



RELAPSE PREVENTION

Our Relapse Prevention program is a faith-based, 13 week course that teaches participants how to overcome their struggles and addictions. It instructs persons on how to spot the warning signs of a relapse and develops support systems to maintain sobriety. In July we had three students who successfully completed the program and are on their way to a life free from addiction.

Richard

When Richard came into the Program he would use drugs and alcohol as a way of escaping from the painful memories of his past. He was so distraught about his past that he was a very angry individual. He was unable to control his thoughts or emotions. During the Program he re-committed his life to Jesus Christ. He has worked at looking at his past with a positive approach. He is now able to manage his emotions, including anger, in a more positive way. He has committed himself in continuing his recovery when he graduates, and he wants to become a counselor to help others like himself.

David

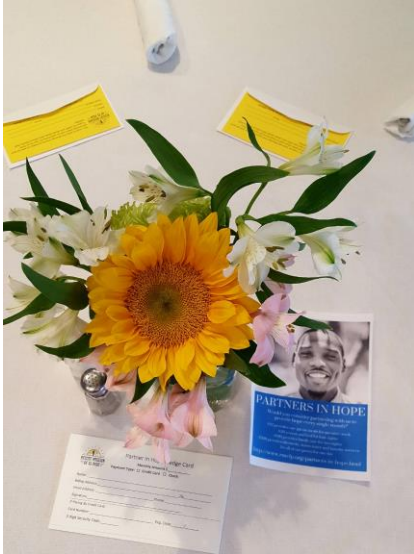
David came into the Program with a lot of shame and guilt over what he did in his drug use. His shame kept him from reaching out for help. His self-esteem was at an all-time low. The Relapse Prevention Program has been helping him to reconnect with family and friends. He has allowed Jesus Christ to come into his life and in the process restored his dignity and self-worth. He plans on attending his home church with his family. He understands that his recovery is a team effort and he will need the support of others.



Richard, David, Raul

Raul

When Raul came in to the Program he was not fully accepting how serious his drug use was. His addiction caused him to isolate from the people who love him the most. His spiritual life was lacking. During the Relapse Prevention Program, he has worked hard at getting out of denial and is reconciling with family and friends. He has accepted Jesus Christ as his Lord and Savior and enjoys going to church. He had three years of college and now is ready to finish his degree.



LUNCH WITH A MISSION

We had our first “Lunch with a Mission” on July 12th and it was met with great excitement. Over 65 people attended to learn about our vision and how they can partner with the Rescue Mission. The guests were treated to a delicious meal catered by Hallelujah! BBQ and provided tours of our new facility.

PARTNERS IN HOPE

A large number of our donors support our programs on a monthly basis. This regular support allows the Mission to budget for monthly expenses of caring for its guests.

Through our monthly giving program called Partners in Hope you can conveniently support the Mission each month and save a stamp by having your contributions automatically debited from your credit card.

- \$25 provides one guest their meals for an entire week
- \$50 provides a room and bed for four nights
- \$100 provides care for an entire family for two nights



For more information on how you can partner with the Rescue Mission in providing HOPE to our neighbors, Visit www.rmelp.org/partners-in-hope.html

Contact Us

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