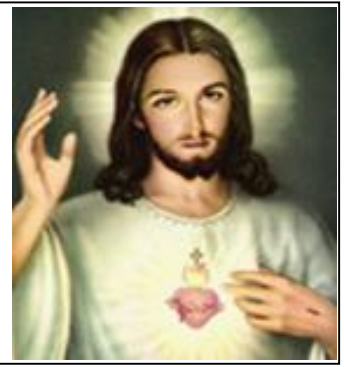




# Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: [preston@cam.org.au](mailto:preston@cam.org.au)

Website: [www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD

Ph: 0428 715 282

## Italian Community Chaplain:

Fr Albano Da Costa, SVD

Ph: 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

### Safeguarding Officers:

Robert Dullard: 0433 401 958

Kay Dufty: 0431 376 212

### Safeguarding Committee: Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

## Parish Council Members:

Gerard Grant (chairperson), Kay Dufty

(secretary), Ophelia Swai, Anisasio (Pauline)

Veamatahau, Mark Tierney, Ben Fortuna and

Natalie Baran

## Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

## St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of the month  
at 1:30pm

Please note new day.

### Next Healing Mass:

**Friday 3 February**

### Devotional Practices:

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour



**Holy Rosary:** Thursday (English) after the  
9:10am Mass

### Reconciliation:

30 minutes before Mass or by appointment

**Baptisms & Weddings:** By appointment only

Bulletin printed 20/1/2023

## 3rd Sunday in Ordinary Time (Year A)

**Sunday 22 January 2023**

### “Follow Me!”

Today we set out on our journey through the Gospel of Matthew. We join Jesus at the beginning of His life’s work. We watch Him set off on his mission of preaching, healing and reconciliation and hear His call to follow him. Even as we head off, Matthew’s gospel makes us mindful of the Christmas festival we have just celebrated of Jesus’ humble human beginning. He introduces Jesus’ ministry with part of the prophetic text from Isaiah that we heard at Midnight Mass. “The people who walked in darkness have seen a great Light.” Matthew wanted his Jewish-Christian readers to be in no doubt that Jesus was the promised Messiah foretold by the prophets and for whom they had been waiting: The Messiah would also bring the light of God’s kingdom to the Gentiles and all living in the darkness of despair suffering and longing. The reference to the precious light of day awakening the world to both goodness and confrontations in life reminds us of what it is to regard Jesus as ‘the light of our world’. Not only is He the Light of God’s Love for the world but from the beginning of His ministry He was to call others to be bearers of His light to all people of the earth. Hearing of John the Baptist’s imprisonment, Jesus moves from Nazareth to Galilee to begin His public ministry as the light of God proclaiming like John: ‘Repent, for the kingdom of heaven is close at hand now!’ The time had arrived for God, who was really never far from His people, to reveal not just in action but in the person and ministry of Jesus God’s true, fatherly relationship with all humankind. Jesus the Messiah comes not as an earthly ruler, conqueror or warrior but as a servant leader of people - welcoming, forgiving, generous, selfless and loving. Jesus, the human face of God would lay down his life for others -as Paul refers to in the second reading.

To keep us from being too easily enthused or misled, the letter of Paul to the Corinthians draws us back from prophetic idealism to identify in order to address the reality of tensions and conflicts in our church, communities, families and attitudes that exist in our ‘present’. If we, as true disciples of Jesus our Way, our Truth and our Life, are to bring forth the ‘Kingdom of heaven’ in our living now.

But Jesus does not force Himself into our lives. We must open ourselves to the light that He offers us - to see there are people not far away living locked in the darkness – of ignorance, prejudice, illness, loneliness, poverty, bitterness; of moral confusion, self- absorption, sadness, guilt, grief. By virtue of our Baptism, Jesus is sending us to bear His light of friendship, honesty, forgiveness, healing, compassion, understanding, care....to them with the challenge: ‘Recognise me not only for the good news that I bring but the good news that I am’ – and do the same.

As Jesus said to the fishermen he says to us,  
“Follow me and I’ll make you fishers of people” (Mt 4)



**Sacred Heart Parish Prayer**

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

	<b>Saturday 6:00PM Mass - Readers</b>	<b>Saturday 6:00PM Mass - Ministers of Communion</b>
14-Jan-23	Mary Harb	Terry Murphy
21-Jan-23	Marlene Vergou Terry Murphy	Mary Harb
28-Jan-23	Mary Harb Teresa Dang	Charlotte Bainy
	<b>Sunday 10:30AM Mass - Readers</b>	<b>Sunday 10:30AM Mass Ministers of Communion</b>
15-Jan-23	Alisha Verga Eileen Stevens	Tony Eley
22-Jan-23	Hannah Lopez Ivana Lo Bello	Giovanna D' Intino
29-Jan-23	Jessy Thambiraj Marilene Fortuna	Eileen Stevens
	<b>Sunday 6:00PM Mass - Readers</b>	<b>Sunday 6:00PM Mass Ministers of Communion</b>
15-Jan-23	Albert D'Souza Tim Rankin	Robert Dullard
22-Jan-23	Carolina Constable Peter Constable	Robert Dullard
29-Jan-23	Ma Kathleen Adlaon Rachel Vorlander	Robert Dullard

**Cleaning Roster:**

*To all our Volunteers  
Thank you for your hard work*



**WE PRAY FOR:**

**The elderly and the sick**

*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

**Those who have died recently:**

*Fr Tao Xuan Pham (RIP 15/1)*



**We Commemorate:**

*Lawrence Peter Ouna (2nd Anniv.)*

*Anh Tran*

*O Lord may perpetual light shine upon them  
May they rest in peace. Amen.*



**Last Week's Collection: 15/1/23**

1st Collection for our Church: \$988

(electronic contributions for December 2022: \$4,325

2nd Collection for support of clergy: \$753

(electronic contributions for December 2022: \$620

Thank you for your kind generosity!



✠ **Solemnities / Feasts / Memorials of the Week** ✠

*Tuesday 24 January St Francis de Sales, Bishop, Doctor*

*Wednesday 25 January Conversion of St Paul, Apostle*

*Thursday 26 January Australia Day*

*Friday 27 January Sts Timothy & Titus, Bishops*

*Saturday 28 January St Thomas Aquinas, Priest, Doctor*



**ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS**

Sacred Heart Community Preston acknowledges the Wurundjeri Peo ple of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.

We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it.

We pay our respects to Elders past, present and emerging.



**REMEMBERING POPE BENEDICT**

**'Month's Mind' Mass - St Patrick's Cathedral**

A memorial Mass for Pope Emeritus Benedict XVI will be celebrated by Archbishop Comensoli at St Patrick's Cathedral on Sunday 29 January, 6.30pm

- All welcome



✠ **Welcome before Baptism** ✠

*Dear Parents, as you prepare for your child's Baptism, the people of Sacred Heart rejoice that you have chosen to baptize your child and we pray that in the coming years you and your family will continue to know and grow in the love of God, that is everlasting.*

The Parish introduces to the Sacred Heart community

*Autumn Rhys Estima,*

in preparation for her Baptism on 22 January.



✠ **Baptism Congratulations** ✠

The community of Sacred Heart Parish congratulates

*Autumn Rhys Estima*

for her Baptism on 22 January.



**THOUGHTS FROM POPE FRANCIS**



*Let us pray to God so that he might grant us a pastoral heart that suffers and takes risks in bearing witness. It is not only a burden, but also a duty, to bring the Word of God to those who have been entrusted to us and to those whom we meet in our daily lives.*



"Christ has no body now, but yours.  
No hands, no feet on earth, but yours.

Yours are the eyes through which Christ looks with compassion into the world.

Yours are the feet with which Christ walks to do good.  
Yours are the hands with which Christ blesses the world."

- St Teresa of Avila







**Made for More: Visions of the Promised Land** creatively blends live music, media and sacred art for an evening of beauty and reflection on the meaning of life, love and human destiny. Join Christopher West and team as they offer a vision of the Gospel through the lens of St John Paul II's *Theology of the Body*.

Choose from:

**Tuesday 24 January 2023, St Francis of Assisi Parish Hall, 290 Childs Rd, Mill Park**

**Wednesday 25 January 2023, St Mary's Community Centre, 26 New Street, Dandenong**

Schedule:

**6pm - food for purchase, 7pm start, 9.30pm finish**

Open to all.

*All children under 18 years must be supervised by an adult.*

Tickets: \$25 general, \$10 concession/student, free for children 10 and under.

Register: [www.trybooking.com/CETXQ](http://www.trybooking.com/CETXQ)



### Annual Lourdes Day Mass

You are invited to attend the annual Lourdes Mass at St Patrick's Cathedral, on **Saturday, 18th February 2023 at 10.30am.**

This is a special occasion to pray for our sick, infirm and elderly and those who care for them. The principal celebrant will be Archbishop Peter Comensoli.

Everybody attending will receive a gift pack containing water from the grotto at Lourdes, rosary beads and prayer resources.



### Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.



### Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



**Please take the bulletin home**

## Volunteer Cleaners Needed

**Volunteer cleaners are needed to clean our church. Currently there are only two people who regularly clean our church.**

If you can assist, please put your name, phone number and days that you would be available on the sign-up sheet in the church foyer.

Thank you



### Cyber Security

There are a number of simple ways to keep reduce cyber threats:

- Screen emails for suspicious links or attachments, unfamiliar greetings, spelling errors or improper grammar. Be especially cautious of emails that ask for personal info or a payment
- Phone suppliers to confirm bank account details prior to payment
- Back up your data
- Run system updates when prompted
- Change passwords every 90 days (or more often if you desire)
- Include cyber threat training in your regular staff training sessions or meetings



### Joke Corner

What is a New Year's resolution? Something that goes in one year and out the other.

I was going to give up all of my bad habits for the new year, but then I remembered that no one likes a quitter.

At the beginning of the year, I made a resolution to lose 5 Kilos. Only 8 more to go!

Q: What happened to the man who shoplifted a calendar? A: He got 12 months!

An optimist stays up until midnight to see the New Year in, A pessimist stays up to make sure the old year leaves

I just read that 4,153,237 people got married last year. Not to cause any trouble, but shouldn't that be an even number?

I told my wife she was drawing her eyebrows too high. She looked surprised to hear it.

In 2023 remember: In any argument, a wife has the last word. Anything the husband says after that last word is the beginning of a new argument.

## ENTRANCE ANTIPHON

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and  
splendour,  
strength and honour in his holy place.

## PENITENTIAL ACT

I confess to almighty God and to you, my  
brothers and sisters, that I have greatly  
sinned, in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

*And, striking their breast, they say:*

through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on  
earth peace to people of good will. / We  
praise you, / we bless you, / we adore  
you, / we glorify you, / we give you  
thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty Father.  
/ Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the  
Father, / you take away the sins of the  
world, / have mercy on us; / you take  
away the sins of the world, / receive our  
prayer; / you are seated at the right hand  
of the Father, / have mercy on us. / For  
you alone are the Holy One, / you alone  
are the Lord, / you alone are the Most  
High, / Jesus Christ, / with the Holy  
Spirit, / in the glory of God the Father. /  
Amen.

## FIRST READING

*Isaiah 8:23-9:3*

In days past the Lord humbled the land  
of Zebulun and the land of Naphtali,  
but in days to come he will confer glory  
on the Way of the Sea on the far side of  
Jordan, province of the nations.

The people that walked in darkness  
has seen a great light;  
on those who live in a land of deep  
shadow a light has shone.

You have made their gladness greater,  
you have made their joy increase;  
they rejoice in your presence  
as men rejoice at harvest time,  
as men are happy when they are  
dividing the spoils.

For the yoke that was weighing on him,  
the bar across his shoulders,  
the rod of his oppressor –  
these you break as on the day of  
Midian.

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 26(27):1,4,13-14**

**The Response Is:**

***The Lord is my light and my salvation.***

The Lord is my light and my help;  
whom shall I fear?

The Lord is the stronghold of my life;  
before whom shall I shrink?

***The Lord is my light and my salvation.***

There is one thing I ask of the Lord,  
for this I long, to live in the house of the  
Lord, all the days of my life,  
to savour the sweetness of the Lord,  
to behold his temple.

***The Lord is my light and my salvation.***

I am sure I shall see the Lord's  
goodness in the land of the living.

Hope in him, hold firm and take heart.

Hope in the Lord!

***The Lord is my light and my salvation.***

## SECOND READING

*1 Corinthians 1:10-13,17*

I appeal to you, brothers, for the sake of  
our Lord Jesus Christ, to make up the  
differences between you, and instead of  
disagreeing among yourselves, to be  
united again in your belief and practice.  
From what Chloe's people have been  
telling me, my dear brothers, it is clear  
that there are serious differences  
among you. What I mean are all these  
slogans that you have, like: 'I am for  
Paul', 'I am for Apollos', 'I am for  
Cephas', 'I am for Christ.' Has Christ  
been parcelled out? Was it Paul that  
was crucified for you? Were you  
baptised in the name of Paul?

For Christ did not send me to baptise,  
but to preach the Good News, and not  
to preach that in the terms of  
philosophy in which the crucifixion of  
Christ cannot be expressed.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel  
Acclamation.*

## GOSPEL ACCLAMATION

***Alleluia, alleluia!***

Jesus preached the Good News of the  
kingdom and healed all who were sick.

***Alleluia!***

## GOSPEL

*Matthew 4:12-23*

Hearing that John had been arrested,  
Jesus went back to Galilee, and leaving  
Nazareth he went and settled in  
Capernaum, a lakeside town on the  
borders of Zebulun and Naphtali. In  
this way the prophecy of Isaiah was to  
be fulfilled:

'Land of Zebulun! Land of Naphtali!

Way of the sea on the far side of Jordan,

Galilee of the nations!

The people that lived in darkness has  
seen a great light; on those who dwell  
in the land and shadow of death a light  
has dawned.'

From that moment Jesus began his  
preaching with the message, 'Repent,  
for the kingdom of heaven is close at  
hand.'

As he was walking by the Sea of  
Galilee he saw two brothers, Simon,  
who was called Peter, and his brother  
Andrew; they were making a cast in the  
lake with their net, for they were  
fishermen. And he said to them,  
'Follow me and I will make you fishers  
of men.' And they left their nets at once  
and followed him. Going on from there  
he saw another pair of brothers, James  
son of Zebedee and his brother John;  
they were in their boat with their father  
Zebedee, mending their nets, and he  
called them. At once, leaving the boat  
and their father, they followed him.

He went round the whole of Galilee  
teaching in their synagogues,  
proclaiming the Good News of the  
kingdom and curing all kinds of  
diseases and sickness among the  
people.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## PROFESSION OF FAITH

**APOSTLES' CREED**

I believe in God, / the Father almighty, /  
Creator of heaven and earth, / and in  
Jesus Christ, his only Son, our lord, / who  
was conceived by the Holy Spirit, / born  
of the Virgin Mary, / suffered under  
Pontius Pilate, / was crucified, died and  
was buried; / he descended into hell; / on  
the third day he rose again from the dead;  
/ he ascended into heaven, / and is seated  
at the right hand of God the Father  
almighty; / from there he will come to  
judge the living and the dead. / I believe  
in the Holy Spirit, / the holy catholic  
Church, / the communion of saints, / the  
forgiveness of sins, / the resurrection of  
the body, / and life everlasting. Amen.

## COMMUNION ANTIPHON

Look toward the Lord and be radiant;  
let your faces not be abashed.

