



Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069

Lunch Served Daily
Monday Thru Friday
11:30a.m. TO 12:30p.m.



August 2020

SUN	MON	TUE	WED	THU	FRI	SAT
Senior Information 464-3069 ext. 207	3 Spaghetti w/Meat Sauce, Broccoli, Tossed Salad, Garlic Bread and Fresh Fruit	4 Scrambled Eggs w/Green Onion, Oven Browned Potatoes, Bran Muffin and Blueberry-Peach Parfait	5 Hot Beef Sandwich, Mashed Potatoes with Gravy, Green Beans & Watermelon with Grapes	6 Tuna Noodle Casserole, Romaine Salad, Oranges and Pudding	7 Chef Salad, Whole Wheat Roll and Strawberries	8
9 	10 BBQ Chicken, Broccoli & Cauliflower, Tossed Salad, Rice Pilaf and Watermelon	11 Pasta Primavera, Romaine Salad, Garlic Bread & Carmel Apples	12 Chunky Corn Chowder, Spinach Salad, Corn Bread & Oranges	13 Sloppy Joes on WW Bun, Sweet Potato JoJo's, Tangy Coleslaw and Bananas	14 Lemon Herb Fish, Oven Roasted Potatoes, Tarragon Carrots, Coleslaw, W/W Bread	15
16	17 Gourmet Swiss Steak, Mashed Potatoes w/Gravy, Broccoli & Cauliflower, Tossed Salad and WW Bread	18 Eggplant Parmigiana, Green Beans w/Dill, Tangy Broccoli Apple Salad, WW Roll and Fresh Fruit	19 Turkey Chili, Romaine Salad, Cornbread & Watermelon	20 Beef Taco Salad & Bananas	21 Chef Salad, Whole Wheat Roll & Strawberry Jell-O	
23 Menu is Subject To Change Without Notice	24 Salisbury Steak, Mashed Potatoes, Zucchini, Broccoli Delight and Whole Wheat Bread	27 Spinach Mushroom Quiche, Broccoli Carrots & Cauliflower, Sliced Tomatoes and Harvest Muffin	26 Orange Chicken, Broccoli, Brown rice, Garden Salad, & Fresh Fruit	27 Beef Stew, Apple Raisin Coleslaw & Cornbread	28 Birthday Lunch Hamburgers on WW Bun, Baked Beans, Corn w/Red Peppers and Birthday Cake	29
30	31 Beef Stroganoff, Harvard Beets, Garden Salad & Fresh Fruit					HICAP AT DNSC 464-7876