

7 Warning Signs *for* Underage Drinking

MOOD CHANGES

temper flare-ups, irritability, and defensiveness



SCHOOL PROBLEMS

poor attendance, low grades, and/or recent disciplinary action

REBELLION

rebellious and not following family rules



CHANGE OF FRIENDS

switching friends and a reluctance to let you get to know the new ones

“NOTHING MATTERS” ATTITUDE

sloppy appearance, a lack of involvement in former interests, and general low energy



ALCOHOL PRESENCE

finding it in your child's room or backpack or smelling alcohol on his or her breath

PHYSICAL OR MENTAL PROBLEMS

memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech



Awake

For more information, visit

talk
they hear you

Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)