Hepatitis C						
Angina		Hyperlipidemia						
Anxiety		Hypertension						
Arthritis		Irritable Bowel Disease						
Asthma		Liver Disease						
Atrial Fibrillation		☐ Migraine Headaches						
Benign Prostatic Hypertrophy		Myocardial Infarction	_					
☐ Blood Clots		Osteoarthritis						
Cancer – Type		Osteoporosis						
Cerebrovascular Accident		Peptic Ulcer Disease						
Coronary Artery Disease		Renal Disease						
COPD (Emphysema)		Seizure Disorder	_					
Crohn's Disease		☐ Thyroid Disease						
Depression		Other	_					
Diahetes		Other						

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Surgical History – Check if you have received the following procedures, and year performed.															
	Surgical Procedure	Year Surgical Procedures						Year							
☐ No	one	Male Only													
An	ngioplasty					Prostate Biopsy									
An	ngioplasty w/Stent					TURP									
ПАр	ppendectomy				((Trans-urethral resection of Prostate)									
Ar	throscopy Knee					Vasectomy									
Ва	ick Surgery					Other									
CA	ABG (heart bypass)					Oth	ıer								
Ca	rpal Tunnel Release														
Ca	taract Extraction						I								
Ch	olecystectomy						gmenta								
	lectomy							ubal Lig	atio	n					
	lostomy				<u> </u>		ast Bio								
	stric Bypass						arean S	Section							
	ernia Repair				<u> </u>	=	nd C								
	p Replacement				<u> </u>		sterecto								
	nee Replacement				<u> </u>		stecton								
	ASIK				<u> </u>		omecto								
	ver Biopsy				<u> </u>			Mammo	pla:	sty					
	cemaker				<u>ļ</u>		H/BSO								
	nall Bowel Resection				<u> </u>			sterecto	my						
	yroidectomy				<u> L</u>	Other									
	onsillectomy				<u> </u>	Oth									
Health	h Maintenance – Check if you have								cent	exa	m.				
	Exam		Date		+-	Exam								Date	
	one				╁┝	GYN Exam									
	east Exam				₽Ļ	Influenza Vaccine									
=	rdiac Stress Test	+		╀┝	Lipid Panel										
	olonoscopy			11	Mammogram										
DE					╁	_		alli							
=	EXA Scan				ļ	PAl	P Test								
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Family History – continued												
Diagnosis			her	Fat	her	Brot	her	Sister	Other	Other	Other	
Eczema												
Hearing Deficiency	J											
Hyperlipidemia (H												
Hypertension (Hig	h Blood Pressure)											
Irritable Bowel Di	sease											
Learning Disability	у											
Mental Illness												
Tuberculosis												
Obesity												
Osteoarthritis												
Osteoporosis												
PVD												
Renal Disease												
Other												
Other												
Social History for A	Adult Patient							,				
Occupation					Emp	loyer						
•					•	,						
Do you have child	ren? Yes No	How	mar	ny?			Fer	nale(s)	1	Male(s)		
Tobacco Use	Daily V	Veekly	y		ess			Chewing	☐ Pipe			
								Cigar	Cigar 🗌	ette		
No	Former/Year qui	it:						Smokeless	Brand:			
Alcohol Use	☐ Daily ☐ Weekly ☐ Less ☐ Beer ☐ Wine											
□No	Former/Year qui	it:						Liquor	Othe	r:		
- A	☐ Moderate ☐ V	edent	tary	Sle	ep Pattern:							
Exercise Activity	Days/Week:						☐ Changes ☐ No Changes					
Caffeine Use	Daily V	Veekly	V	П	ess			Chocolate	Coffe	ee		
_		,	•	_				Soda	Tea			
∐ No	Former/Year qu	it:						Tablets	Othe	r:		
For Pediatric Patie	ent											
Patient Reside	Primary Moth	er		Fath	er		Bot	h Parents	Othe	r:		
with:	Secondary Moth	er	Ī	Fath	or		Oth	er				
			ш	Tatil		or's O						
Mother's Occupation Father's Occupation												
Parents Relationsh	nip				Chile	dcare						
Married	Single				П r	Mothe	r	Grand	parent			
☐ Divorced ☐ Single ☐ Separated					=	Father		Nanny	-			
Widowed	зоригисси				Sibling Daycare							
						3	,		=			
Tobacco Exposure	: Yes No				Patie	ent is	curr	ent smokei	? Tyes	□No		
Smokers at home: Yes No												

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NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Spokane Wellness Center is required by Federal and Florida law to maintain a record of the care and services you receive. We understand that this information about you and your health is personal, and we are committed to protecting the privacy and security of your health information.

This NOTICE OF PRIVACY PRACTICES (the "Notice") describes how we may use and disclose your protected health information to carry out treatment, payment or health care operations, as well as other purposes that are permitted or required by law. It also describes your rights to access and control your protected heath information. "Protected Health Information" (PHI") is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health care services. This Notice applies to all your PHI maintained by Spokane Wellness Center, whether the PHI is created by your treating Spokane Wellness Center provider, by your referring provider, by a nurse, or by others working at/or with Spokane Wellness Center provider, Spokane Wellness Center is required by law to abide by the terms of this Notice In this regard, we are required by law to:

- Make sure that your PHI is private;
- · Give you this Notice of our legal duties and privacy practices with respect to your PHI; and
- Follow the terms of this Notice as currently in effect.

REVISION OF NOTICE OF PRIVACY PRACTICES

We reserve the right to change the terms of this Notice at any time, and we reserve the right to make the changed Notice effective for all health information that we maintain at the time of the revision. If we revise the terms of this Notice, we will post a revised notice at all Spokane Wellness Center offices. We will also make paper copies of the revised Notice available upon request.

HOW TO CONTACT Spokane Wellness Center

If you would like further information regarding your rights or regarding the uses and disclosures of your health information, you may contact our Privacy Officer at 509-904-1644 at Spokane Wellness Center, 3324 S Grand BLVD, Spokane, WA 99203

THIS NOTICE IS EFFECTIVE AS OF March 1, 2018.

YOUR RIGHTS REGARDING YOUR PROTECTED HEALTH INFORMATION (PHI):

You have the following rights with respect to your protected health information:

Right to Request Restrictions: You may request that we restrict or limit the PHI we use or disclose about you for treatment, payment, or health care operations, or you may request a limit on the PHI we disclose to others who are involved in your care (i.e., a non- Spokane Wellness Center provider, a laboratory) or in the payment of your care. We are not required to agree to your request; but if we do, we will honor it. Even if we agree to your request, your restrictions might not be applied in certain situations. For example, in an emergency, we may use or disclose the PHI, without any restriction, to provide

emergency treatment to you. To request a restriction or limitation, your request must be made in writing and submitted to the Administrator or designee.

<u>Right to Request Confidential Communications</u>: You have the right to receive communications from us in a confidential manner, and you may request that we communicate with you about your PHI in a certain way (e.g., only by mail, only on your cell phone) or at a certain location (e.g., only at work, only at home). Your request for confidential communications must be made in writing to the Administrator and must specify how and where you wish to be contacted. We will accommodate reasonable requests.

Right to Inspect and Copy: Generally, you may review and obtain a copy of your PHI in a designated record set. This right is subject to certain specific exceptions. Your request must be made in writing to the Administrator. We may charge a reasonable fee to cover our copying, mailing, and any other supplies associated with your request. We will notify you of the fee and you may choose to withdraw or modify your request at that time, before any costs are incurred. We reserve the right to withhold the requested information until payment of the reasonable fee is received.

Right to Amend: You may ask us to amend your PHI if you believe that any of the information is incorrect or incomplete. You have the right to request an amendment for as long as the PHI is maintained by Spokane Wellness Center. We may deny your request for certain specific reasons. For example, we may deny your request if you ask us to amend information that was not created by us; is not part of the PHI maintained by Spokane Wellness Center; is not the type of PHI that you would be permitted to inspect and copy; if we determine that the information is correct and complete, or if you fail to explain the reason(s) for your request in writing, your request to amend your PHI must be made in writing to the Administrator and must specify the reason (s) that support your request. If we deny your request, we will provide you with a written explanation for the denial and information regarding appeal right you may have at that point.

Right to an Accounting of Disclosures: You have the right to request a written list of certain disclosures of your PHI made by Spokane Wellness Center. We are not required to account for disclosures made for treatment, payment, healthcare operations (as described below), disclosures that you authorized, and certain other specific disclosure types. Your request must state the time period which the accounting is to cover. This period may not be longer than six (6) years and may not include dates before March 1, 2018. Your request for an accounting of disclosures must be made in writing to the Administrator. The first accounting you request within a twelve (12) month period will be free of charge. For additional accounting requests during that twelve-month period, we may charge a reasonable fee to cover court costs of providing the accounting. We will notify you of the fee and you may choose to withdraw or modify your request at that time, before any costs are incurred. We reserve the right to withhold the requested accounting until payment of the reasonable fee is received.

Right to a Copy of This Notice: You may request a paper copy of this Notice of Privacy Practices at any time.

<u>Complaints:</u> You have the right to complain to us, and the Secretary of the U.S. Department of Health and Human Services, if you believe your privacy rights have been violated. If you choose to file a complaint, you will not be retaliated against in any way. You must submit all complaints in writing to: Spokane Wellness Center, Attention: Privacy Officer, 3324 S Grand BLVD, Spokane, WA 99203

HOW WE MAY USE AND DISCLOSE YOUR PROTECTED HEALTH INFORMATION

The following categories describe different ways that we use and disclose protected health information. Your PHI may be used and disclosed by your provider, by nurses, technicians, or health care team members, by our office staff, and by others outside of our office that are involved in your care and treatment. When required, we will obtain your authorization before disclosing any of your PHI, and we will use reasonable efforts to share only minimally necessary PHI with others.

<u>Treatment:</u> We may use and disclose your PHI to provide, coordinate, and manage your health care and many related services. For example:

- Your protected health information may be provided to a provider to whom you have been referred, to other providers who may be treating you, or to a hospital or ambulatory surgery center that is involved in your care, to ensure that the provider, hospital, or ambulatory surgery center has the necessary information to diagnose and /or treat you.
- We may disclose your PHI from time to time to another provider or health care provider (e.g., a specialist, imaging center or laboratory) who, at the request of your provider, becomes involved in your care by providing assistance with your health care diagnosis or plan of treatment.
- We may disclose your PHI to a pharmacy when calling in a prescription.

<u>Payment:</u> Your PHI may be used and disclosed by the business office to process your payment for the health care services provided to you. For example:

- Before you receive scheduled services, we may share information with your health plan in order to verify eligibility, to ask whether coverage is provided by your plan or policy, to obtain required pre-certification, or to obtain prior approval of payment.
- After you receive services, we may share information with your health plan to support our claim for payment, to review services provided to you for medical necessity, and for utilization review activities.

<u>Health Care Operations:</u> We may use or disclose, as needed, your PHI in order to support the business activities and operations of Spokane Wellness Center. These activities include, but are not limited to reviewing the quality of the care you received, quality assessment activities, employee review activities, training of healthcare students, licensing and marketing activities, compliance with applicable laws, and conducting or arranging for other business activities. For example:

- We review the quality, efficiency and cost of care that we provide to you and our other patients in order to find more efficient and effective ways to provide service, to develop ways to assist our health care providers and staff in deciding what additional services Spokane Wellness Center should offer, and to evaluate whether new treatments are effective.
- We may share your PHI with third party "business associates" who perform various activities for Spokane Wellness Center (e.g., accountants, lawyers, transcription, copy, billing, and collection services). Whenever an arrangement between Spokane Wellness Center and a business associate involves the use or disclosure of your PHI, we will have a written contract with the business associate that contains terms that will protect the privacy of your PHI.

<u>Disclosure to Department of Health and Human Services</u>: We may disclose your PHI when required by the U.S. Department of Health and Human Services, the Washington Department of Health or Agency for Health Care Administration, or their agents, as part of an investigation or determination of our compliance with relevant laws.

<u>Health Oversight Activities:</u> We may disclose your PHI to a health oversight agency for oversight activities authorized by law, including audits, investigations, inspections, licensure or disciplinary actions, administrative and / or legal proceedings.

<u>Abuse or Neglect:</u> We may disclose your PHI, in accordance with applicable federal, state and local law, when it concerns abuse, neglect, or violence to you.

<u>Law enforcement and Legal Proceedings:</u> As required by law, we may disclose your PHI for law enforcement purposes or other specialized government functions. If you are involved in a lawsuit or a dispute, we may disclose your PHI in response to a court or administrative order. We may also disclose your PHI in response to subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts, as required by law have been made to tell you about the request or to obtain an order protecting the requested information.

<u>Coroners, Medical Examiners and Funeral Directors</u>: We may disclose your PHI to a coroner, medical examiner or a funeral director.

<u>Information Not Personally Identifiable</u>: We may use or disclose health information about you in a way that does not personally identify you or reveal who you are.

Organ Donation: We may disclose your PHI to an organ donation and procurement organization.

<u>Medical Education</u>: We may use and disclose PHI about you in the teaching of medical students and/or providers in training (residents) who receive a portion of their medical education from observing, assisting, or participating in the care of patients within Spokane Wellness Center.

<u>Military, Veterans, National Security and Intelligence</u>: If you are or were a member of the armed forces, or part of the national security or intelligence communities, we may be required by military command or other government authorities to release PHI about you. We may also release information about foreign military agency.

Research: Under certain circumstances, we may use and disclose your PHI for research purposes. For example, a research project may involve comparing health and recovery of all patients who received one medication to those who received another for the same condition. All research projects, however are subject to a special approval process. This process evaluates a proposed research project and its use of health information, trying to balance the research needs with patients' need for privacy of their PHI. Before we use or disclose PHI for research, the project will have been approved through this research approval process. We also may disclose your PHI to people preparing to conduct a research project. For example, we may help potential researchers look for patients with specific health needs, as long as the health information they review does not leave Spokane Wellness Center's offices. We will almost always ask for your specific permission if the researcher will have access to your name, address, or other information that reveals who you are, or will be involved in your care.

<u>Public Health and Safety</u>: We may use or disclose your PHI for public health activities, including but not limited to the reporting of disease, injury, vital events, conducting of public health surveillance, investigation and intervention, child abuse or neglect, and for activities related to quality and safety of FDA-regulated products or activities. We may use or disclose your PHI to prevent or lessen a serious threat to the health or safety of another person or to the public, or for national security and intelligence activities authorized by law.

Notification of Family and Friends: We may disclose your PHI to family members, other relatives, or other person(s) you identify if we obtain your verbal agreement to do so or if we give you an opportunity to object to such a disclosure and you do not raise an objection. We also may disclose PHI to your family or friends if we can infer from the circumstances, based on our professional judgment that you would not object. For example, we may assume you agree to our disclosure of your PHI to your spouse when you bring your spouse with you into the exam room during treatment or while treatment is discussed. We may disclose your PHI to others who may be involved in your health care, to notify a family member, or another person responsible for your care of your location, general condition or death. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary, if we determine that it is in your best interest, based on our professional judgment. We may also use our professional judgment and experience to make reasonable inferences that it is in your best interest to allow another person to act on your behalf to pick up, for example, filled prescriptions, medical supplies or x-rays. We also may disclose your PHI to a public or private entity, such as the American Red Cross, for the purpose of coordinating with that entity to assist in disaster relief efforts.

We may disclose such information, as necessary, based on our professional judgment to respond to the emergency circumstances.

<u>Appointment Reminders</u>: We may use or disclose your PHI, as necessary, to contact you to provide appointment reminders or to reschedule your appointment. We may leave brief messages about your appointment on your answering machine or voice mail and / or may contact you by postcard.

Alternative Treatment Information: Spokane Wellness Center is always interested in improving health care and lowering costs for groups of people who have similar health problems, and to help manage and coordinate the care for these groups of people. We may use your PHI to identify groups of people with similar health problems, to provide them with information about treatment alternatives or other health-related benefits and services that we believe may be of interest to them. We may also use and disclose your PHI for other marketing activities. For example, your name and address may be used to send you a newsletter about our practice and the services we offer, or we may send you information about products or services that we believe may be beneficial to you. You may contact our Privacy Officer in writing to request that these materials not be sent to you.

ANY OTHER USE/DISCLOSURE OF PROTECTED HEALTH INFORMATION REQUIRES YOU WRITTEN AUTHORIZATION

We will not use or disclose your health information for any other purpose without your written authorization. Once you give written authorization, you may cancel your authorization in writing at any time. If you cancel your authorization, we will not disclose protected health information about you after we receive your cancellation, except for disclosures made or processed, before we received your cancellation.

RECEIPT OF NOTICE OF PRIVACY PRACTICES

WRITTEN ACKNOWLEDGEMENT FORM

health	, understand that as part of my health care, e Wellness Center originates and maintains paper and / or electronic records describing my history, symptoms, examination and test results, diagnoses, treatment and any plans for future treatment. I understand that this information serves as:
•	A basis for planning my care and treatment, A means of communication among the health professionals who contribute to my care, and A tool for routine health care operations such as assessing quality and reviewing the competence of health care professionals.
	stand and have been provided with a Notice of Privacy Practices that provides a more complete tion of information uses and disclosures. I understand that I have the following rights and es:
•	The right to review the notice prior to signing this consent, The right to object to the use of my health information for directory purposes, and The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or health care operations.
unders already revokin Code o change	rstand that Spokane Wellness Center is not required to agree to the restrictions requested. It tand that I may revoke this consent in writing, except to the extent that the organization has a taken action in reliance thereon. I also understand that by refusing to sign this consent or the consent, this organization may refuse to treat me as permitted by Section 164.506 of the frederal Regulations. I further understand that Spokane Wellness Center reserves the right to its notice and practices. Should Spokane Wellness Center change its notice, a copy of any notice will be sent to the address I have provided by either U.S. Mail or, if I agree, by email.
I wish t	o have the following restrictions to the use or disclosure of my health information:
may b	stand that as part of Spokane Wellness Center treatment, payment, or health care operations, it ecome necessary to disclose my protected health information to another entity, and I consent to isclosure for these permitted uses, including disclosures via fax.
I fully u	nderstand andAcceptDecline the terms of this consent.

Date

Patient's Signature

PATIENT PRIVACY QUESTIONNAIRE (HIPAA)

NAME:
Names and contact numbers of persons, if any, we may contact in an emergency.
If you would like correspondence from our office sent to an address other than your home please specify.
Are there any special instructions how correspondence may be sent to you?
Please provide an e-mail address we could send correspondence to:
List the telephone numbers where we may call you. If you do not want to be called at a certain number do not list that
number. Please remember that cell phones, voice mail, and answering machines are not completely private.
Home phone:
May we leave a message on the answering machine? YESNO
If someone answers your home phone may we leave a message with that person? YES NO
Cell phone:
May we leave a message on voice mail? YESNO
Work phone:
May we leave a message on voice mail? YESNO
Which of the above phone numbers should we call to confirm your appointment time?
SIGNATURE:DATE:
PATIENT'S ACCOUNT NUMBER:

Note: This signed Privacy Questionnaire will remain in your file and will be considered current. If there are any changes you must notify our office and complete another form.

PATIENT AUTHORIZATION FOR DISCLOSURE OF PROTECTED HEALTH INFORMATION (PHI)

l,	DOB
and/or staff of Spokane Wellness Center	, authorize Bradley Hilliard-Lythgoe, ARNP, his associated er to release information to the following individuals regarding my nereby authorize these individuals to reschedule, verify and/or cancel my for services on my behalf.
NAME:	
NAME:	
NAME:	
NAME:	
Signature	Date
Witness	Date