

Progressive Fitness, LLP

Standard

1 Client						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
1	1	1	\$77.95	4	\$311.80	\$320.84
1	1	2	\$75.95	9	\$683.55	\$703.37
1	1	3	\$73.95	13	\$961.35	\$989.23
1	1	4	\$71.95	17	\$1,223.15	\$1,258.62
1	3	1	\$67.95	13	\$883.35	\$302.99
1	3	2	\$65.95	26	\$1,714.70	\$588.14
1	3	3	\$63.95	39	\$2,494.05	\$855.46
1	3	4	\$61.95	52	\$3,221.40	\$1,104.94
1	6	1	\$57.95	26	\$1,506.70	\$258.40
1	6	2	\$55.95	52	\$2,909.40	\$498.96
1	6	3	\$53.95	77	\$4,154.15	\$712.44
1	6	4	\$51.95	103	\$5,350.85	\$917.67
1	12	1	\$47.95	52	\$2,493.40	\$213.81
1	12	2	\$45.95	103	\$4,732.85	\$405.84
1	12	3	\$43.95	155	\$6,812.25	\$584.15
1	12	4	\$41.95	206	\$8,641.70	\$741.03

2 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
2	1	1	\$87.95	4	\$351.80	\$362.00
2	1	2	\$85.95	9	\$773.55	\$795.98
2	1	3	\$83.95	13	\$1,091.35	\$1,123.00
2	1	4	\$81.95	17	\$1,393.15	\$1,433.55
2	3	1	\$77.95	13	\$1,013.35	\$347.58
2	3	2	\$75.95	26	\$1,974.70	\$677.32
2	3	3	\$73.95	39	\$2,884.05	\$989.23
2	3	4	\$71.95	52	\$3,741.40	\$1,283.30
2	6	1	\$67.95	26	\$1,766.70	\$302.99
2	6	2	\$65.95	52	\$3,429.40	\$588.14
2	6	3	\$63.95	77	\$4,924.15	\$844.49
2	6	4	\$61.95	103	\$6,380.85	\$1,094.32
2	12	1	\$57.95	52	\$3,013.40	\$258.40
2	12	2	\$55.95	103	\$5,762.85	\$494.16
2	12	3	\$53.95	155	\$8,362.25	\$717.06
2	12	4	\$51.95	206	\$10,701.70	\$917.67

3 Clients						
Clients	Months	Sessions/wk	Cost/Session	Total Sessions	Paid in Full (cash)	Paid monthly (+2.9%)
3	1	1	\$97.95	4	\$391.80	\$403.16
3	1	2	\$95.95	9	\$863.55	\$888.59
3	1	3	\$93.95	13	\$1,221.35	\$1,256.77
3	1	4	\$91.95	17	\$1,563.15	\$1,608.48
3	3	1	\$87.95	13	\$1,143.35	\$392.17
3	3	2	\$85.95	26	\$2,234.70	\$766.50
3	3	3	\$83.95	39	\$3,274.05	\$1,123.00
3	3	4	\$81.95	52	\$4,261.40	\$1,461.66
3	6	1	\$77.95	26	\$2,026.70	\$347.58
3	6	2	\$75.95	52	\$3,949.40	\$677.32
3	6	3	\$73.95	77	\$5,694.15	\$976.55
3	6	4	\$71.95	103	\$7,410.85	\$1,270.96
3	12	1	\$67.95	52	\$3,533.40	\$302.99
3	12	2	\$65.95	103	\$6,792.85	\$582.49
3	12	3	\$63.95	155	\$9,912.25	\$849.98
3	12	4	\$61.95	206	\$10,907.70	\$935.34

Dietitian

Package 1 \$125
 Initial Consultation (60 minutes)
 Meal Plan
 One Follow-up visit (30 minutes)

Package 2 \$275
 Initial Consultation (60 minutes)
 Meal Plan
 Three Follow-up visits (30 minutes)
 Body Gem Testing

Package 3 \$425
 Initial Consultation (60 minutes)
 Meal Plan
 Seven Follow-up visits (30 minutes)
 Body Gem Testing

Extras

\$175 4 Follow-up visits (30 minutes)
 \$325 8 Follow-up visits (30 minutes)
 \$480 12 Follow-up visits (30 minutes)
 \$60 One Follow-up visit (30 minutes)
 \$55 Body Gem Testing
 Free Body Fat Testing
 Free 30 Minute Assessment