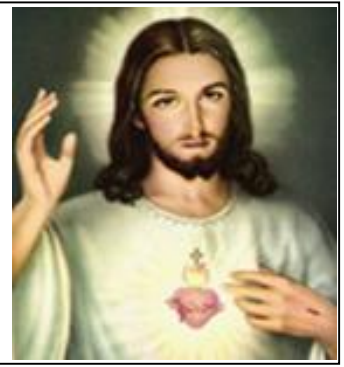




# Sacred Heart Parish Preston



322 Bell St, Preston 3072

Phone (03) 9480 3398 or (03) 9484 2124

Email: [preston@cam.org.au](mailto:preston@cam.org.au)

Website: [www.sacredheartpreston.com.au](http://www.sacredheartpreston.com.au)

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD

Ph: 0428 715 282

## Italian Community Chaplain:

Fr Albano Da Costa, SVD

Ph: 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

### Safeguarding Officers:

Robert Dullard: 0433 401 958

Kay Dufty: 0431 376 212

### Safeguarding Committee: Members:

Mary Harb: 0422 891 324

Teresa Dang : 0434 583 911

Pauline O'Day: 0497 935 593

## Parish Council Members:

Gerard Grant (chairperson), Kay Dufty (secretary), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna and Natalie Baran

## Parish Finance Committee:

Peter Constable (Chair)

Ph: 0425 779 831

## St. Vincent de Paul Society:

Stephen Costello (President)

Ph: 0432 405 417

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of the month  
at 1:30pm

Please note new day.

### Next Healing Mass:

**Friday 3 March**

### Devotional Practices:

**Adoration of the Blessed Sacrament:**

Every Thursday at 7:30pm for 1 hour



**Holy Rosary:** Thursday (English) after the 9:10am Mass

### Reconciliation:

30 minutes before Mass or by appointment

**Baptisms & Weddings:** By appointment only

Bulletin printed 17/2/2023

## 7th Sunday in Ordinary Time (Year A)

**Sunday 19 February 2023**

### The Challenge:

**“Didn’t you realize that you were God’s temple and that the Spirit of God was living among you? (1Cor)**

The readings today may well stop us in our tracks because they present the highest calling of the Christian and in terms that may well seem impossible.

All three tell us that the world does not have to be a place of hatred with its accompanying anger, resentment, violence or retributive justice. History does not have to be shaped by a series of wars. The workplace does not have to be a place of pettiness, ambition, or standing over others for one’s own gain. The school does not have to be a place where ‘might’ is ‘right’ and bullies dominate in the playground. Nor does the neighbourhood have to be a place where rumours, exclusion or racism destroy lives. Sadly, repayment in kind -as we have learnt throughout life -doesn’t stop offenders but in some cases reinforces/mirrors their actions. War against another nation does not end by retaliation in kind under the guise of self-defence. The dilemma is it continues and the tragedy of destruction and the loss of human lives and safe environments amplifies.

‘Turning the other cheek’ as Jesus advocates in the gospel today is, on the other hand -not an act of submission but a courageous and peaceful act of resistance to the use of violence in retaliation. Rabbi Hillel stated, “What is hurtful to you, don’t do to another”. And such also is the example set by Jesus during His mission from beginning to its finality. The first reading from the book of Leviticus repeats the commandment from which the Judeo/Christian faith derived. “Be holy for I, the Lord your God Am Holy.” ....and how? “You must love your neighbour as yourself.” Through the ages, definite limits were put on who qualified as neighbour. But through His teaching and illustrated in the parable of the Good Samaritan Jesus taught that being a neighbour was not just about living in a similar location or community; being a neighbour was to actively share the love, compassion and hospitality of God with others, excluding none.

In our world, the teachings Jesus proclaims are challenging as are the teachings other prophets, wise ones and advocates of peace – like Mahatma Gandhi and Martin Luther King. The Sermon on the Mount of which today’s gospel is about urges us to go beyond the ways of the world and look at God’s ways and the kingdom God wills for us to share and help to spread. Jesus’ whole mission derives from His understanding of our Father’s universal and infinite love for all of creation. He is not asking the impossible; He is setting us the example of His own life and empowering us to walk that same path. He is challenging us to open ourselves up to experience that” Love casts out fear and can in turn make us truly loving neighbours. St Paul reminds us: ‘The Spirit of God is living among you.’

Today’s Eucharist invites us to pray for each other, share and live by this gift ...that we might “be the change we, want to see in the world”.

Do you not know  
that you are a  
**TEMPLE OF GOD**  
and that the  
**SPRIT OF GOD**  
dwells in you?

1 Corinthians 3:16

zaboo316.com

## Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	<b>Saturday 6:00PM Mass - Readers</b>	<b>Saturday 6:00PM Mass - Ministers of Communion</b>
18-Feb-23	Mary Harb Teresa Dang	Charlotte Bains
25-Feb-23	Celia Lemos Marlene Vergou	Terry Murphy
	<b>Sunday 10:30AM Mass - Readers</b>	<b>Sunday 10:30AM Mass Ministers of Communion</b>
19-Feb-23	Alisha Verga Hannah Lopez	Giovanna D' Intino
26-Feb-23	Ivana Lo Bello Jessy Thambiraj	Eileen Stevens
	<b>Sunday 6:00PM Mass - Readers</b>	<b>Sunday 6:00PM Mass Ministers of Communion</b>
19-Feb-23	Carolina Constable Peter Constable	Damian Casamento
26-Feb-23	Michelle Totawatte Rachel Vorlander	Damian Casamento

### Cleaning Roster:

**To all our Volunteers**

Thank you for your hard work



### **WE PRAY FOR:**

#### The elderly and the sick

Sandra Bishop

Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

#### Those who have died recently:

Sheila Kenny (RIP 12/2 in Benalla.)

Michelangelo Invaso (RIP 13/2 Funeral Fri 24/2 at 10:30am)

Veneranda Sofra (nee Ciancio) (RIP 8/2)

Salvatore De Petro

#### We Commemorate:

Maria Stella (2nd Anniv.)

Rocco Pennella

Vincenzo Capobianco, Mario, Raffaele, Graziano, Caruso and Elisa.

O Lord may perpetual light shine upon them.

May they rest in peace. Amen.



#### Last Week's Collection: 12/2/23

1st Collection for our Church: \$979

2nd Collection for support of clergy: \$889

Thank you for your kind generosity!



#### Pastoral Care Appeal 2023 –

#### Chaplaincy Sunday: 12 February 2023

**Thank you!** to those who have supported this Appeal. If you still wish to donate or if you would like to have more information about the Chaplaincy Services, please visit [www.catholiccarevic.org.au](http://www.catholiccarevic.org.au) or call (03) 9287 5513.



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.

We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### † Solemnities / Feasts / Memorials of the Week †

Tuesday 21st February St Peter Damian, Bishop, Doctor

Wednesday 22nd February Ash Wednesday

Thursday 23rd February St Polycarp, Bishop, Martyr



### THOUGHTS FROM POPE FRANCIS



Let us not forget those suffering from the earthquake in Turkey and Syria. Let us continue to pray for the victims and their loved ones and make a concrete commitment to help the survivors. May the Lord give consolation to the people affected by this terrible tragedy.



### Prayer for the people of Türkiye and Syria

Gracious God,

we pray for the victims of this disaster in Türkiye and Syria.

Lord, bring comfort to those whose lives were spared and care for those who perished.

Be with the rescue workers and keep them safe as they make heroic efforts in dangerous situations to rescue those in trouble.

Help family members to be reunited.

God of healing and mercy, we come before you with our hearts filled with grief as we see the devastation. We pray that your presence would be felt by those who are grieving, who are injured, who have lost their homes and livelihoods.

We pray through your loving son, Jesus.

Amen.



### SYRIAN EARTHQUAKE APPEAL

The recent Syrian earthquake has hit people who were already displaced in a region that has been devastated by more than a decade of civil war. Yet again, we are seeing people fleeing and desperate for shelter in freezing winter conditions. We want to help provide that light in the deepest darkness, to get through this devastating disaster.

**PLEASE DONATE NOW**

**MCF DGR ACCOUNT**

**BSB: 062784 Account: 100011493**

**Ref: Syrian Appeal**

All donations are Tax Deductible. For a receipt please email [mcf@melkite.org.au](mailto:mcf@melkite.org.au) or contact on (02) 9750 5514



### Dates to Remember

Wednesday 22 February - Ash Wednesday

Masses: 9:10am & 7:30pm

All Thursdays during Lent –

Lenten reflection – “Seven last words” and Adoration – 7:30pm – in the Church

All Fridays during Lent –

Stations of the Cross – 6:30pm – in the church



## Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer.

Many thanks for your continued generosity and support to Sacred Heart parish.



## Project Compassion Sunday 18 & 19 February

Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **For All Future Generations**.

As St Pope John Paul II said,

**“The future starts today, not tomorrow.”**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion), or by calling 1800 024 413.



## World Youth Day information session

As many people continue to express interest in joining our World Youth Day pilgrimage to Lisbon, we are delighted to host an extra information session. Perfect for parish leaders, priests, parents and, of course, young people. The evening will cover:

- what to expect at World Youth Day
- travel itineraries with indicative pricing
- fundraising tools
- leadership opportunities
- other ways to serve, and how parishes can support.



**Thursday 23 February 2023, 7.30pm–9pm**

Cardinal Knox Centre, 383 Albert Street, East Melbourne

Enquiries on 9926 5761 or at [wyd@cam.org.au](mailto:wyd@cam.org.au)



## Southern Stars Social Club!

Over 28's part Night for Single Catholics aged 28 – 60

Saturday 25 February at 8pm

St Scholastica School Hall

Cnr Burwood Hwy & Stirling St, Burwood

Cost: \$13 includes lucky door prize and supper

Enquiries: Peter 9885 2167



## Sacred Heart Primary School 2024 Enrolments

Enrolments for the 2024 school year Foundation classes, open on Monday 6th March. For a school tour, please contact the school principal on 9487 1001 or via the school website

<http://www.shpreston.catholic.edu.au>

Our school was ranked in the top 7% of primary schools across Victoria for NAPLAN in 2022.

At Sacred Heart School, our students are at the heart of every decision we make. Every day is Open Day and prospective students and their families are warmly invited to tour our school.



## Lenten Regulations

### Ash Wednesday and Good Friday are days of Fasting and abstinence from meat.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

- Prayer:** e.g., Mass attendance; family prayer; a visit to a church or chapel; reading the Bible; making the Stations of the Cross; praying the Rosary; or in other ways.
- Self Denial:** e.g., not eating meat; not eating sweets or dessert; giving up entertainment to spend time with the family; limiting food and drink so as to give to the poor of one's own country or elsewhere; or in other ways. Project compassion is a major means of expressing our self-denial in Australia.

- Helping Others:** e.g., special attention to someone who is poor, sick, elderly, lonely or over-burdened; or in other ways.

\* All who have completed their 18<sup>th</sup> year and have not yet begun their 60<sup>th</sup> year are bound to fast. All who have completed their 14<sup>th</sup> year are bound to abstain. (Canon 1252)

\* The Season of Lent is a time of penance. During Lent the faithful are exhorted to devote themselves in a special manner to prayer, to engage in works of piety and charity, and to deny themselves.

\* Each of the faithful is obliged to receive Holy Communion at least once a year. This precept must be fulfilled between Ash Wednesday, 2 March 2022 and Trinity Sunday 12 June 2022 unless for a good reason it is fulfilled at another time during the year.

\* The wonderful gift of the Lord's merciful love is offered in a special way in the Sacrament of Reconciliation. Lent is a most appropriate time to receive this Sacrament. All faithful who have reached the age of discretion are bound faithfully to confess their grave sins at least once a year.



## Preparing for an Ecospiritual Lenten Journey

In a few days we will begin our Lenten journey and this ecospiritual [calendar](#) prepared by the Church of St Francis Xavier in New York City is a wonderful guide to 40 days of reflection, action and reconciliation.

Copies of the calendar are also available in the Church foyer.

### Joke Corner

The priest was preaching about forgiveness and the sacrament of reconciliation at Sunday Mass. He stressed the point that the sacrament also meant that to be forgiven meant you had to forgive others. After Mass, an elderly woman approached the priest and said, "You know, I can't forgive my enemies." "And why not?" said the priest, horrified. "I don't have any," she replied. "Now that's quite unusual," said the priest. "Just how did you manage that?" "Easy," said the old woman. "I've outlived them all."

## ENTRANCE ANTIPHON

O Lord, I trust in your merciful love.  
My heart will rejoice in your salvation.  
I will sing to the Lord who has been  
bountiful with me.

## PENITENTIAL ACT

I confess to almighty God and to you, my  
brothers and sisters, that I have greatly  
sinned, in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

And, striking their breast, they say:  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on  
earth peace to people of good will. / We  
praise you, / we bless you, / we adore  
you, / we glorify you, / we give you  
thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty Father.  
/ Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the  
Father, / you take away the sins of the  
world, / have mercy on us; / you take  
away the sins of the world, / receive our  
prayer; / you are seated at the right hand  
of the Father, / have mercy on us. / For  
you alone are the Holy One, / you alone  
are the Lord, / you alone are the Most  
High, / Jesus Christ, / with the Holy  
Spirit, / in the glory of God the Father. /  
Amen.

## FIRST READING

*Leviticus 19:1-2,17-18*

The Lord spoke to Moses; he said:  
‘Speak to the whole community of the  
sons of Israel and say to them:  
“Be holy, for I, the Lord your God, am  
holy.

“You must not bear hatred for your  
brother in your heart. You must openly  
tell him, your neighbour, of his offence;  
this way you will not take a sin upon  
yourself. You must not exact vengeance,  
nor must you bear a grudge against the  
children of your people. You must love  
your neighbour as yourself. I am the  
Lord.”’

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 102(103):1-4,8,10,12-13**

**The Response Is:**

*The Lord is kind and merciful.*

My soul, give thanks to the Lord  
all my being, bless his holy name.  
My soul, give thanks to the Lord  
and never forget all his blessings.

*The Lord is kind and merciful.*

It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and  
compassion.

*The Lord is kind and merciful.*

The Lord is compassion and love,  
slow to anger and rich in mercy.

He does not treat us according to our  
sins nor repay us according to our  
faults.

*The Lord is kind and merciful.*

As far as the east is from the west  
so far does he remove our sins.

As a father has compassion on his sons,  
the Lord has pity on those who fear  
him.

*The Lord is kind and merciful.*

## SECOND READING

*1 Corinthians 3:16-23*

Didn't you realise that you were God's  
temple and that the Spirit of God was  
living among you? If anybody should  
destroy the temple of God, God will  
destroy him, because the temple of God  
is sacred; and you are that temple.

Make no mistake about it: if any one of  
you thinks of himself as wise, in the  
ordinary sense of the word, then he  
must learn to be a fool before he really  
can be wise. Why? Because the  
wisdom of this world is foolishness to  
God. As scripture says: The Lord  
knows wise men's thoughts: he knows  
how useless they are; or again: God is  
not convinced by the arguments of the  
wise. So there is nothing to boast about  
in anything human: Paul, Apollos,  
Cephas, the world, life and death, the  
present and the future, are all your  
servants; but you belong to Christ and  
Christ belongs to God.

The Word of the Lord

**All: Thanks be to God.** *Please stand  
for the Gospel Acclamation.*

## GOSPEL ACCLAMATION

*Alleluia, alleluia!*

Whoever keeps the word of Christ,  
grows perfect in the love of God.

*Alleluia!*

## GOSPEL

*Matthew 5:38-48*

Jesus said to his disciples: ‘You have  
learnt how it was said: Eye for eye and  
tooth for tooth. But I say this to you:  
offer the wicked man no resistance. On  
the contrary, if anyone hits you on the  
right cheek, offer him the other as well;  
if a man takes you to law and would  
have your tunic, let him have your  
cloak as well. And if anyone orders you  
to go one mile, go two miles with him.

Give to anyone who asks, and if anyone  
wants to borrow, do not turn away.

‘You have learnt how it was said: You  
must love your neighbour and hate  
your enemy. But I say this to you: love  
your enemies and pray for those who  
persecute you; in this way you will be  
sons of your Father in heaven, for he  
causes his sun to rise on bad men as  
well as good, and his rain to fall on  
honest and dishonest men alike. For if  
you love those who love you, what  
right have you to claim any credit?  
Even the tax collectors do as much, do  
they not? And if you save your  
greetings for your brothers, are you  
doing anything exceptional? Even the  
pagans do as much, do they not? You  
must therefore be perfect just as your  
heavenly Father is perfect.’

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

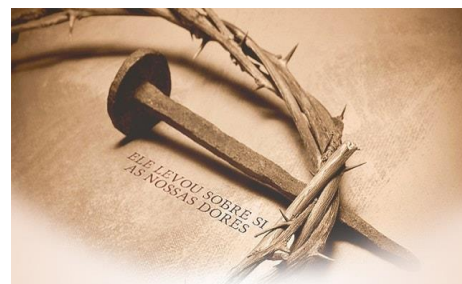
## PROFESSION OF FAITH

*APOSTLES' CREED*

I believe in God, / the Father almighty,  
/ Creator of heaven and earth, / and in  
Jesus Christ, his only Son, our lord, /  
who was conceived by the Holy Spirit,  
/ born of the Virgin Mary, / suffered  
under Pontius Pilate, / was crucified,  
died and was buried; / he descended  
into hell; / on the third day he rose  
again from the dead; / he ascended into  
heaven, / and is seated at the right hand  
of God the Father almighty; / from  
there he will come to judge the living  
and the dead. / I believe in the Holy  
Spirit, / the holy catholic Church, / the  
communion of saints, / the forgiveness  
of sins, / the resurrection of the body, /  
and life everlasting. Amen.

## COMMUNION ANTIPHON

I will recount all your wonders,  
I will rejoice in you and be glad, and  
sing psalms to your name, O Most  
High.



**But I say to you, Love your enemies,  
bless them that curse you,  
do good to them that hate you,  
and pray for them which spitefully use you,  
and persecute you;**

*Matthew 5:44*